Edition:
01/2023

Product data sheets 2023

T&D Pharma GmbH

Cardio

Amlo-B® 5 mg	*tablets*
Amlo-B® 10 mg	*tablets*
HCT AIWA® 25 mg	*tablets*
Meto AIWA® 50 mg	*tablets*

Analgetic / Pain

Ibu AIWA® 400 mg	*film-coated tablets*

Allergy/Asthma

Mome AIWA® 50 mcg/actuation	*Nasal Spray, Suspension*

Antibiotic

Ciprofloxacin AIWA® 500 mg	*film-coated tablets*
Levofloxacin AIWA® 500 mg	*film-coated tablets*
TMS forte® 800 mg/160 mg	*tablets*

Respiration

NAC AIWA® 600 mg	*effervescent tablets*
Xylo AIWA® 0,05% solution	*dosable spray*
Xylo AIWA® 0,1% solution	*dosable spray*

Laxative/Gastro

Macrogol plus elektrolyte AIWA® 13,7 g	*powder*
Bisacodyl AIWA® 5 mg	*sugar-coated tablets*
Lactulose AIWA® 670 mg/ml 200 / 500 / 1000 ml	*solution*
Lactulose AIWA® 10 g/15 ml plum flavour	*solution*
Panto AIWA® 20 mg	*gastro-resistent tablets*
Panto AIWA® 40 mg	*gastro-resistent tablets*

Urology

AIWA® Urogard Harntee	*tea granules*
Nieral® 116.4 mg	*tablets*
Nieral® 100	*drops*
Tamsulin AIWA® 0,4 mg	*prolonged-release capsules*

Diabetes/Metabolism

Metformin AIWA® 500 mg	*film-coated tablet*
Metformin AIWA® 850 mg	*film-coated tablet*
Metformin AIWA® 1000 mg	*film-coated tablet*

Minerals / Vitamins / Trace elements

Femifol® 5 mg	*tablets*
Ferro AIWA® 100 mg	*film-coated tablets*
Vitamin E AIWA® 268 mg	*soft capsules*

Glucocorticoide

Dexa AIWA® 4 mg/ml	*ampoules*
Prednisolone AIWA® 5 mg	*tablets*
Prednisolone AIWA® 20 mg	*tablets*

Medical Device

Seawater Nose Spray AIWA®	*dosable spray*

Food supplements

B-FIT® Cold Drink orange	*sachets*
B-FIT® Cold Drink lemon	*sachets*
B-FIT® Energy	*effervescent tablets*
B-FIT® Sport	*effervescent tablets*
B-FIT® with B12	*drinking ampoules*
Centrovit AIWA®	*coated tablets*
Centrovit AIWA®	*effervescent tablets*
Cranberry AIWA®	*soft capsules*
D-Day® long	*soft capsules*
GEM OMEGA 3®	*soft gelatin capsules*
German Active for work	*effervescent tablets*
German Apple cure	*effervescent tablets*
German Calcium	*effervescent tablets*
German Calcium + D3	*effervescent tablets*
German Calcium + Vitamin C	*effervescent tablets*
German Iron	*effervescent tablets*
German Magnesium	*effervescent tablets*
German Multivitamin	*effervescent tablets*
German Multivitamin + Minerals	*effervescent tablets*
German Multivitamins for children	*effervescent tablets*
German Vitamin ACE	*effervescent tablets*
German Vitamin C	*effervescent tablets*
German Zinc	*effervescent tablets*
Gluco AIWA® plus	*effervescent tablets*
iC Direct®	*sachets with micro-pellets*
iFol®	*drinking ampoules*
Ferro AIWA® plus	*soft capsules*
Magnesium AIWA® 375 mg	*sachets with micro-pellets*
Neo AIWA®	*capsules*
Neo AIWA® plus Fe^{++}	*capsules*
Osteo AIWA® forte + Vitamin D3	*effervescent tablets*
OXI-C® 1000 mmg Immun plus	*effervescent tablets*
Q10 AIWA® plus	*soft capsules*
Vitamin B-Complex AIWA®	*capsules with prolonged release*
Vitamin C + Zinc AIWA®	*capsules with prolonged release*

Cosmetic/Oral Care

Tetra Dent® Black Bamboo	*toothpaste*
Tetra Dent® Total + Whitening	*toothpaste*
Novo AIWA®	*cream*

Not available in every country
Please send inquiries to info@td-pharma.de

- CARDIO
- ANALGETIC / PAIN
- ALLERGY/ASTHMA
- ANTIBIOTIC
- RESPIRATION
- LAXATIVE /GASTRO
- UROLOGY
- DIABETES / METABOLISM
- MINERALS/VITAMINS/ TRACE ELEMENTS
- GLUCOCORTICOIDE
- MEDICAL DEVICE
- FOOD SUPPLEMENT
- COSMETIC/ORAL CARE

CARDIO • PRESCRIPTION ONLY

Amlo-B® 5 mg

active substance: amlodipine besylate

Application

Amlo-B® belongs to a group of medicines known as calcium antagonists.

Duration of treatment

The usual starting dose is 5 mg of Amlo-B®, once a day. The dose may be increased to 10 mg of Amlo-B®, once a day.

Applications of Amlo-B® 5 mg

- It is used to treat high blood pressure (hypertension) or a certain type of chest pain called angina, to which an infrequent type called Prinzmetal angina or variant angina belongs.
- In patients with hypertension, this medicine works by de-contracting the blood vessels so that blood passes through them more easily.
- In patients with angina, Amlo-B® improves the supply of blood to the heart muscle, which thus receives more oxygen and as a result chest pain is prevented.

Method of administration

Take this medicine before or after meals. It should be taken with a glass of water at the same time every day.

Ingredients

Each tablet contains 5 mg amlodipine. The other ingredients are microcrystalline cellulose, calcium hydrogen phosphate, sodium carboxymethyl starch from potatoes (potato starch) and magnesium stearate.

Contents of the pack

White, round, scored tablets. The score line is only for breaking them and making them easier to swallow, but not for division into equal doses. Amlo-B® 5 mg is available in blister packs containing 30 tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

CARDIO • PRESCRIPTION ONLY

CARDIO • PRESCRIPTION ONLY

Amlo-B® 5 mg

Possible side effects

- sudden whistling breathing (sudden wheezing), chest pain, shortness of breath or difficulty breathing
- swelling of the eyelids, face or lips
- swelling of the tongue and throat that causes great difficulty breathing
- severe skin reactions including intense eruption of the skin, hives, redness of the skin all over the body, itching, blistering, peeling and inflammation of the skin, inflammation of the mucous membranes (Stevens Johnson syndrome) or other allergic reactions
- heart attack, abnormal heart beat
- inflammation of the pancreas that may cause serious abdominal pain and back pain accompanied by feeling extremely unwell
- headache, dizziness, drowsiness (especially early on in the treatment)
- palpitations (feeling the heartbeat), flushing
- abdominal pain, feeling sick (nausea)
- swelling of the ankles (oedema), fatigue
- mood swings, anxiety, depression, insomnia
- trembling, taste changes, fainting, weakness
- numbness or tingling in the limbs, loss of pain sensation
- visual disturbances, double vision, ringing in the ears
- fall in blood pressure
- sneezing/nasal discharge caused by inflammation of the lining of the nose (rhinitis)
- changes in bowel habits, diarrhoea, constipation, indigestion, dry mouth, vomiting (feeling unwell)
- hair loss, increased sweating, itchy skin, red spots on the skin, skin discolouration
- urination disorder, increased urination at night, increase in the frequency of urination
- inability to obtain an erection, discomfort or breast enlargement in men
- weakness, pain, feeling unwell
- pain in the muscles or joints, muscle cramps, back pain
- weight gain or loss

Warnings and precautions

Talk to your doctor before taking Amlo-B® if you
- recently had a heart attack
- have a heart failure
- have severe increase in blood pressure (hypertensive crisis)
- have a liver disease
- are an elderly person and your dose needs to be increased

Amlo-B® with food and drink

If you take Amlo-B® you should not consume grapefruit or grapefruit juice. This is because grapefruit and grapefruit juice may lead to an increase in blood levels of the active ingredient amlodipine, which could cause an unpredictable increase in its effect of lowering blood pressure by this medicine.

Pregnancy and breast-feeding

It is not known if amlodipine passes into breast milk. If you are breast-feeding, or are about to, you should tell your doctor before taking Amlo-B®.

Driving and using machines

Amlo-B® may affect your capacity to drive or use machines. If the tablets make you feel sick, dizzy or drowsy, or they give you a headache, do not drive or use machinery and consult your doctor immediately.

For more information please read the package leaflet!

CARDIO • PRESCRIPTION ONLY

CARDIO • PRESCRIPTION ONLY

Amlo-B® 10 mg

active substance: amlodipine besylate

Application

Amlo-B® belongs to a group of medicines known as calcium antagonists.

Duration of treatment

The usual starting dose is 5 mg of Amlo-B®, once a day. The dose may be increased to 10 mg of Amlo-B®, once a day.

Applications of Amlo-B® 10 mg

- It is used to treat high blood pressure (hypertension) or a certain type of chest pain called angina, to which an infrequent type called Prinzmetal angina or variant angina belongs.
- In patients with hypertension, this medicine works by de-contracting the blood vessels so that blood passes through them more easily.
- In patients with angina, Amlo-B® improves the supply of blood to the heart muscle, which thus receives more oxygen and as a result chest pain is prevented.

Method of administration

Take this medicine before or after meals. It should be taken with a glass of water at the same time every day.

Ingredients

Each tablet contains 10 mg amlodipine. The other ingredients are microcrystalline cellulose, calcium hydrogen phosphate, sodium carboxymethyl starch from potatoes (potato starch) and magnesium stearate.

Contents of the pack

White, round, scored tablets. The score line is only for breaking them and making them easier to swallow, but not for division into equal doses. Amlo-B® 10 mg is available in blister packs containing 30 tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

CARDIO • PRESCRIPTION ONLY

CARDIO • PRESCRIPTION ONLY

Amlo-B® 10 mg

Possible side effects

- sudden whistling breathing (sudden wheezing), chest pain, shortness of breath or difficulty breathing
- swelling of the eyelids, face or lips
- swelling of the tongue and throat that causes great difficulty breathing
- severe skin reactions including intense eruption of the skin, hives, redness of the skin all over the body, itching, blistering, peeling and inflammation of the skin, inflammation of the mucous membranes (Stevens Johnson syndrome) or other allergic reactions
- heart attack, abnormal heart beat
- inflammation of the pancreas that may cause serious abdominal pain and back pain accompanied by feeling extremely unwell
- headache, dizziness, drowsiness (especially early on in the treatment)
- palpitations (feeling the heartbeat), flushing
- abdominal pain, feeling sick (nausea)
- swelling of the ankles (oedema), fatigue
- mood swings, anxiety, depression, insomnia
- trembling, taste changes, fainting, weakness
- numbness or tingling in the limbs, loss of pain sensation
- visual disturbances, double vision, ringing in the ears
- fall in blood pressure
- sneezing/nasal discharge caused by inflammation of the lining of the nose (rhinitis)
- changes in bowel habits, diarrhoea, constipation, indigestion, dry mouth, vomiting (feeling unwell)
- hair loss, increased sweating, itchy skin, red spots on the skin, skin discolouration
- urination disorder, increased urination at night, increase in the frequency of urination
- inability to obtain an erection, discomfort or breast enlargement in men
- weakness, pain, feeling unwell
- pain in the muscles or joints, muscle cramps, back pain
- weight gain or loss

Warnings and precautions

Talk to your doctor before taking Amlo-B® if you
- recently had a heart attack
- have a heart failure
- have severe increase in blood pressure (hypertensive crisis)
- have a liver disease
- are an elderly person and your dose needs to be increased

Amlo-B® with food and drink

If you take Amlo-B® you should not consume grapefruit or grapefruit juice. This is because grapefruit and grapefruit juice may lead to an increase in blood levels of the active ingredient amlodipine, which could cause an unpredictable increase in its effect of lowering blood pressure by this medicine.

Pregnancy and breast-feeding

It is not known if amlodipine passes into breast milk. If you are breast-feeding, or are about to, you should tell your doctor before taking Amlo-B®.

Driving and using machines

Amlo-B® may affect your capacity to drive or use machines. If the tablets make you feel sick, dizzy or drowsy, or they give you a headache, do not drive or use machinery and consult your doctor immediately.

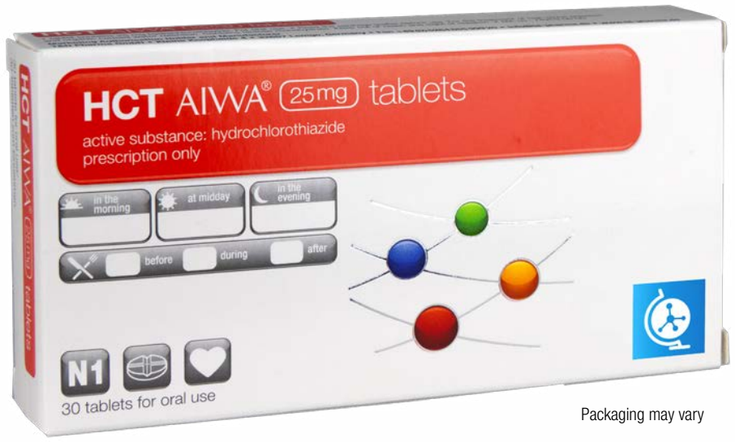
For more information please read the package leaflet!

CARDIO • PRESCRIPTION ONLY

CARDIO • PRESCRIPTION ONLY

HCT AIWA® 25 mg tablets

active substance: hydrochlorothiazide



Packaging may vary

Application

HCT AIWA® 25 mg is a diuretic. By increasing urine excretion, HCT AIWA® 25 mg is able to flush out increased fluid that has accumulated in the tissues and lower the blood pressure.

Duration of treatment

The treating doctor will decide the duration of administration. It depends on the type and severity of the illness. After long-term treatment, HCT AIWA® 25 mg should be discontinued gradually. If you have the impression that the effect of HCT AIWA® 25 mg is too strong or too weak, talk to your doctor or pharmacist.

Applications of HCT AIWA® 25 mg

- High blood pressure (arterial hypertension)
- Fluid accumulation in the tissues (oedema) as a result of diseases of the heart, liver or kidneys (cardiac, hepatic and renal oedema)
- For supportive (adjuvant) symptomatic treatment of chronic heart muscle weakness (chronic heart failure) in addition to ACE inhibitors

Method of administration

The tablets should be swallowed whole at breakfast with sufficient liquid (e.g. 1 glass of water).

Ingredients

HCT AIWA® 25 mg contains lactose and sodium.
Therefore, if you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking HCT AIWA® 25 mg.
This medicine contains less than 1 mmol (23 mg) of sodium per tablet, that is to say essentially „sodium-free“.

Contents of the pack

HCT AIWA® 25 mg is a white, round, biconvex tablet. HCT AIWA® 25 mg is available in original packs containing 30 tablets (N1).

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

CARDIO • VPRESCRIPTION ONLY

CARDIO • PRESCRIPTION ONLY

HCT AIWA® 25 mg tablets

Possible side effects

- Fall in the number of platelets (thrombocytopenia).
- Fall in white blood cells (leukocytopenia).
- Allergic reactions; these may manifest as skin and mucous membrane reactions, and rarely as kidney inflammation (interstitial nephritis), jaundice (cholestatic icterus), blood vessel inflammation (vasculitis), blood count changes or fever.
- Visual disorders (e.g. blurred vision, yellow vision), impairment of tear-fluid production (caution required when wearing contact lenses); pre-existing short-sightedness may worsen.
- Racing heart (palpitations).
- Loss of appetite, gastrointestinal discomfort (e.g. sickness, vomiting, diarrhoea, constipation, pain and cramps in the abdomen).
- Lowered blood pressure when changing position from lying to standing (orthostatic dysregulation) or a fall in blood pressure, particularly in patients with a reduced quantity of circulating
- blood (hypovolaemia) or body fluid depletion (dehydration) (e.g. patients with severe heart muscle weakness [severe heart failure] or on treatment with high doses of diuretics).
  Blood vessel inflammation (vasculitis).
- Difficulty/discomfort in breathing, a particular acute type of lung inflammation (acute interstitial pneumonia).
- Increase in a particular enzyme (amylase) in the blood (hyperamylasaemia), acute pancreas inflammation (acute pancreatitis).
- Allergic skin and mucous membrane reactions, e.g. itching, flushing, skin rashes due to the effect of light (photoallergic exanthema), small specks of bleeding in the skin and mucous membranes (purpura) and very itchy hives (urticaria).
- Sugar in the urine (glycosuria).
- A reversible increase in blood levels of substances usually excreted in the urine (urea and creatinine)
- Erectile dysfunction
- Feverish states

Pregnancy and breast-feeding

You must tell your doctor about actual or suspected pregnancy. Generally, your doctor will then advise you to take a medicine other than HCT AIWA® 25 mg, as HCT AIWA® 25 mg is not recommended for use during pregnancy. This is because HCT AIWA® 25 mg reaches the placenta and use after the third month of pregnancy may have harmful effects on the foetus and newborn baby.

Inform your doctor if you are breast-feeding or about to start breast-feeding. HCT AIWA® 25 mg is not recommended for use in nursing mothers.

Warnings and precautions

- if you have very low blood pressure (hypotension);
- if you have circulatory disorders in the blood vessels in the brain (cerebrovascular circulatory disorders);
- if you have circulatory disorders in the coronary vessels (coronary heart disease);
- if you already have diabetes or it is present without producing overt symptoms (manifest or latent diabetes mellitus); regular blood sugar monitoring is required;
- if you have impaired kidney function (serum creatinine level of 1.1 – 1.8 mg/100 ml or mild creatinine clearance impairment [30 – 60 ml/min]);
- if you have impaired liver function.
- if you have had skin cancer or if you develop an unexpected skin lesion during treatment.
  Treatment with hydrochlorothiazide, particularly long-term use with high doses, may increase the risk of some types of skin and lip cancer (non-melanoma skin cancer). Protect your skin from sun exposure and UV rays while taking HCT AIWA® 25 mg.
- if you experience a decrease in vision or eye pain.
  These could be symptoms of fluid accumulation in the vascular layer of the eye (choroidal effusion) or an increase of pressure in your eye and may occur within hours to a week of taking HCT AIWA® 25 mg.
- if you experienced breathing or lung problems (including inflammation or fluid in the lungs) following hydrochlorothiazide intake in the past. If you develop severe shortness of breath or difficulty breathing after taking HCT AIWA® 25 mg, medical attention immediately.

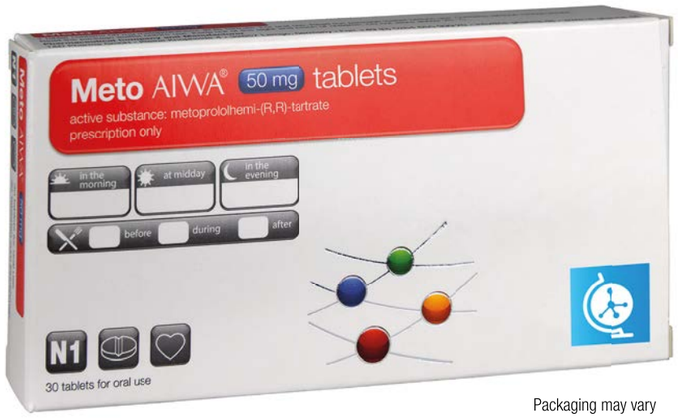
For more information please read the package leaflet!

CARDIO • PRESCRIPTION ONLY

CARDIO • PRESCRIPTION ONLY

Meto AIWA® 50 mg

active substance: metoprololhemi-(R,R)-tratrate



Packaging may vary

Application

Meto AIWA® belongs to a group of medicines called cardio-selective beta-blockers.

Duration of treatment

The dosage should be determined individually – based mainly on response to treatment – and must not be changed unless instructed by your doctor.

Applications of Meto AIWA®

- high blood pressure (arterial hypertension)
- coronary artery disease (coronary heart disease)
- functional heart trouble (hyperkinetic heart syndrome)
- heart rhythm disorders with increased heart rate (tachyarrhythmias)
- acute treatment of heart attack and long-term treatment after a heart attack (prevention of secondary heart attack)
- preventive treatment of migraine (migraine prophylaxis).

Method of administration

The tablets should be taken with plenty of liquid (preferably a glass of water). They should be swallowed whole and always taken at the same time before or after meals (e.g. always after breakfast). They should be taken as a single dose in the morning or a divided dose in the morning and evening.

Ingredients

1 tablet Meto AIWA® contains 50 mg metoprolol tartrate.

Contents of the pack

The tablets are white, round, flat on two sides, and have a break line on one side.
The Meto AIWA® 50 mg tablet can be divided into equal doses along the break line. The whole or half tablet is taken with some water.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

CARDIO • PRESCRIPTION ONLY

CARDIO • PRESCRIPTION ONLY

Meto AIWA®

Possible side effects

Common
- Tiredness, sleepiness, dizziness, headache, fatigue
- Reduced heart rate (bradycardia)
- Sharp drop in blood pressure, also when moving from a lying to a sitting position (orthostatic hypotension), occasionally with short-term unconsciousness (syncope)
- Shortness of breath with physical exertion
- Nausea, vomiting, stomach ache

Pregnancy and breast-feeding

Metoprolol should be used only when strictly indicated and after benefit-risk assessment during pregnancy (especially during the first three months).

There is evidence to suggest that metoprolol reduces blood flow to the placenta and may thereby lead to foetal growth disturbances. Miscarriage, premature births and intrauterine death of the foetus have been observed after administration of other beta-blockers.

Due to the possibility of a decrease in heart rate (bradycardia), low blood pressure (hypotension) or low blood sugar levels (hypoglycaemia) in the newborn infant, treatment with metoprolol must be stopped 48-72 hours before the estimated delivery date. If this is not possible, newborn infants must be carefully monitored by a doctor for a period of 48-72 hours after delivery.

Metoprolol, compared to blood levels in the mother, accumulates in breast milk. Breast-fed infants must be monitored for signs of an effect from the medicine. The amount of metoprolol absorbed with breast milk can be reduced by not breast-feeding for 3-4 hours after taking this medicine.

Warnings and precautions

Take special care with Meto AIWA® in the following cases:
- 1st degree AV block (minor conduction disturbances from the upper to the lower chambers of the heart).
- Prolonged strict fasting and severe physical exertion (extremely low blood sugar episodes are possible).
- Patients with a known or suspected hormone-producing tumour of the adrenal medulla (phaeochromocytoma; previous treatment with alpha-blockers required).
- Patients with impaired liver function (see section 3 “How to take Meto AIWA®”).
- Patients with diabetes mellitus and severe fluctuations in blood sugar levels (extremely low blood sugar episodes are possible).
- Patients with diabetes mellitus, especially if you are using insulin or other blood sugar-lowering agents. Meto AIWA® may suppress signs of low blood sugar (hypoglycaemia) such as racing heart.
- Patients with certain vascular disorders (Raynaud’s syndrome or certain forms of peripheral occlusive disease [intermittent claudication].
- Patients prone to bronchial spasms.
- Patients with a certain type of angina (Prinzmetal’s angina).
- Patients at increased risk of severe hypersensitivity reactions (anaphylactic reactions).
- Patients with a history of severe hypersensitivity reactions and in patients on treatment to make them less prone - or immune - to allergic reactions (desensitisation therapy).
  Note: severe hypersensitivity reactions caused by other agents may be particularly serious during treatment with Meto AIWA® and may be resistant to usual doses of adrenaline.
- Patients with a known or suspected overactive thyroid.
- Patients with a personal or family history of psoriasis.

For more information please read the package leaflet!

CARDIO • PRESCRIPTION ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE /GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

PAIN • PHARMACY ONLY

Ibu AIWA® 400 mg film-coated tablets

active substance: ibuprofen

MADE IN GERMANY

Application

Ibu AIWA® 400 mg is a medicine that reduces inflammation and relieves pain (non-steroidal anti-inflammatory drug/antirheumatic agent, NSAID).

Duration of treatment

In adults, if the use of this medicine is necessary for more than 3 days for fever or for more than 4 days for pain, or if the symptoms worsen, medical advice should be sought.
If children and adolescents need to take this medicine for more than 3 days or if symptoms worsen, medical advice should be sought.

Body weight Age	Single dose	Maximum daily dose
20 kg - 29 kg 6 - 9 years old	½ film-coated tablet (equivalent to 200 mg ibuprofen)	up to 1 ½ film-coated tablets (equivalent to a maximum of 600 mg ibuprofen)
30 kg - 39 kg 10 -11 years old	½ film-coated tablet (equivalent to 200 mg ibuprofen)	2 film-coated tablets (equivalent to 800 mg ibuprofen)
≥ 40 kg Children and adolescents aged 12 years and older and adults	½ - 1 film-coated tablet (equivalent to 200 mg - 400 mg ibuprofen)	3 film-coated tablets (equivalent to 1200 mg Ibuprofen)

If you have taken the maximum single dose, wait for at least 6 hours before taking the next dose. The tablet can be divided into equal doses.

Applications of Ibu AIWA® 400 mg

Ibu AIWA® is used for the short-term symptomatic treatment of

- mild-to-moderate pain, such as headache, toothache, period pains
- fever

Packaging may vary

Method of administration

Please take the film-coated tablet whole with plenty of liquid (e.g. a glass of water). The film-coated tablets can be taken independently of meals. For patients who have a sensitive stomach, it is recommended to take Ibu AIWA® 400 mg during meals.

Contents of the pack

Ibu AIWA® 400 mg film-coated tablets are white, oblong film-coated tablets with score lines on both sides. Ibu AIWA® 400 mg are available in packs of 20 or 50 film-coated tablets.

Marketing Authorisation Holder

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30

PAIN • PHARMACY ONLY

PAIN • PHARMACY ONLY

Ibu AIWA® 400 mg film-coated tablets

Ingredients

Each film-coated tablet contains 400 mg ibuprofen.
The other ingredients are: Maize starch, potato starch, carboxymethyl starch sodium (type A) (Ph.Eur.), pregelatinised starch (from maize), colloidal anhydrous silica, magnesium stearate (Ph.Eur.), macrogol (6000), hypromellose, talc, titanium dioxide (E171).

Possible side effects

The most commonly observed side effects involve the digestive tract. Stomach/duodenal ulcers (peptic ulcers), perforation or bleeding, sometimes fatal, may occur, especially in elderly patients. Nausea, vomiting, diarrhoea, flatulence, constipation, digestive problems, abdominal pain, tarry stools, vomiting blood, inflammation of the oral mucosa with ulceration, worsening of colitis and Crohn's disease have been reported after use. Less commonly, inflammation of the stomach lining has been observed. In particular, the risk of experiencing gastrointestinal bleeding depends on the dose range and duration of use.

Oedema, high blood pressure and heart failure have been reported in association with NSAID treatment.

The administration of medicines like Ibu AIWA® 400 mg are possibly associated with a slightly increased risk of heart attack (myocardial infarction) or stroke.

Children and adolescents

There is a risk of kidney dysfunction in dehydrated children and adolescents.

Pregnancy and breast-feeding

If pregnancy is confirmed while you are using Ibu AIWA® 400 mg, you must tell your doctor. You may only use ibuprofen in the first six months of pregnancy after consultation with your doctor. In the last three months of pregnancy, Ibu AIWA® 400 mg must not be used due to the increased risk of complications for the mother and child. The active substance ibuprofen and its metabolites pass into breast milk just in small amounts. As no adverse effects for the infant have so far been reported, discontinuation of breast-feeding is generally not required in short-term use.

Warnings and precautions

Do not take Ibu AIWA® 400 mg

- if you are allergic to ibuprofen or any of the other ingredients of this medicine;
- if you have a history of bronchospasm, asthma attacks, swelling of the nasal lining or skin reactions or sudden swelling after taking acetylsalicylic acid (aspirin) or other non-steroidal anti-inflammatory agents;
- if you have unexplained problems of blood formation;
- if you have, or have a history of, recurrent stomach/duodenal ulcers (peptic ulcers) or bleeding (at least 2 different episodes of confirmed ulcers or bleeding);
- if you have a history of gastrointestinal bleeding or perforation associated with previous treatment with non-steroidal anti-inflammatory drugs/antirheumatic agents (NSAIDs);
- if you have bleeding in the brain (cerebrovascular bleeding) or other active bleeding;
- if you have severe liver or kidney dysfunction;
- if you have a severely weak heart (heart failure);
- severe dehydration (e.g. caused by vomiting, diarrhoea or insufficient fluid intake);
- in the last three months of pregnancy;
- children under 20 kg (6 years) must not take this medicine, as this dose strength is generally not suitable due to the active substance content.

For more information please read the package leaflet!

PAIN • PHARMACY ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE /GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

ALLERGY • PHARMACY ONLY

Mome AIWA®

50 micrograms/actuation Nasal Spray, Suspension

Active substance: mometasone furoate

Application

Mome AIWA® is used in adults to treat the symptoms of hay fever (also called seasonal allergic rhinitis), provided that the initial diagnosis of hay fever has been diagnosed by a physician.

Hay fever, which occurs at certain times of the year, is an allergic reaction caused by breathing in pollen from trees, grasses, weeds and also moulds and fungal spores. Mome AIWAreduces the swelling and irritation in your nose and thereby relieving sneezing, itching and a blocked-up or runny nose caused by hay fever.

Duration of treatment

Always use this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. Do not use a larger dose or use the spray more often or for longer than your doctor tells you to. The recommended dose is two sprays into each nostril once a day.

In some patients Mome AIWA® begins to relieve symptoms within 12 hours after first dose; however full benefit of treatment may not be seen in the first two days. Therefore, you should continue regular use to achieve full benefit of treatment.

- Once your symptoms are under control, your doctor may advise you to decrease the dose, to one spray, once a day, into each nostril.
- If you do not start to feel any better, you should see your doctor.

If you suffer badly from hay fever, your doctor may tell you to start using Mometasone furoate before the expected onset of the pollen season, as this will help to prevent your hay fever symptoms from occurring. At the end of the pollen season your hay fever symptoms should get better and treatment may then not be needed.

Method of administration

Your Mome AIWA® nose spray has a dust cap, which protects the nozzle and keeps it clean. Remember to take this off before using the spray and to replace it after use.

If you are using the spray for the first time, you need to 'prime' the bottle by pumping the spray 10 times until a fine mist is produced:

1. Gently shake the bottle.
2. Put your forefinger and middle finger on either side of the nozzle and your thumb underneath the bottle. Do not pierce the nasal applicator.
3. Point the nozzle away from you and then press down with your fingers to pump the spray 10 times until a fine mist is produced.

If you have not used the spray for 14 days or more, you need to "re-prime" the bottle by pumping the spray 2 times until a fine mist is produced.

At the dose of two sprays into each nostril once daily, this product should provide enough doses for 35 days (for the bottle containing 140 metered sprays).

Application of Mome AIWA®

- to treat the symptoms of hay fever

Packaging may vary

Ingredients

The active substance is mometasone furoate. Each actuation (0.1 ml) of the pump delivers a metered dose of 50 micrograms of mometasone furoate (Ph. Eur.) (as mometasone-17-(2-furoate) monohydrate). The total weight of one spray is 100 mg. The other ingredients are microcrystalline cellulose and carmellose sodium (8.3: 13.8), glycerol, sodium citrate (Ph.Eur.), citric acid monohydrate, polysorbate 80 [vegetable], benzalkonium chloride and water for injections.

Content of the pack

Mome AIWA® is a nasal spray milky white suspension. Each bottle contains 18 g suspension corresponding to 140 sprays. Bottles are supplied in packs of 1 nasal sprays.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49(0)52646559920 • Fax +49(0)52646559930
info@td-pharma.de • www.td-pharma.de

ALLERGY • PHARMACY ONLY

ALLERGY • PHARMACY ONLY

Mome AIWA®

Possible side effects

Immediate hypersensitivity (allergic) reactions may occur after use of this product. These reactions may be severe. You should stop taking Mome AIWA® and get immediate medical help if you experience symptoms such as:

- swollen face, tongue or pharynx
- trouble swallowing
- hives
- wheezing or trouble breathing.

When corticosteroid nasal sprays are used at high doses for long periods of time, side effects may occur due to the drug being absorbed in the body.

Most people do not have any problems after using the nasal spray. However, some people, after using Mome AIWA® or other corticosteroid nasal sprays, may find that they suffer from:

Common side effects (may affect up to 1 in 10 people)

- headache
- sneezing and irritation/burning sensation of the nose
- nose bleeds [occurred very commonly (may affect more than 1 in 10 people) in people with nasal polyps receiving Mome AIWA® two sprays in each nostril twice a day]
- sore nose or throat
- ulcers in the nose
- respiratory tract infection.

Not known (frequency cannot be estimated from available data)

- increase in pressure in the eye (glaucoma) and/or cataracts causing visual disturbances
- damage to the partition in the nose that separates the nostrils
- changes in taste or smell
- difficulty in breathing and/or wheezing
- blurred vision.

Pregnancy and breast-feeding

There is little or no information on the use of mometasone in pregnant women. It is not known if mometasone furoate is found in breast milk.

If you are pregnant or breast feeding, think you might be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Children

Do not give this medicine to children and adolescents under 18 years because the safety and efficacy of Mome AIWA® have not been established.

Warning and precautions

Do not use Mome AIWA®,

- if you are allergic to mometasone furoate or any of the other ingredients of this medicine (listed in section 6).
- if you have an untreated infection in your nose. Use of Mome AIWA® during an untreated infection in your nose, such as herpes, can worsen the infection. You should wait until the infection is resolved before you start using the nasal aspray.
- if you have recently had an operation on your nose or you have injured your nose. You should not use the nasal spray until your nose has healed.

Talk to your doctor or pharmacist before using Mome AIWA®,

- if you have or have ever had tuberculosis.
- if you have any other of infection.
- if you are taking other corticosteroid medicines, either by mouth or by injection.
- if you have cystic fibrosis.

While you are using Mome AIWA®, talk to your doctor:

- if your immune system is not functioning well (if you have difficulty in fighting infection) and you come into contact with anyone who has measles or chickenpox. You should avoid coming into contact with anyone who has these infections.
- if you have an infection of the nose or throat.
- if you are using the medicine for several months or longer.
- if you have a persistent irritation to the nose or throat.

When corticosteroid nasal sprays are used at high doses for long periods of time, side effects may occur due to the drug being absorbed in the body.

If your eyes are itching or irritated, your doctor may recommend that you use other treatments with Mome AIWA®.

Contact your doctor if you experience blurred vision or other visual disturbances.

If you are taking other corticosteroid medicines for allergy, either by mouth or injection, your doctor may advise you to stop taking them once you begin using Mome AIWA®. A few people may find that once they discontinue oral or injected corticosteroids they suffer from some undesirable effects, such as joint or muscular pain, weakness and depression. You may also seem to develop other allergies, such as itchy, watering eyes or patches of red and itchy skin. If you develop any of these effects, you should see your doctor.

Some medicines may increase the effects of Mome AIWA® and your doctor may wish to monitor you carefully if you are taking these medicines (including some medicines for HIV: ritonavir, cobicistat).

Mome AIWA contains benzalkonium chloride

Benzalkonium chloride may cause irritation or swelling inside the nose, especially if used for a long time.

For more information please read the package leaflet!

ALLERGY • PHARMACY ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE /GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

ANTIBIOTIC • PRESCRIPTION ONLY

Ciprofloxacin AIWA®
500 mg

active substance: ciprofloxacin

Application

Ciprofloxacin AIWA® 500 mg is an antibiotic belonging to the fluoroquinolone group. Ciprofloxacin works by killing bacteria that cause infections. It only works with specific strains of bacteria.

Duration of treatment

Your doctor will explain to you exactly what dose of Ciprofloxacin AIWA® 500 mg you must take, as well as how often and how long. This will depend on the type and severity of the infection that you have.

Applications of Ciprofloxacin AIWA®

- certain respiratory tract infections
  In acute exacerbation of a chronic bronchitis or chronic obstructive pulmonary disease (COPD), Ciprofloxacin AIWA® should only be used if other antibiotics commonly recommended to treat these infections are considered unsuitable.
- certain types of long-lasting or recurring ear or sinus inflammation
- certain urinary tract infections
  In uncomplicated acute inflammations of the bladder, Ciprofloxacin AIWA® should only be used if other antibiotics commonly recommended to treat these infections are considered unsuitable.
- genital infections in men and women
- gastrointestinal tract infections and infections of the abdominal cavity
- certain skin and soft tissue infections
- bone and joint infections
- prevention of infections due to the bacterium Neisseria meningitidis
- treatment after inhalation of anthrax

Packaging may vary

Method of administration

Swallow the film-coated tablets whole (not chewed) with plenty of liquid. You should not chew the film-coated tablets due to their unpleasant taste. Wherever possible, try to take Ciprofloxacin AIWA® 500 mg at roughly the same time every day.

Ingredients

1 film-coated tablet contains 582.2 mg ciprofloxacin hydrochloride 1 H2O, equivalent to 500 mg ciprofloxacin. The other ingredients are microcrystalline cellulose, hypromellose, lactose monohydrate, magnesium stearate, macrogol 4000, sodium carboxymethylcellulose, povidone, sodium citrate, titanium dioxide (E171).

Contents of the pack

Ciprofloxacin AIWA® 500 mg are white, oblong, biconvex film-coated tablets with the embossed number 500 on one side. Ciprofloxacin AIWA® 500 mg is available in packs of 10 (N1) film-coated tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

ANTIBIOTIC • PRESCRIPTION ONLY

ANTIBIOTIC • PRESCRIPTION ONLY

Ciprofloxacin AIWA®

Possible side effects

Common side effects:
- nausea, diarrhoea
- joint pains

Uncommon side effects:
- fungal superinfections
- a high concentration of eosinophils, a certain type of white blood cell
- loss of appetite (anorexia)
- hyperactivity or agitation
- headache, dizziness, sleeping problems or taste disorders
- vomiting, abdominal pain, digestive problems such as stomach upset (indigestion/heartburn) or wind
- increased amounts of certain substances in the blood (transaminases, alkaline phosphatase and/or bilirubin)
- rash, itching or hives
- joint pains in adults
- impaired kidney function
- muscle and bone pain (e.g. pain in the extremities, back pain, chest pain), feeling generally unwell (weak) or fever
- impairment of renal function

Ciprofloxacin AIWA® 500 mg with food and drink

You can take Ciprofloxacin AIWA® 500 mg at mealtimes or between meals. A meal containing calcium will only marginally affect the absorption of the active substance. However, do not take Ciprofloxacin AIWA® 500 mg with dairy products such as milk or yoghurt or with fortified drinks (e.g. calcium-fortified orange juice).

Ensure that you drink sufficient fluid during treatment with Ciprofloxacin AIWA® 500 mg.

Warnings and precautions

Talk to your doctor or pharmacist before taking Ciprofloxacin AIWA® 500 mg.

Your skin will react more sensitively to sunlight and UV light when you take Ciprofloxacin AIWA® 500 mg. For this reason, avoid exposure to strong sunlight or artificial UV light such as sun beds.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

It is preferable to avoid taking Ciprofloxacin AIWA® 500 mg during pregnancy. Tell your doctor if you are pregnant or are planning to have a baby.

Do not take Ciprofloxacin AIWA® 500 mg if you are breast-feeding because ciprofloxacin is excreted in human milk and may harm your child.

Driving and using machines

Ciprofloxacin AIWA® 500 mg may make you less alert. Some side effects on the nervous system may occur. Therefore, make sure that you know how you react to Ciprofloxacin AIWA® 500 mg before driving a vehicle or using machines. If in doubt, please ask your doctor.

For more information please read the package leaflet!

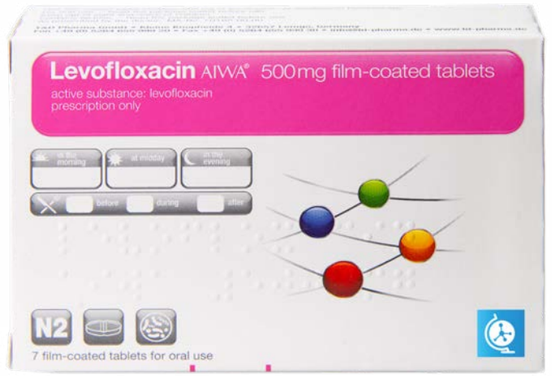
ANTIBIOTIC • PRESCRIPTION ONLY

ANTIBIOTIC • PRESCRIPTION ONLY

Levofloxacin AIWA®

500 mg film-coated tablets

active substance: levofloxacin



Packaging may vary

Method of administration

Take this medicine by mouth. Swallow the tablets whole with a drink of water. The tablets may be taken during meals or at any time between meals.

Duration of treatment

Sinuses infection
- 1 tablet of Levofloxacin AIWA® 500 mg, once each day

Lungs infection, in people with long-term breathing problems
- 1 tablet of Levofloxacin AIWA® 500 mg, once each day

Pneumonia
- 1 tablet of Levofloxacin AIWA® 500 mg, once or twice each day

Infection of urinary tract, including your kidneys or bladder
- ½ or one tablet of Levofloxacin AIWA® 500 mg, each day

Prostate gland infection
- 1 tablet of Levofloxacin AIWA® 500 mg, once each day

Infection of skin and underneath the skin, including muscles
- 1 tablet of Levofloxacin AIWA® 500 mg, once or twice each day

Applications of Levofloxacin AIWA®

Infection of the:
- sinuses.
- lungs, in people with long-term breathing problems or pneumonia.
- urinary tract, including your kidneys or bladder.
- prostate gland, where you have a long lasting infection.
- skin and underneath the skin, including muscles. This is sometimes called 'soft tissue'.

Application

Levofloxacin AIWA® 500 mg contain a medicine called levofloxacin. This belongs to a group of medicines called antibiotics. Levofloxacin is a 'quinolone' antibiotic. It works by killing the bacteria that cause infections in your body.

Ingredients

Each tablet of Levofloxacin AIWA® 500 mg contains 500 mg of levofloxacin. **The other ingredients are tablet core:** Microcrystalline cellulose, cellulose powdered, pregelatinised starch (maize), maize starch, crospovidone, povidone K 25, sodium stearyl fumarate hypromellose. **For the tablet coating:** Lactose monohydrate, hypromellose, titanium dioxide, macrogol 4000, iron oxide yellow, iron oxide red, iron oxide black.

Contents of the pack

Levofloxacin AIWA® 500 mg are film-coated tablets for oral use. The tablets are pink, oblong film-coated tablets with one break mark on each face. The tablet can be divided into equal doses. For Levofloxacin AIWA® 500 mg, the tablets are provided in pack sizes of 7 tablets.

Marketing Authorisation Holder and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

ANTIBIOTIC • PRESCRIPTION ONLY

ANTIBIOTIC • PRESCRIPTION ONLY

Levofloxacin AIWA®

Possible side effects

- Sleeping problems
- Headache, feeling dizzy
- Feeling sick (nausea, vomiting) and diarrhoea
- Increase in the level of some liver enzymes in your blood
- Changes in the number of other bacteria or fungi, infection by fungi named *Candida*, which may need to be treated
- Changes in the number of white blood cells shown up in the results of some blood tests (leukopenia, eosinophilia)
- Feeling stressed (anxiety), feeling confused, feeling nervous, feeling sleepy, trembling, a spinning feeling (vertigo)
- Shortness of breath (dyspnoea)
- Changes in the way things taste, loss of appetite, stomach upset or indigestion (dyspepsia), pain in your stomach area, feeling bloated (flatulence) or constipation
- Itching and skin rash, severe itching or hives (urticaria), sweating too much (hyperhidrosis)
- Joint pain or muscle pain
- Blood tests may show unusual results due to liver (bilirubin increased) or kidney (creatinine increased) problems.
- General weakness

Pregnancy and breast-feeding

Do not take this medicine if
- you are pregnant, might become pregnant or think you may be pregnant.
- you are breast-feeding or planning to breast-feed.

Children and adolescents

This medicine must not be given to children or teenagers.

Driving and using machines

You may get side effects after taking this medicine, including feeling dizzy, sleepy, a spinning feeling (vertigo) or changes to your eyesight. Some of these side effects can affect you being able to concentrate and your reaction speed. If this happens, do not drive or carry out any work that requires a high level of attention.

Levofloxacin AIWA® and Sunlight

Keep out of direct sunlight while taking this medicine and for 2 days after you stop taking it. This is because your skin will become much more sensitive to the sun and may burn, tingle or severely blister.

Warnings and precautions

Talk to your doctor or pharmacist before taking this medicine if
- you are 60 years of age or older.
- you are using corticosteroids, sometimes called steroids.
- you have ever had a fit (seizure).
- you have had damage to your brain due to a stroke or other brain injury.
- you have kidney problems.
- you have something known as 'glucose - 6 - phosphate dehydrogenase deficiency'.
- you have ever had mental health problems.
- you have ever had heart problems: Caution should be taken when using this kind of medicine, if you were born with or have family history of prolonged QT interval (seen on ECG, electrical recording of the heart), have salt imbalance in the blood (especially low level of potassium or magnesium in the blood), have a very slow heart rhythm (called 'bradycardia'), have a weak heart (heart failure), have a history of heart attack (myocardial infarction), you are female or elderly or you are taking other medicines that result in abnormal ECG changes.
- you are diabetic.
- you have ever had liver problems.
- you have myasthenia gravis.
- if you have been diagnosed with leaky heart valves (heart valve insufficiency).
- if there have been cases of aortal aneurysm or aortic dissection or congenital heart valve defects in your family or if there are other risk factors or predisposing (promoting) conditions (e.g. connective tissue diseases such as Marfan syndrome, vascular Ehlers-Danlos syndrome, Turner syndrome, Sjörgen syndrome [an inflammatory autoimmune disease], or vascular disorders such as Takayasu arteritis, giant cell arteritis, Behçet's disease, high blood pressure or known atherosclerosis, rheumatoid arthritis [disease of the joints] or endocarditis [inflammation of the endocardium]).
- you have ever developed a severe skin rash or skin peeling, blistering and/or mouth sores after taking Levofloxacin.

For more information please read the package leaflet!

ANTIBIOTIC • PRESCRIPTION ONLY

ANTIBIOTIC • PRESCRIPTION ONLY

TMS forte® 800mg/160mg

active substance: sulfamethoxazole/trimethoprim (cotrimoxazole)

Application

TMS forte® is a combination of two medicinal agents (sulfamethoxazole and trimethoprim, also called cotrimoxazole) which prevent the metabolism of folic acid (a water-soluble vitamin) by sensitive pathogens (competitive inhibition of folic acid biosynthesis).

Applications of TMS forte®

- Infections of the upper and lower airways.
- Pneumonia caused by *Pneumocystis carinii.*
- Ear, nose and throat infections (except tonsillitis caused by *streptococci*).
- Infections of the kidney and lower urinary tract (bladder, urethra) including short-term treatment and long-term, prophylactic treatment to prevent a relapse.
- Infections of the female and male sexual organs including prostatitis (inflammation of the prostate gland) and various sexually transmitted diseases (excluding syphilis).
- infections of the gastrointestinal tract: shigellosis, travellers' diarrhoea, chronic typhoid carriers. In the following infections, sulfamethoxazole / trimethoprim may be used only when other currently recommended antibiotics cannot be given: typhoid, paratyphoid A and B, salmonella diarrhoea progressing to septic disorders (high fever after the bacteria have invaded the bloodstream) in patients with a weakened immune system,
- brucellosis (a contagious disease transmitted by domestic animals),
- nocardiosis (an infectious disease mainly affecting patients with a weakened immune system),
- fungal pseudomycetoma (a tumour caused by bacteria),
- South American blastomycosis (a skin disease caused by fungi).

Packaging may vary

Ingredients

The active substances are: sulfamethoxazole and trimethoprim. 1 TMS forte® tablet contains 800 mg sulfamethoxazole and 160 mg trimethoprim.
The other ingredients are: Povidone, sodium starch glycolate, magnesium stearate (Ph.Eur.), microcrystalline cellulose.

Method of administration

The tablets are taken whole (not chewed) with sufficient liquid. For severe forms of disease, parenteral administration (injection into a vein or muscle) should be preferred, especially intravenous administration (injection into a vein).

Contents of the pack

TMS forte® are white, capsule-shaped tablets with a score line on one side and "TMS forte" marked on the other side.
TMS forte® is available in packs of 10 and 20 tablets.

Marketing Authorisation Holder and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

ANTIBIOTIC • PRESCRIPTION ONLY

ANTIBIOTIC • PRESCRIPTION ONLY

TMS forte® 800mg/160mg

Duration of treatment

Your doctor will decide how long you should take this medicine. This will depend on your underlying disease and how it progresses. The following information serves as a guideline:

- For bacterial infectious diseases, the duration of treatment depends on how the disease progresses. Normally, a treatment period of 5-8 days is sufficient. In the interests of sustained successful treatment, TMS forte® should be taken for a further 2 to 3 days even after signs of disease have worn off.
- For the treatment of pneumonia caused by Pneumocystis carinii, a minimum treatment period of at least 1 4 days is indicated in the interests of sustained successful treatment.
- Prolonged, preventive treatment in urinary tract infections is 3 to 12 months or even longer if required, to prevent relapse of the disease.

Pregnancy and breast-feeding

TMS forte® may not be used in the first trimester of pregnancy. In the second and third trimester of pregnancy TMS forte® may only be used after a thorough risk-benefit assessment. Although experience to date has shown no indication of any increased risk of malformations in humans, such a risk might exist due to the effect on folic acid metabolism. Newborn infants exposed before childbirth (especially premature infants) are at particular risk of hyperbilirubinaemia (increased levels of bile pigment in the blood). The amounts of active substance found in breast milk are low and generally pose no hazard to the infant. However, as a precaution, newborn infants and babies with a deficiency of glucose-6-phosphate dehydrogenase (an enzyme of sugar metabolism) should not be breast-fed.

Driving and using machines

Very rarely, temporary short-sightedness (myopia) or acute psychosis (mental illness) can occur during treatment with TMS forte®. In this case, you may no longer be able to respond quickly enough or appropriately enough to unexpected and sudden events. Do not drive a car or any other vehicle. Do not use any tools or machines. Do not work without a secure foothold/handhold.

Possible side effects

Common side effects:

- Hypersensitivity reactions occur with varying degrees of severity, such as skin rash (e.g. with wheals, redness, blotches, lumps or small measles-like spots) purpura (pinpoint bleeding of the skin and mucous membranes), photodermatitis (a skin condition caused by exposure to light) and erythema nodosum (disorders with formation of red skin lumps)
- Inflammation of the tongue, gums and mouth linings, pain in the upper abdomen, nausea, vomiting, diarrhoea
- Unusual taste
- Loss of appetite

Warnings and precautions

Do not take TMS forte® in the following cases:

- Hypersensitivity to sulphonamide agents, trimethoprim and related agents (trimethoprim analogues, e.g. tetroxoprim) or one of the mentioned other ingredients of this medicine.
- A severe skin disease with redness and blistering (erythema exsudativum multi-forme), or if you have a past history of this condition.
- Abnormal changes in the blood count: decrease in blood platelets (thrombocytopenia), decrease in certain white blood cells (granulocytopenia), a certain type of anaemia (megaloblastic anaemia).
- Certain red blood cell disorders (congenital glucose-6-phosphate dehydrogenase deficiency and haemoglobin abnormalities such as Hb Köln or Hb Zürich).
- Kidney damage or severely reduced kidney function with a creatinine clearance below 15 ml/min (creatinine clearance is a measure of kidney function).
- Severe liver damage or liver dysfunction (e.g. in acute hepatitis).
- Problems in haemoglobin formation (acute porphyria).
- Premature infants.
- Newborn infants with high levels of bilirubin in the blood (a bile pigment, hyperbilirubinaemia) or with erythrocyte glucose-6-phosphate dehydrogenase deficiency (see above for explanation).

For more information please read the package leaflet!

ANTIBIOTIC • PRESCRIPTION ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE /GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

RESPIRATION • PHARMACY ONLY

NAC AIWA® 600 mg effervescent tablets

active substance: acetylcysteine

MADE IN GERMANY

Application

NAC AIWA® is a medicine for thinning out thick mucus in the airways.

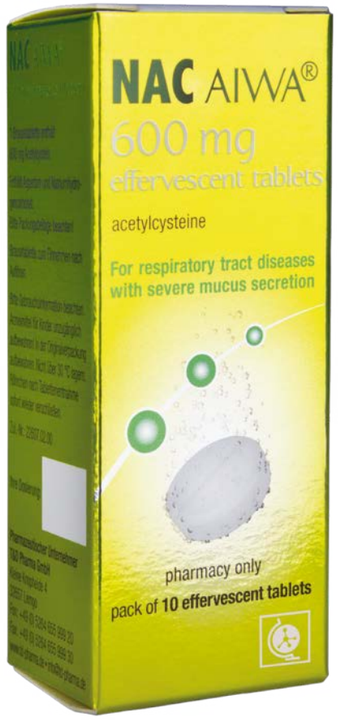
Duration of treatment

Age	Single dose	Total daily dose
Adolescents over 14 years of age and adults	½ effervescent tablet twice a day or 1 effervescent tablet once a day	1 effervescent tablet (equivalent to 600 mg acetylcysteine)

You should contact a doctor if your condition worsens or has not improved after 4-5 days. If you have the impression that the effect of NAC AIWA® is too strong or too weak, talk to your doctor or pharmacist.

Method of administration

Effervescent tablet for oral use after dissolution. The effervescent tablet can be divided into equal doses. Take NAC AIWA® after meals. Please dissolve NAC AIWA® in a glass of drinking water and drink the whole contents of the glass.



Packaging may vary

Ingredients

Each effervescent tablet contains 600 mg acetylcysteine. **The other ingredients are** aspartame, sodium hydrogen carbonate, lemon flavour, anhydrous citric acid (Ph.Eur.).

Applications of NAC AIWA®

- It is used to loosen mucus and makes it easier to cough up in airway diseases with thick mucus.

Contents of the pack

NAC AIWA® are white, flat and round tablets with a score line on one side and a characteristic odour of acetylcysteine and lemon flavour. NAC AIWA® is available in a pack of 10 and 20 effervescent tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

RESPIRATION • PHARMACY ONLY

RESPIRATION • PHARMACY ONLY

NAC AIWA®

Possible side effects

Generalised disorders (uncommon):
Headache, fever, allergic reactions: itching, hives, skin rash, breathlessness, rapid heart rate and drop in blood pressure

Airways (rare):
Shortness of breath, bronchospasm - predominantly in patients with a hyper-reactive bronchial system in bronchial asthma

Digestive tract (uncommon):
Inflammation of the mucous membranes in the mouth, abdominal pain, nausea, vomiting and diarrhoea

There have been very rare reports of bleeding associated with the administration of acetylcysteine, in some cases in conjunction with allergic reactions.

Countermeasures
At the first signs of an allergic reaction (see above), stop taking NAC AIWA 600 mg effervescent tablets. In this case please contact a doctor.

Pregnancy and breast-feeding

As there is insufficient experience with the use of acetylcysteine in pregnant women, you should use NAC AIWA® during pregnancy only if your doctor considers this absolutely necessary.

There is no information about the excretion of acetylcysteine in human milk. You should therefore use NAC AIWA® when breast-feeding only if your doctor considers this absolutely necessary.

Children

NAC AIWA® must not be used in children under 14 years of age because of the high active substance content. Medicines with a lower active substance content are available for this purpose.

Warnings and precautions

Do not take NAC AIWA® 600 mg effervescent tablets if you are allergic to acetylcysteine or any of the other ingredients of this medicine.

There have been very rare reports of severe skin reactions such as Stevens-Johnson syndrome and Lyell's syndrome whose timing was related to the use of acetylcysteine. You should therefore seek medical advice promptly and stop using acetylcysteine if any new changes occur in your skin and mucous membranes.

You should exercise caution if you have bronchial asthma or if you have ever had a stomach ulcer or intestinal ulcer. Caution is required in patients with histamine intolerance. These patients should avoid prolonged therapy, as NAC AIWA® affects the metabolism of histamine and can result in intolerance reactions (e.g. headache, runny nose, itching).

NAC AIWA® 600 mg effervescent tablets contains aspartame as a source of phenylalanine and may be harmful if you have phenylketonuria (a hereditary metabolic disease). One effervescent tablet contains 6.3 mmol (145 mg) of sodium. You should bear this in mind if you have to follow a low-salt diet.

Acetylcysteine/antitussives

When NAC AIWA® and cough suppressants (antitussives) are used at the same time, a dangerous build-up of secretions can occur because of the impaired cough reflex, which means that particular care is required in confirming the indication for this treatment combination.

Acetylcysteine/antibiotics

There is evidence from experimental studies that acetylcysteine weakens the effect of antibiotics (tetracycline, aminoglycosides, penicillins). For safety reasons, therefore, antibiotics should be taken separately and at least two hours before or after acetylcysteine. This does not affect medicines with the active substances cefixime and loracarbef. These can be taken at the same time as acetylcysteine.

For more information please read the package leaflet!

RESPIRATION • PHARMACY ONLY

RESPIRATION • PHARMACY ONLY

Xylo AIWA® 0.05 % solution

active substance: xylometazoline hydrochloride

Packaging may vary

Application

Xylometazoline has vasoconstrictive properties that narrow the blood vessels. In so doing, it reduces swelling of the nasal lining.

Method of administration

Pull off the protective cap from the spray nozzle.

Before the first application, pump several times until a uniform spray emerges. For all other applications the spray is ready to use immediately.

Insert the spray nozzle as vertical as possible in the nostril and pump one time in each nostril.

After application, wipe the spray nozzle clean and replace the protective cap on the bottle.

If you have not used the nasal spray for a few days, the following procedure is required:
- after 4-14 days without use: release one spray into the air.
- after more than 1 4 days without use: release 5 sprays into the air.

Applications of Xylo AIWA® 0.05 % solution

- as a nasal decongestant in cases of acute rhinitis (runny or stuffy nose).
- for sudden attacks of runny nose (vasomotor rhinitis).
- for short-term supportive treatment of allergic rhinitis (runny or stuffy nose) such as hay fever.

Duration of treatment

1 spray of solution is inserted into each nostril up to 3 times daily, as needed. The dosage depends on individual sensitivity and the clinical effect. Xylo AIWA® 0.05% solution must not be used for more than 7 days, unless instructed by a doctor.
In chronic rhinitis, this medicine should be used only under medical surveillance, as there is a risk of shrinkage of the nasal lining.

Ingredients

The active substance is xylometazoline hydrochloride.
1 ml nasal spray, solution contains 0.5 mg xylometazoline hydrochloride. Each spray (approximately 0.09 ml solution) contains 0.045 mg xylometazoline hydrochloride.
Contains benzalkonium chloride

Contents of the pack

Clear, colourless solution. Xylo AIWA® 0,05 % is available in packs of 10 ml nasal spray, solution.

Marketing Authorisation Holder and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

RESPIRATION • PHARMACY ONLY

RESPIRATION • PHARMACY ONLY

Xylo AIWA®

Possible side effects

Common:
- burning sensations and dryness of the nasal lining, sneezing.

Uncommon:
- hypersensitivity reactions (skin rash, itching, swelling of the skin and mucous membranes),
- after the decongestant effect has worn off, increased sensation of a “blocked” nose (increased nasal congestion)

Children and adolescents

This medicine **is** intended for children from 2 to 6 years.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using this medicine.

As the safety of using Xylo AIWA® 0.05% solution during pregnancy and breast-feeding has not been sufficiently demonstrated, Xylo AIWA® 0.05% solution should only be used by pregnant and breast-feeding women on the advice of a doctor and only after he/she has carefully weighed up the risks and benefits.

The recommended dosage must not be exceeded during pregnancy or breast-feeding, as an overdose may interfere with the blood supply to the unborn child or reduce milk production.

Warnings and precautions

There are individual reports of serious side effects (especially respiratory arrest) when used at the recommended dose. Excessive doses must be avoided at all costs.

Talk to your doctor or pharmacist before using Xylo AIWA® 0.05% solution if you:
- are being treated with monoamine oxidase inhibitors (MAO inhibitors) or other medicines that can potentially cause a rise in blood pressure (see “Other medicines and Xylo AIWA® 0.05% solution”),
- have increased inner eye pressure, especially narrow-angle glaucoma,
- have a severe cardiovascular disorder (e.g. coronary heart disease) or high blood pressure (hypertension),
- if you have a heart disease (e.g., Long QT syndrome),
- have an adrenal gland tumour (phaeochromocytoma),
- have a metabolic disorder, e.g. overactive thyroid (hyperthyroidism) or diabetes mellitus,
- have an enlarged prostate gland,
- have porphyria (a metabolic disorder).

For more information please read the package leaflet!

RESPIRATION • PHARMACY ONLY

RESPIRATION • PHARMACY ONLY

Xylo AIWA® 0.1 % solution

active substance: xylometazoline hydrochloride

Packaging may vary

Application

Xylometazoline has vasoconstrictive properties that narrow the blood vessels. In so doing, it reduces swelling of the nasal lining.

Method of administration

Pull off the protective cap from the spray nozzle.

Before the first application, pump several times until a uniform spray emerges. For all other applications the spray is ready to use immediately.

Insert the spray nozzle as vertical as possible in the nostril and pump one time in each nostril.

After application, wipe the spray nozzle clean and replace the protective cap on the bottle.

If you have not used the nasal spray for a few days, the following procedure is required:
- after 4-14 days without use: release one spray into the air;
- after more than 1 4 days without use: release 5 sprays into the air.

Applications of Xylo AIWA® 0.1 % solution

- as a nasal decongestant in cases of acute rhinitis (runny or stuffy nose).
- for sudden attacks of runny nose (vasomotor rhinitis).
- for short-term supportive treatment of allergic rhinitis (runny or stuffy nose) such as hay fever.

Duration of treatment

1 spray of solution is inserted into each nostril up to 3 times daily, as needed. The dosage depends on individual sensitivity and the clinical effect. Xylo AIWA® 0.1% solution must not be used for more than 7 days, unless instructed by a doctor.
In chronic rhinitis, this medicine should be used only under medical surveillance, as there is a risk of shrinkage of the nasal lining.

Ingredients

The active substance is xylometazoline hydrochloride. 1 ml nasal spray, solution contains 1 mg xylometazoline hydrochloride. Each spray (approximately 0.09 ml solution) contains 0.09 mg xylometazoline hydrochloride.
Contains benzalkonium chloride.

Contents of the pack

Clear, colourless solution. Xylo AIWA 0.1% solution is available in packs of 10 ml nasal spray, solution.

Marketing Authorisation Holder and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

RESPIRATION • PHARMACY ONLY

RESPIRATION • PHARMACY ONLY

Xylo AIWA®

Possible side effects

Common:
- burning sensations and dryness of the nasal lining, sneezing.

Uncommon:
- hypersensitivity reactions (skin rash, itching, swelling of the skin and mucous membranes),
- after the decongestant effect has worn off, increased sensation of a “blocked” nose (increased nasal congestion)

Children and adolescents

This medicine **is not** intended for children under 6 years.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using this medicine.

As the safety of using Xylo AIWA® 0.1% solution during pregnancy and breast-feeding has not been sufficiently demonstrated, Xylo AIWA® 0.1% solution should only be used by pregnant and breast-feeding women on the advice of a doctor and only after he/she has carefully weighed up the risks and benefits.

The recommended dosage must not be exceeded during pregnancy or breast-feeding, as an overdose may interfere with the blood supply to the unborn child or reduce milk production.

Warnings and precautions

There are individual reports of serious side effects (especially respiratory arrest) when used at the recommended dose. Excessive doses must be avoided at all costs.

Talk to your doctor or pharmacist before using Xylo AIWA® 0.1% solution if you:
- are being treated with monoamine oxidase inhibitors (MAO inhibitors) or other medicines that can potentially cause a rise in blood pressure (see “Other medicines and Xylo AIWA® 0.05% solution”),
- have increased inner eye pressure, especially narrow-angle glaucoma,
- have a severe cardiovascular disorder (e.g. coronary heart disease) or high blood pressure (hypertension),
- if you have a heart disease (e.g., Long QT syndrome),
- have an adrenal gland tumour (phaeochromocytoma),
- have a metabolic disorder, e.g. overactive thyroid (hyperthyroidism) or diabetes mellitus,
- have an enlarged prostate gland,
- have porphyria (a metabolic disorder).

For more information please read the package leaflet!

RESPIRATION • PHARMACY ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE/GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

LAXATIVE • PHARMACY ONLY

Macrogol plus electrolytes AIWA®

13.7 g powder for oral solution

Active substances: Macrogol 3350, sodium chloride, sodium hydrogencarbonate, potassium chloride

Image is in progress

Application

Macrogol plus Elektrolyte AIWA® is a medicinal product from the group of laxatives for the treatment of constipation in adults, adolescents and elderly. It is not recommended for children below 12 years of age. Macrogol plus electrolytes AIWA® helps you to have a comfortable bowel movement even if you have been constipated for a long time.

Duration of treatment

Treatment with Macrogol plus electrolytes AIWA usually lasts for about 2 weeks. If you have to take Macrogol plus electrolytes AIWA for a longer period of time, please talk to your doctor. If your constipation is caused by an illness such as Parkinson's disease or multiple sclerosis (MS), or if you take medicines that cause constipation your doctor may recommend that you take Macrogol plus electrolytes AIWA® for longer than 2 weeks.
Usually for long term treatment the dose can be lowered to either 1 or 2 sachets a day.

Application of Macrogol plus Elektrolyte AIWA®
13,7 g Pulver
• for the treatment of constipation

Ingredients

Each sachet contains the following active substances:

Macrogol 3350	13.125 g
Sodium chloride	0.3507 g
Sodium hydrogencarbonate	0.1785 g
Potassium chloride	0.0466 g

The other ingredients are:
Macrogol plus Elektrolyte AIWA® also contains orangen-/lime flavour as well as sodium saccharine (E950) as a sweetener and colloidal silica.

Orangen flavour contains following ingredients:
Natural flavours, flavourings, maltodextrin, gum arabic, all-rac-alpha-tocopherol.

Lime flavour contains following ingredients:
Natural flavours, flavourings, maltodextrin, mannitol (Ph. Eur.) (E421), D-glucono-1,5-lacton, sorbitol (Ph. Eur.) (E420), gum arabic, colloidal silica.

Content of the pack

Macrogol plus Elektrolyte AIWA® is a white powder.
Macrogol plus Elektrolyte AIWA® is available in boxes of 10, 20 and 50 sachets with 13.8 g powder each.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

LAXATIVE • PHARMACY ONLY

LAXATIVE • PHARMACY ONLY

Macrogol plus electrolytes AIWA®

Method of administration

This medicine can be taken at any time with or without food. The intake of mixed Macrogol plus electrolytes AIWA® solution does not replace your regular liquid intake; this must be continued further.

Open the sachet and pour the contents into a glass. Add about 125 ml or a half glass of water. Stir well until the powder has dissolved completely and the Macrogol plus electrolytes AIWA® solution is clear or slightly hazy. Now you can drink the solution.

If not otherwise prescribed by your doctor, the recommended dose is: One dose of Macrogol plus electrolytes AIWA® is 1 sachet dissolved in 125 ml water. Take this 1 –3 times a day according to the severity of your constipation.

Possible side effects

Tell your doctor immediately and stop taking Macrogol plus electrolytes AIWA® if:

Other side effects include you get a serious allergic reaction which causes difficulty in breathing, or swelling of the face, lips, tongue or throat.
Allergic reactions which may cause a skin rash, itching, reddening of the skin or a nettle rash, swollen hands, feet or ankles, headaches and high and low levels of potassium in the blood

Sometimes you may have indigestion, stomach ache or rumbles. You may also feel bloated, suffer from wind, feel sick or vomit, may also experience soreness of the anus (bottom) and may have mild diarrhoea when starting to take AIWA®. These side effects generally get better if you reduce the amount of Macrogol plus electrolytes AIWA® you take.

Pregnancy and breast-feeding

Macrogol plus electrolytes AIWA® can be taken during pregnancy and whilst breastfeeding.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Children

Is not recommended for children below 12 years of age.

Warnings and precautions

Do not take Macrogol plus electrolytes AIWA®, if your doctor has told you that you have the following:

- gut blockage or gut obstruction
- risk for having a perforated gut wall (perforation)
- severe inflammatory bowel disease like ulcerative colitis, Crohn's disease or toxic megacolon
- if you are allergic to active substances or any of the other ingredients of this medicine

Talk to your doctor or pharmacist before taking Macrogol plus electrolytes AIWA®.

When taking Macrogol plus electrolytes AIWA® you should continue to take plenty of fluids. The fluid content of Macrogol plus electrolytes AIWA® should not replace your regular liquid intake.

If you experience sudden stomach ache or rectal bleeding while taking Macrogol plus electrolytes AIWA® for bowel preparation, contact your doctor or seek medical attention immediately.

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

If you need to thicken liquids to be able to swallow them safely, Macrogol plus electrolytes AIWA® can counteract the effect of the thickener.

Macrogol plus electrolytes AIWA® contains sodium and sorbitol

Macrogol plus electrolytes AIWA® contains 186.87 mg sodium (main component of cooking/table salt) per sachet. This is equivalent to 9.3 % of the recommended maximum daily dietary intake of sodium for an adult.

The maximum recommended daily dose of this medicine contains 560.61 mg sodium. This is equivalent to 28% of the recommended maximum daily dietary intake of sodium for an adult. Talk to your doctor or pharmacist if you need 3 or more sachets a day for a long time, especially if you are on a low-salt (low-sodium) diet.

This medicine contains 0.8 mg sorbitol per sachet.

For more information please read the package leaflet!

LAXATIVE • PHARMACY ONLY

LAXATIVE • PHARMACY ONLY

Bisacodyl AIWA® 5 mg

active substance: bisacodyl

Packaging may vary

Application

Bisacodyl AIWA® 5 mg is a laxative.

Duration of treatment

For adults and children over 10 years, it is recommended that 1 to 2 Bisacodyl AIWA® 5 mg coated tablets (equivalent to 5-10 mg bisacodyl) are taken once daily in the evening before bedtime. For children aged 2 to 10 years, it is recommended that 1 Bisacodyl AIWA® 5 mg coated tablet (equivalent to 5 mg bisacodyl) is taken once daily in the evening before bedtime. Swallow Bisacodyl AIWA® 5 mg whole with sufficient liquid (preferably a glass of water but not with milk). The onset of action should be immediate, i.e. after 6 to 10 hours.

Applications of Bisacodyl AIWA®

- It is used over short periods for constipation, as well as in disorders requiring bowel movements to be eased.

Method of administration

It is recommended that 1 to 2 Bisacodyl AIWA® 5 mg coated tablets are taken once daily in the evening before bedtime.

Contents of the pack

Yellow, coated oral tablets. Bisacodyl AIWA® 5 mg is available in packs of 20, 40 and 100 gastro-resistant tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

LAXATIVE • PHARMACY ONLY

LAXATIVE • PHARMACY ONLY

Bisacodyl AIWA® 5 mg

Ingredients

Each gastro-resistant tablet contains 5 mg bisacodyl.
Bisacodyl AIWA® 5 mg contains glucose (dextrose), lactose (milk sugar) and sucrose (sugar).
Only take Bisacodyl AIWA® 5 mg after consulting your doctor if you know that you suffer from an intolerance to certain sugars.

Possible side effects

Abdominal cramps, abdominal pain, diarrhoea, nausea may be common. Rarely, dizziness may occur.
These are presumably circulatory reactions due to constipation-related abdominal pain or the discharge process itself.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Since the introduction of bisacodyl in 1952, no undesirable or harmful effects during pregnancy have become known. Studies on the use during pregnancy have not been conducted. Therefore, Bisacodyl AIWA® 5 mg, like all medicines, should only be used during pregnancy after consulting your doctor.

It has been shown that the active substance is not excreted in human milk Bisacodyl AIWA® 5 mg can therefore be used during breast-feeding.

Warnings and precautions

Do not take Bisacodyl AIWA® 5 mg
- if you are allergic to bisacodyl or any of the other ingredients of this medicine.
- if you have a bowel obstruction.
- Do not give to children under 2 years of age.
- in cases of acute inflammatory disorders of the gastrointestinal tract.

Talk to your doctor or pharmacist before taking Bisacodyl AIWA® 5 mg. In constipation, laxatives should be taken only for short periods of time. If you have persistent constipation, you should ask your doctor or pharmacist for advice before taking this medicine.

Treatment is guided by the symptoms. Fluid and salt losses (especially affecting potassium) should be corrected as appropriate.

Children

Bisacodyl AIWA® 5 mg must not be used in children under 2 years of age. Bisacodyl AIWA® 5 mg should only be used in children on doctor's advice.

For more information please read the package leaflet!

LAXATIVE • PHARMACY ONLY

LAXATIVE • PHARMACY ONLY

Lactulose AIWA®

670 mg/ml Solution

active substance: lactulose

Application

Lactulose AIWA® contains a laxative called lactulose. It makes the stool softer and easier to pass, by drawing water into the bowel. It is not absorbed into your body.

Duration of treatment

The recommended dose for constipation:

	Starting dose		Maintenance dose	
Adults and adolescents over 14 years	15-45 ml	corresponding to 10-30 g lactulose	15-30 ml	corresponding to 10-20 g lactulose
Children (7-14 years)	15 ml	corresponding to 10 g lactulose	10-15 ml	corresponding to 7-10 g lactulose
Children (1-6 years)	5-10 ml	corresponding to 3-7 g lactulose		
Babies	up to 5 ml	corresponding to up to 3 g lactulose		

Thereafter the dose can be reduced individually. The daily dose should be taken at once during the breakfast. It can take 2-3 days until the desired effect will be achieved since lactulose is not degraded until it reaches the colon.

Method of administration

Take your doses at the same time each day. The dose may be given once daily, for example during breakfast, or divided up to two doses a day.

Swallow the medicine quickly. Do not keep it in your mouth. You can take Lactulose AIWA® oral solution undiluted or diluted in some liquid. Use the measuring cup provided. During the treatment with laxatives you should drink sufficient amounts of fluids (approx. 2 l/day, equal to 6-8 glasses).

Applications of Lactulose AIWA®

- It treats the symptoms of constipation.
- It treats a special liver disease (portal systemic encephalopathy).

Packaging may vary

Ingredients

1 ml of Lactulose AIWA® solution contains 670 mg lactulose. There are no other ingredients.

Contents of the pack

Lactulose AIWA® is a clear, viscous liquid, colourless or pale brownish-yellow solution. It is available in following packsizes: Browngglass-bottles containing 200 ml, 500 ml or 1000 ml with a polyethylene screw cap or a polypropylene child resistant closure.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49(0)5264655999 20 • Fax +49(0)5264655999 30
info@td-pharma.de • www.td-pharma.de

LAXATIVE • PHARMACY ONLY

LAXATIVE • PHARMACY ONLY

Lactulose AIWA®
670 mg/ml Solution

Possible side effects

Very common:
- diarrhoea

Common:
- flatulence
- nausea
- vomiting
- abdominal pain

Uncommon:
- distuarbance of the-electrolyte balance due to diarrhoea

Not known:
- allergic reactions
- rash
- itching
- hives

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Children

Lactulose AIWA® should not normally be given to infants and smaller children as it can disturb the normal reflexes for passing stools. In special circumstances your doctor may prescribe Lactulose AIWA® for a child, infant or baby. In these cases your doctor will supervise the treatment carefully.

Warnings and precautions

Do not take Lactulose AIWA®:
- if you are allergic to lactulose
- if you suffer from intestinal obstruction (ileus)
- if you suffer from intestinal perforation or an increased risk of intestinal perforation
- if you suffer from (hereditary) fructose intolerance
- if you suffer from (hereditary) galactose intolerance (e.g. galactosaemia).

You should not take this medicine if you suffer from:
- disturbance of the water and electrolyte balance
- acute inflammation of the gastrointestinal tract (combined with abdominal pain, vomiting and fever)
- (hereditary) glucose-galactose malabsorption.

If you have been experiencing constipation for a prolonged period of time, you should consult your doctor and be examined before starting treatment with this medicine. Chronic impairment of bowel movement may be a sign of a more serious illness!

During the treatment with laxatives you should drink sufficient amounts of fluids (1.5 to 2 litres per day, equal to 6-8 glasses). If you have been taking this medicine for several days and feel no improvement or if your symptoms worsen, please consult your doctor. If you have persistent loose stools when taking this medicine for a prolonged period of time, you should not take this medicine and consult your doctor.

Diabetics:
Please note, however, that this medicine contains digestible carbohydrates in 15 ml of syrup, e.g. fructose (fruit sugar), galactose, lactose (milk sugar), corresponding to a maximum of 0.21 bu. Higher doses of this medicine are particularly required in the treatment of portal systemic encephalopathy; an adjustment of your antidiabetic medication may be necessary.

Please note, however, that this medicine contains digestible carbohydrates in 15 ml of syrup, e.g. fructose (fruit sugar), galactose, lactose (milk sugar), corresponding to a maximum of 0.21 bu. Higher doses of this medicine are particularly required in the treatment of portal systemic encephalopathy; an adjustment of your antidiabetic medication may be necessary.

This medicine may increase the loss of potassium induced by other medicines taken at the same time. These include certain diuretics, adrenal hormones (corticosteroids) and the antifungal medication amphotericin B.

In case of potassium deficiency, the sensitivity to cardiac glycosides (e.g. digitoxin) is increased.

Lactulose AIWA contains lactose, galactose and epilactose.

15 ml of lactulose contain 42.7 KJ (10.2 kcals) = 0.21 bu. The dose used for treatment may need to be taken into consideration for diabetics.

For more information please read the package leaflet

LAXATIVE • PHARMACY ONLY

LAXATIVE • PHARMACY ONLY

Lactulose AIWA®

Plum flavour 10 g/15 ml oral solution

Active substance: Lactulose

Packaging may vary

Duration of treatment

The recommended dose is:

	Starting dose		Maintenance dose	
Adults	15 – 45 ml daily	1 – 3 sachets, equivalent to 10 – 30 g lactulose	15 – 30 ml daily	1 – 2 sachets, equivalent to 10 – 20 g lactulose
Adolescents over 14 years	15 – 45 ml daily	1 – 3 sachets, equivalent to 10 – 30 g lactulose	15 – 30 ml daily	1 – 2 sachets, equivalent to 10 – 20 g lactulose
Children and adolescents (7 – 14 years)	15 ml daily	1 sachet, equivalent to 10 g lactulose	15 ml daily	1 sachet, equivalent to 10 g lactulose

For elderly patients (≥ 65 years) and patients with poor kidney or liver function, there are no special dosage recommendations.

Duration of administration: The treatment duration depends on the symptoms. It might take 2 - 3 days for the desired effect to occur because lactulose first has to be broken down in the colon.

Application of Lactulose AIWA® plum flavour

- It treats the symptoms of constipation
- Plum flavour and aroma
- Practical single dosage in sachets

Application

Lactulose AIWA® plum flavour is used to treat the symptoms of constipation.

Ingredients

The active substance is: lactulose.
One sachet (15 ml) of Lactulose AIWA® plum flavour contains 10 g lactulose (as lactulose syrup). The other ingredient is: plum flavouring. The plum flavouring consists of plum extract, ethanol, propylene glycol, flavouring and simple caramel.

Content of the pack

Lactulose AIWA® plum flavour is a clear, colourless to slightly brownish yellow, viscous oral solution with a plum aroma and taste, and is available in packs of 10 and 20 sachets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49(0)5264655999 20 • Fax +49(0)5264655999 30
info@td-pharma.de • www.td-pharma.de

LAXATIVE • PHARMACY ONLY

LAXATIVE • PHARMACY ONLY

Lactulose AIWA®
Plum flavour 10 g/15 ml oral solution

Method of administration

Take your doses at the same time every day. The dose can be taken once daily, for instance at breakfast, or divided into two to three doses per day.
Swallow the medicine quickly. Do not keep it in your mouth.
You can take Lactulose AIWA® plum flavour oral solution undiluted or diluted in liquid.
During treatment with laxatives, you should drink plenty of fluids (approximately 1.5 - 2 L/day, equivalent to 6 - 8 glasses).
The dose should be reduced if diarrhoea occurs.
Lactulose is available in bottles for accurate dosing in babies, infants and children up to 6 years of age.

Possible side effects

The following side effects are known with Lactulose AIWA® plum flavour:

- Flatulence (wind), especially during the first few days of treatment. It usually wears off after a few days.
- Nausea.
- Vomiting.
- An electrolyte imbalance due to diarrhoea may be detected in tests.
- Abdominal pain and diarrhoea may occur if a higher than recommended dose is used.
- Allergic reactions.
- Rash.
- Itching.
- Hives.

The frequency of these side effects is not known, i.e. the frequency cannot be assessed from the available data.

Pregnancy and breast-feeding

Lactulose AIWA® plum flavour can be used during pregnancy and breast-feeding.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Children

Please do not administer Lactulose AIWA® plum flavour to children and adolescents under 14 years of age without firstly contacting your doctor regarding prescription and careful monitoring.

Lactulose is available in bottles for accurate dosing in babies, infants and children up to 6 years of age.

Warning and precautions

Do not take Lactulose AIWA® plum flavour

- if you are allergic to lactulose or any of the other ingredients of this medicine.
- if you suffer from galactosaemia (a serious genetic defect, in which galactose cannot be digested),
- if you suffer from acute inflammatory bowel disease (such as Crohn's disease or ulcerative colitis), a blockage in your bowel (apart from normal constipation), a bowel perforation or risk of a perforation in the gastrointestinal tract, or abdominal pain of unexplained cause.

If you suffer from gastric-cardia (Roemheld syndrome), tell your treating doctor before taking Lactulose AIWA® plum flavour. If you suffer from complaints such as flatulence or a feeling of bloating after use, stop treatment and consult your doctor.

In such cases, the doctor will carefully monitor your treatment.

Long-term use of unadjusted doses (leading to more than 2 - 3 loose stools per day) or abuse can lead to diarrhoea and disturbances of the electrolyte balance.

If you are an elderly patient or a patient in poor general condition and you will be taking lactulose over a period of more than 6 months, your doctor will regularly examine your blood electrolytes.

Please do not use Lactulose AIWA® plum flavour for more than two weeks without medical advice.

During treatment with laxatives, you should drink plenty of fluids (approximately 1.5 - 2 L/day, equivalent to 6 - 8 glasses).

Lactulose can increase the potassium loss caused by other medicines (e.g. thiazides, steroids and amphotericin B). As a result of the potassium deficiency, concomitant ingestion of cardiac glycosides may increase the effect of the glycosides.

Relatively high doses result in a decrease in pH in the colon. Medicines released in the colon pH-dependently (e.g. 5-ASA (5-aminosalicylic acid)) may therefore be inactivated.

Lactulose AIWA® plum flavour may contain small amounts of sugar

Lactulose AIWA® plum flavour may contain small amounts of sugar (lactose, fructose, galactose, tagatose or epilactose). If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

The dose normally used should not pose a problem for diabetes patients. 15 ml lactulose contains 42.7 KJ (10.2 Kcal) = 0.21 BU.Lactulose AIWA plum flavour.

For more information please read the package leaflet!

LAXATIVE • PHARMACY ONLY

GASTRO • PHARMACY ONLY

Panto AIWA® 20 mg
gastro-resistant tablets

active substance: pantoprazole

Packaging may vary

Application

Panto AIWA® 20 mg contains the active substance pantoprazole, which blocks the 'pump' that produces stomach acid. Hence it reduces the amount of acid in your stomach. Panto AIWA® 20 mg is used for the short-term treatment of reflux symptoms (for example heartburn, acid regurgitation) in adults. Reflux is the backflow of acid from the stomach into the gullet ("food pipe"), which may become inflamed and painful. This may cause symptoms such as a painful burning sensation in the chest rising up to the throat (heartburn) and a sour taste in the mouth (acid regurgitation).

Ingredients

The active substance is pantoprazole. Each gastro-resistant tablet contains 20 mg pantoprazole (as sodium sesquihydrate 1.5 H2O). The other ingredients are:
Tablet core: mannitol (Ph.Eur.), sodium carbonate, carboxymethyl starch sodium (type A), methacrylic acid-ethyl acrylate copolymer, calcium stearate (Ph.Eur.);
Tablet coating: Opadry White OY-D-7233, consisting of: hypromellose, titanium dioxide (E171), talc, macrogol 400, sodium dodecyl sulphate;
Gastro-resistant coating: Kollicoat MAE 30 DP, yellow, consisting of: methacrylic acid-ethyl acrylate copolymer dispersion 30%, propylene glycol, iron(III) oxide-hydroxide x H2O (E172), titanium dioxide (E171), talc, purified water.

Applications of Panto AIWA® 20 mg

- short-termt treatment of reflux symptoms (e.g. heartburn, acid regurgitation) in adults.

Method of administration

Take the tablet before a meal, at the same time every day. You should swallow the tablet whole with some water. Do not chew or break the tablet.

Duration of treatment

The recommended dose is one tablet a day. Do not exceed this recommended daily dose of 20 mg pantoprazole.
You should take this medicine for at least 2-3 consecutive days. Stop taking Panto AIWA® 20 mg when you are completely symptom-free. You may experience relief from your acid regurgitation and heartburn symptoms after just one day of treatment with Panto AIWA® 20 mg, but this medicine is not meant to bring immediate relief. If you have no symptom-relief after taking this medicine for 2 weeks continuously, consult your doctor. Do not take Panto AIWA® 20 mg for more than 4 weeks without consulting your doctor.

Contents of the pack

The gastro-resistant tablets are oval, biconvex and pale yellow. ALU/ALU blister packs with 7 and 14 gastro-resistant tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30 info@
td-pharma.de • www.td-pharma.de

GASTRO • PRESCRIPTION ONLY

GASTRO • PRESCRIPTION ONLY

Panto AIWA® 20 mg
gastro-resistant tablets

Possible side effects

Severe hypersensitivity reactions (rare): may affect up to 1 in 1,000 patients
Hypersensitivity reactions, so-called anaphylactic reactions, anaphylactic shock and angioedema. Typical symptoms are:
swelling of the face, lips, mouth, tongue and/or throat, which may cause difficulty in swallowing or breathing; wheals (hives); severe dizziness with very fast heartbeat and heavy sweating.
Severe skin reactions (frequency not known: frequency cannot be estimated from the available data):
rash with swelling, blistering or peeling of the skin, losing skin and slight bleeding around eyes, nose, mouth or genitals and rapid deterioration of your general health, or rash when exposed to the sun.
Other severe reactions (frequency not known): yellowing of the skin and eyes (due to severe liver damage) or kidney problems such as painful urination and lower back pain with fever.
Other possible side effects include: Frequently observed side effects (up to 1 out of 10 users may be concerned): Benign gastric polyps
Uncommon side effects (may affect up to 1 in 100 patients)
headache, dizziness, diarrhoea, nausea, vomiting, bloating and flatulence, constipation, dry mouth, pain and discomfort in the upper abdomen, skin rash or hives, itching, feeling weak, exhausted or generally unwell, sleep disorders, increase in liver enzymes in blood tests.
Rare side effects (may affect up to 1 in 1,000 patients)
distortion or complete lack of the sense of taste, disturbances in vision such as blurred vision, pain in the joints, muscle pains, weight changes, raised body temperature, swelling of the extremities, depression, increased bilirubin and fat levels in blood (seen in blood tests), breast enlargement in males, high fever and a sharp drop in circulating granular white blood cells (seen in blood tests).
Very rare side effects (may affect up to 1 in 10,000 patients)
disorientation; reduction in the number of blood platelets, which may cause you to bleed or bruise more than normal; reduction in the number of white blood cells, which may lead to more frequent infections; coexisting abnormal reduction in the number of red and white blood cells as well as platelets (seen in blood tests).
Frequency not known (frequency cannot be estimated from the available data):
hallucinations, confusion (especially in patients with a history of these symptoms), decreased level of sodium in the blood, decreased level of magnesium in the blood. Inflammation of the colon causing persistent watery.

Pregnancy and breast-feeding

You should not take this medicine if you are pregnant or breast-feeding. If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Children and teenagers

Panto AIWA® 20 mg should not be used by children and teenagers under 18 years of age due to a lack of safety information for this age group.

Driving and using machines

If you experience side effects like dizziness or disturbed vision, you should not drive or use machines.

Warnings and precautions

Do not take Panto AIWA® 20 mg
- if you are allergic to pantoprazole or any of the other ingredients of this medicine
- if you are taking a medicine containing atazanavir (for the treatment of an HIV-infection). See "Other medicines and Panto AIWA® 20 mg".

Please talk to your doctor before taking Panto AIWA® 20 mg
- if you have been treated for heartburn or indigestion continuously for 4 or more weeks.
- if you are over 55 years old and taking non-prescription medicines for indigestion on a daily basis.
- if you are over 55 years old and have any new or ecently changed reflux symptoms.
- if you have had a gastric ulcer or stomach surgery.
- if you have liver problems or jaundice (yellowing of skin or eyes).
- if you regularly see your doctor for serious complaints or conditions.
- if you are due to have an endoscopy or a breath test called 13C urea breath test.

Tell your doctor immediately, before or after taking this medicine, if you notice any of the following symptoms, which could be a sign of another, more serious, disease:
- unintentional weight loss (not related to a diet or an exercise programme)
- vomiting, particularly if repeated
- vomiting blood; this may appear as dark coffee grounds in your vomit
- blood in your stool; which may be black or tarry in appearance
- difficulty in swallowing or pain when swallowing
- you look pale and feel weak (anaemia)
- chest pain
- stomach pain
- severe and/or persistent diarrhoea, because this medicine has been associated with a small increase in infectious diarrhoea.

Your doctor may decide that you need some tests.

Please consult your doctor before you take this drug if
- you are about to undergo a creatin blood test (Chromogranin A)

You may experience relief from your acid reflux and heartburn symptoms after just one day of treatment with Panto AIWA® 20 mg, but this medicine is not meant to bring immediate relief. You should not take it as a preventive measure.

If you have been suffering from recurrent heartburn or indigestion for a longer period of time, remember to see your doctor regularly.

Panto AIWA® 20 mg may influence the effectiveness of other medicines. Please refer to the information in the package leaflet.

For more information please read the package leaflet!

GASTRO • PRESCRIPTION ONLY

GASTRO • PRESCRIPTION ONLY

Panto AIWA® 40 mg
gastro-resistant tablets

active substance: pantoprazole

Packaging may vary

Application

Panto AIWA® 40 mg contains the active substance pantoprazole. Panto AIWA® 40 mg is a so-called selective proton pump inhibitor, a medicine that causes less acid to be produced in the stomach. It is used to treat acid-relaated disorders of the stomach and intestines.

Method of administration

Take the tablets 1 hour before a meal without chewing or crushing them. Swallow the tablets whole with some water without chewing them.

Applications of Panto AIWA® 40 mg

- Reflux oesophagitis. This is inflammation of the gullet, associated with the backfl ow of stomach acid.
- Infections with the bacterium Helicobacter pylori in patients with duodenal and stomach ulcers, in combination with two antibiotics (eradication therapy). The aim of this treatment is to destroy the bacteria and hence reduce the probability that these ulcers will reoccur.
- Stomach ulcers and duodenal ulcers.
- Zollinger-Ellison syndrome and other disorders where too much acid is produced in the stomach.

Ingredients

The active substance is pantoprazole.
Each gastro-resistant tablet contains 20 mg pantoprazole (as pantoprazole sodium sesquihydrate). The other ingredients are: tablet core: Mannitol (Ph.Eur.), sodium carbonate, sodium starch glycolate (type A), methacrylic acid-ethyl acrylate copolymer, calcium stearate (Ph. Eur.) [plant-based]; tablet coating: Opadry white 0Y-D-7233, consisting of: hypromellose, titanium dioxide (E171), talc, macrogol 400, sodium dodecyl sulphate; gastro-resistant coating: Kollicoat MAE 30 DP yellow, consisting of: methacrylic acid-ethyl acrylate copolymer dispersion 30%, propylene glycol, iron(III) hydroxide oxide x H2O (E172), titanium dioxide (E171), talc, purified water.

Contents of the pack

Elliptic, biconvex, dark yellow gastro-resistant tablet. Alu/Alu blisters with 14 gastro-resistant tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

GASTRO • PRESCRIPTION ONLY

Panto AIWA® 40 mg
gastro-resistant tablets

Duration of treatment

The recommended dose depends on the condition being treated. Your doctor will prescribe you a dosage.
Adults and adolescents aged 12 years and older:
For treatment of reflux oesophagitis
The usual dose is one tablet daily. Your doctor may tell you to increase to 2 tablets daily. The duration of treatment in reflux oesophagitis is generally between 4 and 8 weeks. You doctor will tell you how long you should take your medicine.

Adults:
For treatment of infections with the Helicobacter pylori bacterium in patients with duodenal and stomach ulcers, in combination with two antibiotics (eradication therapy)
One tablet twice daily plus two antibiotic tablets, either amoxicillin, clarithromycin and metronidazole (or tinidazole), each twice daily together with the pantoprazole tablets. Take the first pantoprazole tablet 1 hour before breakfast, the second pantoprazole tablet 1 hour before your evening meal. Follow all of your doctor's instructions and read the antibiotic package leaflets carefully.
The usual duration of treatment is one to two weeks.

For treatment of stomach and duodenal ulcers
The usual dose is one tablet daily. After consultation with your doctor, the dose can be doubled. Your doctor will tell you how long you should keep taking the medicine. The duration of treatment for stomach ulcers is generally between 4 and 8 weeks. The duration of treatment for duodenal ulcers is generally between 2 and 4 weeks.

For long-term therapy of Zollinger-Ellison syndrome and other diseases where too much acid is produced in the stomach
The recommended starting dose is normally two tablets daily.
Take both tablets 1 hour before a meal. Depending on how much acid your stomach is producing, your doctor may further adjust the dose later on. If your doctor has prescribed you more than two tablets daily, the tablets should be taken twice daily.
If the doctor prescribes you a daily dose of more than four tablets, he/she will tell you exactly when you should stop taking the medicine.

Pregnancy and breast-feeding

There are no adequate data from the use of pantoprazole in pregnant women. Excretion of the active substance in human milk has been reported.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine. If you are pregnant, you should use this medicine only if your doctor thinks that the benefit to you is greater than the potential risk to your unborn child.

Driving and using machines

Panto AIWA® 40 mg has no or little influence on the ability to drive and use machines.

If you experience side effects such as dizziness or visual disturbances, you should not drive or use machines.

Children and adolescent

These tablets are not recommended for children below 12 years.

GASTRO • PRESCRIPTION ONLY

GASTRO • PRESCRIPTION ONLY

Panto AIWA® 40 mg
gastro-resistant tablets

Possible side effects

Serious allergic reactions (frequency: rare; affecting 1 to 10 in 10,000 patients treated):
Swelling of the tongue and/or throat, swallowing difficulties, nettle rash (hives), breathing difficulties, allergic facial swelling (Quincke's oedema / angioedema), severe dizziness with very rapid heartbeat and severe bouts of sweating.

Serious skin reactions (frequency: not known: frequency cannot be estimated from the available data):
Blistering of the skin and rapid deterioration of the general condition, skin erosions (including mild bleeding) of the eyes, nose, mouth/lips or genitals (Stevens-Johnson syndrome, Lyell's syndrome, erythema multiforme) and sensitivity to light.

Other serious reactions (frequency: not known: frequency cannot be estimated from the available data):
Yellowing of the skin and eyeballs (severe liver cell damage, jaundice) or fever, skin rash and enlarged kidneys, which can lead to painful urination and pain in the lower back area (serious kidney inflammation) and which may lead to kidney failure if it possibly progresses.

Other known side effects:
Frequently observed side effects (up to 1 out of 10 users may be concerned): Benign gastric polyps

Uncommon (affecting 1 to 10 in 1,000 patients treated)
Headache, dizziness, diarrhoea, nausea, vomiting, flatulence and escape of intestinal gases, constipation, dry mouth, abdominal pain and feeling unwell, skin rash, exanthem, eruption, itching, feeling weak, feeling exhausted or generally feeling unwell, sleep disorders, bone fractures (of the hip, wrist or spine).

Rare (affecting 1 to 10 in 10,000 patients treated)
Change or complete loss of the sense of taste, visual disturbances such as blurred vision, nettle rash, joint pain, muscle pain, weight changes, increased body temperature, high fever, swelling of the limbs (peripheral oedema), allergic reactions, depression, male breast enlargement.

Very rare (affecting less than 1 in 10,000 patients treated)
Disorientation.

Not known (cannot be estimated from the available data)
Hallucinations, confusion (especially among patients who already have a medical history of these symptoms), decrease in blood sodium level, decrease in blood magnesium level (see section 2), feeling of tingling or prickling, burning or feeling numb; rash, possibly associated with pain in the joints. Inflammation of the colon causing persistent watery diarrhoea

Side effects identified by blood tests
Uncommon (may affect up to 1 in 100 patients treated)
Rise in liver enzyme levels.

Rare (may affect up to 1 in 1,000 patients treated)
Rise in bilirubin levels; increased blood fat levels, sudden sharp decrease in certain circulating white blood cells (granulocytes), associated with high fever.

Very rare (affecting less than 1 in 10,000 patients treated)
Decrease in the number of blood platelets, which may possibly cause an increased tendency for bleeding and bruising; decrease in the number of white blood cells, which may possibly lead to increased occurrence of infections; excessive decrease in red and white blood cells and platelets, occurring all at the same time.

GASTRO • PRESCRIPTION ONLY

GASTRO • PRESCRIPTION ONLY

Panto AIWA® 40 mg
gastro-resistant tablets

Warnings and precautions

Do not take Panto AIWA® 40 mg
- if you are allergic (hypersensitive) to pantoprazole or any of the other ingredients of this medicine
- if you are allergic to medicines containing other proton pump inhibitors.

Talk to your doctor or pharmacist before taking Panto AIWA® 40 mg:
- if you have a severe liver disorder. Please tell your doctor if you have ever had any liver complaints. He will then monitor your liver enzyme levels more frequently, especially if you are taking Panto AIWA® as long-term therapy. If liver enzyme levels rise, treatment should be discontinued.
- if you have low vitamin B12 reserves or special risk factors for vitamin B12 deficiency and are taking pantoprazole as long-term therapy. Like all antacids, pantoprazole can lead to poorer absorption of vitamin B12 by the body.
- if, at the same time as pantoprazole, you are taking medicines containing atazanavir (to treat an HIV infection).

For more information, ask your doctor for advice.
- Taking proton pump inhibitors such as pantoprazole can slightly increase your risk of hip, wrist and spinal fractures, especially if taken over a period of more than one year. Tell your doctor if you have osteoporosis or if you are taking corticosteroids (these can increase the risk of osteoporosis).
- If you use Panto AIWA® 40 mg for more than three months, the magnesium level in your blood may decrease. Low magnesium levels may manifest as exhaustion, involuntary muscle contractions, confusion, seizures, a feeling of dizziness and an increased heart rate. If you experience any of these symptoms, tell your doctor immediately. Low magnesium levels can also lead to a reduction in potassium and calcium levels in the blood. Your doctor may carry out regular blood tests to monitor your magnesium levels.
- If you have had skin reactions as a result of treatment with a medicine similar to Panto AIWA® 40 mg which also reduces stomach acid. If you experience a skin rash, especially in skin areas exposed to the sun, tell your doctor immediately, as you may have to discontinue treatment with Panto AIWA® 40 mg. Also, do not forget to mention other harmful effects on the health, such as joint pain.

Tell your doctor immediately if you experience any of the following symptoms. Tell your doctor immediately, before or during treatment, especially if you notice any of the following symptoms that may indicate another serious disease:
- Unintentional weight loss
- Vomiting, especially repeated vomiting
- Vomiting of blood, which may look like dark coffee grounds in the vomit
- Blood in stool, which may appear black or tarry
- Difficulties or pain on swallowing
- Paleness and a feeling of weakness (anaemia)
- Chest pain
- Stomach ache
- Severe and/or persistent diarrhoea, as this medicine is associated with a slight rise in the risk of infectious diarrhoeal diseases.

Your doctor may arrange for some tests to rule out malignant disease, as pantoprazole can also alleviate the symptoms of cancer and thereby delay the detection of cancer. If symptoms persist despite treatment, further tests must be considered.

Please consult your doctor before you take this drug if
- You are about to undergo a creatin blood test (Chromogranin A)

If you take Panto AIWA® 40 mg over a prolonged period (more than 1 year), it is likely that your doctor will monitor you regularly. At each appointment, tell him about any new and out-of-the-ordinary symptoms and circumstances.

For more information please read the package leaflet!

GASTRO • PRESCRIPTION ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE/GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

UROLOGY • PHARMACY ONLY

AIWA® **Urogard Harntee**

active substance: Birch leaves dry extract
Orthosiphon leaves dry extract
Goldenrod dry extract

MADE IN GERMANY

Description

Urogard Harntee is a herbal medicine used to flush (irrigate) the urinary tract. It is used for irrigation in inflammatory diseases of the lower urinary tract and to prevent kidney stones. In the event of blood in urine, fever or if symptoms persist for more than 5 days, a doctor must be consulted.

Method of administration

Once dissolved, for oral use. Please dissolve 1 measuring spoon (3.2 g) of granules in about 150 ml of cold or hot water and drink the entire content of the cup.

Ingredients

138 mg birch leaves dry extract (4.3-7.7 : 1), extracting agent: water. 83 mg orthosiphon leaves dry extract (4.5-7.1 : 1), extracting agent: water. 68 mg goldenrod dry extract (5.0-7.1 : 1), extracting agent: water. **The other ingredients are:** Glucose monohydrate (Ph. Eur.), sucrose (saccharose), lactose monohydrate, glucose syrup, maltodextrin, colloidal anhydrous silica, bitter fennel oil, anise oil, juniper berry oil, peppermint oil, lemon oil.

Benefits of AIWA® Urogard Harntee

- Urogard Harntee is a herbal medicine used to flush (irrigate) the urinary tract.
- Urogard Harntee is used for irrigation in inflammatory diseases of the lower urinary tract and to prevent kidney stones.

Packaging may vary

Contents of the pack

Urogard Harntee is presented as light-brown or brownish granules in a brown glass with a plastic screw cap and a measuring spoon. Urogard Harntee is available in packs of 120 g.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

UROLOGY • PHARMACY ONLY

UROLOGY • PHARMACY ONLY

AIWA® **Urogard Harntee**

Warnings and precautions

Children
No adequate studies are available on the use of Urogard Harntee in children.

For this reason, this medicine should not be used in children under 12 years.

Other medicines and Urogard Harntee
Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines, including medicines obtained without a prescription.

Taking Urogard Harntee with food, drink and alcohol
No known special warnings.

Pregnancy and breast-feeding
Ask your doctor for advice before taking/using any medicine. Due to insufficient studies, Urogard Harntee should not be used during pregnancy and breast-feeding.

Driving and using machines
No known special warnings.

Important information about some of the ingredients of Urogard Harntee
This medicine contains glucose, lactose and sucrose. If you have been told that you have an intolerance to some sugars, please contact your doctor before taking Urogard Harntee.

1 measuring spoonful contains 2.73 g sugar (glucose and sucrose), equivalent to approximately 0.2 bread units (BU). You should take this into consideration if you are on a diabetic diet.

Urogard Harntee can be harmful to the teeth (dental caries).

Possible side effects

Very rarely (in less than 1 in 10,000 patients treated), gastrointestinal complaints (nausea, vomiting, diarrhoea) or allergic reactions (skin rash, swelling, itching) may occur. At the first signs of a hypersensitivity reaction (allergy), you must stop taking Urogard Harntee.

Do not take Urogard Harntee

- if you are allergic (hypersensitive) to birch pollen, birch leaves, goldenrod or orthosiphon leaves.
- if you are allergic (hypersensitive) to peppermint oil or any of the other ingredients of this medicine.
- if you have rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase deficiency.
- if you have an oedema (tissue fluid accumulation) due to poor heart and kidney function

For more information please read the package leaflet!

UROLOGY • PHARMACY ONLY

UROLOGY • PHARMACY ONLY

Nieral® 116.4 mg tablets

active substance: pure goldenrod dry extract

Application

Nieral® 116.4 mg is a herbal medicinal product for irrigation (flushing out) of the urinary tract.

Method of administration

Unless otherwise prescribed, adults and children aged 12 years and older take 3 tablets 3 times daily with plenty of water. Care should be taken to ensure adequate hydration. The duration of use is generally not restricted and depends on the type, severity and course of the disease.

Ingredients

1 tablet contains: Active substances: 116.4 mg dry extract of pure goldenrod (5-7:1), extracting agent: ethanol 60 % (v/v). **Other ingredients:** colloidal anhydrous silica, crospovidone, talc, microcrystalline cellulose. Nieral® 100 contains less than 0.1 bread units per tablet.

Applications of Nieral® 116.4 mg tablets

- for irrigation (flushing out) in inflammatory disorders of the lower urinary tract, urinary stones and renal gravel
- for preventive treatment in urinary stones and renal gravel

Packaging may vary

Contents of the pack

Original packs with 60, 120 tablets.

Marketing Authorisation Holder and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

UROLOGY • PHARMACY ONLY

UROLOGY • PHARMACY ONLY

Nieral® 116.4 mg tablets

Possible side effects

Not known: frequency cannot be estimated from the available

- gastro-intestinal complaints (nausea, vomiting, diarrhoea)
- hypersensitivity reactions (itching, rashes)

If side effects occur, the product should be stopped and a doctor consulted. He/she can assess their severity and decide on any further measures that may be required. At the first signs of a hypersensitivity reaction, you must stop taking Nieral® 116.4 mg.

Pregnancy and breast-feeding

Nieral® 116.4 mg should not be used during pregnancy or breast-feeding, as there are no adequate studies.

Children

No adequate studies are available on the use of this medicine in children. It should therefore not be used in children under 12 years.

Warnings and precautions

Talk to your doctor or pharmacist before taking Nieral® 116.4 mg.

Do not use Nieral® 116.4 mg,

- if you are known to be hypersensitive (allergic) to goldenrod, other composite plants or any of the other ingredients of this medicine.
- if you have conditions where a reduced fluid intake is recommended, e.g. severe cardiac or renal diseases.

Irrigation therapy must not be performed in patients with oedema (tissue fluid accumulation) as a result of impaired heart or kidney function.

A doctor must be consulted if you experience blood in urine, fever or if symptoms persist for more than 5 days. Concomitant treatment with synthetic diuretics is not recommended.

For more information please read the package leaflet!

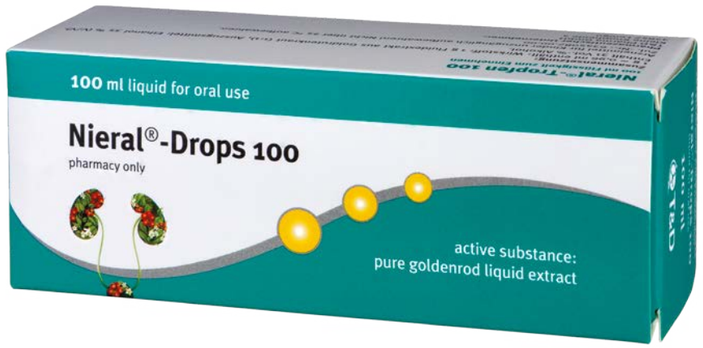
UROLOGY • PHARMACY ONLY

UROLOGY • PHARMACY ONLY

Nieral®-Drops 100

100 mg/ml solution

Active substance: goldenrod liquid extract



Packaging may vary

Application

Nieral®-Drops 100 is a herbal medicinal product for irrigation (flushing out) of the urinary tract.

Ingredients

1 g = 0.96 ml contains: 1 g liquid extract of goldenrod (1:1), extracting agent: ethanol 35% (v/v). 1 g Nieral®-Drops 100 is equivalent to 21 drops.
Nieral®-Drops 100 contains less than 0.2 bread units per each gram of liquid

Applications of Nieral®-Drops 100

- for irrigation (flushing out) in inflammatory disorders of the lower urinary tract, urinary stones and renal gravel
- for preventive treatment in urinary stones and renal gravel

Method of administration

Unless otherwise prescribed, adults and adolescents aged 12 years and older take 50 drops 5 times daily with plenty of water (about 1/2 glassful). Care should be taken to ensure adequate hydration throughout the entire duration of treatment.
The duration of use is generally not restricted and depends on the type, severity and course of the disease.

Contents of the pack

Nieral® 100 is a dark brown to greenish-brown solution for oral use in brown glass bottles with dropper insert and screw cap.
Original packs with 30 ml and 100 ml liquid.

Marketing Authorisation Holder and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

UROLOGY • PHARMACY ONLY

UROLOGY • PHARMACY ONLY

Nieral®-Drops 100

Possible side effects

Not known: frequency cannot be estimated from the available

- gastro-intestinal complaints (nausea, vomiting, diarrhoea)
- hypersensitivity reactions (itching, rashes)

If side effects occur, the product should be stopped and a doctor consulted. He/she can assess their severity and decide on any further measures that may be required. At the first signs of a hypersensitivity reaction, you must stop taking Nieral®-Drops 100.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.
Nieral®-Drops 100 should not be used during pregnancy or breast-feeding, as there are no adequate studies.

Children

No adequate studies are available on the use of this medicine in children. It should therefore not be used in children under 12 years.
Nieral®-Drops 100 contains 31 vol.-% alcohol.

Warnings and precautions

Do not use Nieral®-Drops 100,

- if you are known to be hypersensitive (allergic) to goldenrod, other composite plants or any of the other ingredients of this medicine.
- if you have conditions where a reduced fluid intake is recommended, e.g. severe cardiac or renal diseases.

Irrigation therapy must not be performed in patients with oedema (tissue fluid accumulation) as a result of impaired heart or kidney function.

A doctor must be consulted if you experience blood in urine, fever or if symptoms persist for more than 5 days.
Concomitant treatment with synthetic diuretics is not recommended.

For more information please read the package leaflet!

UROLOGY • PHARMACY ONLY

UROLOGY • PRESCRIPTION ONLY

Tamsulin AIWA® 0.4 mg

active substance: tamsulosin hydrochloride

Packaging may vary

Application

Tamsulin AIWA® is used in men for the treatment of the complaints of the lower urinary tract associated with an enlarged prostatic gland (benign prostatic hyperplasia). These complaints may include difficulty urinating (poor stream), dribbling, urgency and having to urinate frequently at night as well as during the day.

Duration of treatment

Tamsulin AIWA® is usually prescribed for long-term treatment. The effects of Tamsulin AIWA® on the bladder and urination are achieved over a long time.

Method of administration

The recommended dose is 1 hard capsule daily after breakfast or after the first meal of the day. The hard capsule must be swallowed whole without being crushed or chewed.

Applications of Tamsulin AIWA®

- It is used for the treatment of men with symptoms in the lower urinary tract region associated with benign enlargement of the prostate (known as benign prostatic hyperplasia).

Ingredients

One prolonged-release capsule, hard contains 0.4 mg tamsulosin hydrochloride, equivalent to 0.367 mg tamsulosin. **The other ingredients are: Capsule content:** sodium alginate, methacrylic acid-ethyl acrylate copolymer (1:1), glycerol dibehenate, maltodextrin, sodium dodecyl sulphate, Macrogol 6000, polysorbate 80, sodium hydroxide, 30 % simeticone emulsion, colloidal silicon dioxide. **Capsules:** gelatin, purified water, red iron oxide (E172), titanium dioxide (E171) and yellow hydroxide oxide x H2O (E172).

Contents of the pack

Tamsulin AIWA® are prolonged-release hard capsules. The hard capsules are orange with white to yellowish granules. Tamsulin AIWA® 0.4 mg prolonged-release capsules, hard are packaged in PVC/PVDC and aluminium blister packs with 30 prolonged-release hard capsules.

Pharmaceutical Company

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

UROLOGY • PRESCRIPTION ONLY

UROLOGY • PRESCRIPTION ONLY

Tamsulin AIWA®

Possible side effects

Common:
Dizziness, particularly when going to sit or stand up.
Abnormal ejaculation. This means that the seminal fluid does not leave the body via the urethra, but instead enters the bladder (retrograde ejaculation) or the volume of the seminal fluid is reduced or absent (no ejaculation). This phenomenon is harmless.

Uncommon:
Headache, heart beats more rapidly than normal and it is also noticeable), reduced blood pressure e.g. when getting up quickly from a seating or lying position sometimes associated with dizziness, runny or blocked nose (rhinitis), diarrhoea, feeling sick and vomiting, constipation, weakness, rashes, itching and hives (urticaria).

Rare:
Faintness and sudden local swelling of the soft tissues of the body (e.g. the throat or tongue), difficult breathing and/or itching and rash, often as an allergic reaction (angioedema)

Very rare:
Priapism (painful prolonged unwanted erection for which immediate medical treatment is required)
Rash, inflammation and blistering of the skin and/or mucous membranes of the lips, eyes, mouth, nasal passages or genitals (Stevens-Johnson syndrome)

Not known:
Blurred vision, visual disturbances, nose bleeding, dry mouth, serious rashes rash (erythema multiforme, exfoliative dermatitis), abnormal irregular heart rhythm (atrial fibrillation, arrhythmia, tachycardia), difficulty breathing (dyspnoea).
If you have been eye surgery because of cloudiness of the lens (cataract) or high eye pressure (glaucoma) and taking or have been taken Tamsulin AIWA the pupil can dilate insufficiently and the iris slackens during the procedure.

Children

Do not give this medicine to children or adolescent under 18 years because it does not work in this population.

Pregnancy and breast-feeding

Tamsulin AIWA is not indicated for use in women.

Warnings and precautions

Do not take Tamsulin AIWA®
- if you are allergic to tamsulosin hydrochloride or any of the other ingredients in Tamsulin AIWA®. Hypersensitivity may present as sudden local swelling of soft tissues of the body (e.g. the throat or tongue), difficult breathing and/or itching and rash (angioedema)
- if you suffer from severe liver problems,
- if you suffer from fainting due to reduced blood pressure when changing posture (going to sit or stand up).

Talk to your doctor or pharmacist before taking Tamsulin AIWA®
- Periodic medical examinations are necessary to monitor the development of the condition you are being treated for.
- Rarely, fainting can occur during the use of tamsulosin, as with other medicinal products of this type. At the first signs of dizziness or weakness you should sit or lie down until they have disappeared.
- if you suffer from severe kidney problems, tell your doctor
- if you are undergoing or have been scheduled for eye surgery because of cloudiness of the lens (cataract) or high eye pressure (glaucoma). Please inform your eye specialist that you have previously used, are planning to use this medicine. The specialist can then take appropriate precautions with respect to medication and surgical techniques to be used. Ask your doctor whether or not you should postpone or temporarily stop taking this medicine when undergoing eye surgery because of a cloudy lens or high eye pressure.

Driving and using machines

No data is available on whether tamsulosin adversely affects the ability to drive or operate machines. However, you should bear in mind dizziness can occur, in which case you should not undertake in these activities that requires attentiveness.

For more information please read the package leaflet!

UROLOGY • PRESCRIPTION ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE/GASTRO

UROLOGY

DIABETES/METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

DIABETES • PRESCRIPTION ONLY

Metformin AIWA® 500 mg

active substance: metformin hydrochloride

Packaging may vary

Application

Metformin AIWA® contains metformin, a medicine to treat diabetes. It belongs to a group of medicines called biguanides.

Duration of treatment

Children 10 years and over and adolescents usually start with 500 mg Metformin AIWA® once a day. The maximum daily dose is 2000 mg taken as 4 divided doses. Treatment of children between 10 and 12 years of age is only recommended on specific advice from your doctor, as experience in this age group is limited. Adults usually start with 500 mg Metformin AIWA® two or three times a day. The maximum daily dose is 3000 mg taken as 6 divided doses. However, when taking several tablets a higher strength dosage/tablet is recommended.

Applications of Metformin AIWA®

- It is used to treat patients with type 2 diabetes (also called 'non-insulin dependent diabetes') when diet and exercise alone have not been enough to control your blood glucose levels.
- It is used particularly in overweight patients.

Method of administration

Take Metformin AIWA® with or after a meal. This will avoid you having side effects affecting your digestion. Do not crush or chew the tablets. Swallow each tablet with a glass of water.

Ingredients

One film-coated tablet of Metformin AIWA® 500 mg contains 500 mg metformin hydrochloride corresponding to 390 mg metformin base. **The other ingredients are** hypromellose (15,000 mPas), povidone (K 25), magnesium stearate (Ph. Eur.) [vegetable], hypromellose (5 mPas), macrogol 6000, titanium dioxide (E 171).

Contents of the pack

Metformin AIWA® 500 mg film-coated tablets are white, round and biconvex. The tablets are supplied in blister packs of 30 film-coated tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

DIABETES • PRESCRIPTION ONLY

DIABETES • PRESCRIPTION ONLY

Metformin AIWA®

Possible side effects

- Digestive problems, such as feeling sick (nausea), being sick (vomiting), diarrhoea, bellyache (abdominal pain) and loss of appetite. These side effects most often happen at the beginning of the treatment with Metformin AIWA®. It helps if you spread the doses over the day and if you take the Metformin AIWA® with or straight after a meal. If symptoms continue, stop taking Metformin AIWA® and talk to your doctor.
- Changes in taste.
- Abnormalities in liver function tests or hepatitis (inflammation of the liver; this may cause tiredness, loss of appetite, weight loss, with or without yellowing of the skin or whites of the eyes). If this happens to you, stop taking Metformin AIWA® and talk to your doctor.
- Skin reactions such as redness of the skin (erythema), itching or an itchy rash (hives).
- Low vitamin B12 levels in the blood.

Pregnancy and breast-feeding

During pregnancy, you need insulin to treat your diabetes. This medicine is not recommended if you are breast-feeding or if you are planning to breast-feed your baby.

Warnings and precautions

Please note the following particular risk of lactic acidosis.

Metformin AIWA® may cause a very rare, but serious complication called lactic acidosis, particularly if your kidneys are not working properly. The risk of lactic acidosis is also increased with uncontrolled diabetes, prolonged fasting or alcohol intake. Symptoms of lactic acidosis are vomiting, bellyache (abdominal pain) with muscle cramps, a general feeling of not being well with severe tiredness, and difficulty in breathing. If this happens to you, you may need immediate hospital treatment, as lactic acidosis may lead to coma. Stop taking Metformin AIWA® immediately and contact a doctor or the nearest hospital straight away.

Metformin AIWA® on its own does not cause hypoglycaemia (a blood glucose level which is too low). However, if you take Metformin AIWA® together with other medicines to treat diabetes that can cause hypoglycaemia (such as sulphonylureas, insulin, meglitinides), there is a risk of hypoglycaemia. If you experience symptoms of hypoglycaemia such as weakness, dizziness, increased sweating, fast heart beating, vision disorders or difficulty in concentration, it usually helps to eat or drink something containing sugar.

For more information please read the package leaflet!

DIABETES • PRESCRIPTION ONLY

DIABETES • PRESCRIPTION ONLY

Metformin AIWA® 850 mg

active substance: metformin hydrochloride

Packaging may vary

Application

Metformin AIWA® contains metformin, a medicine to treat diabetes. It belongs to a group of medicines called biguanides.

Method of administration

Take Metformin AIWA® with or after a meal. This will avoid you having side effects affecting your digestion. Do not crush or chew the tablets. Swallow each tablet with a glass of water.

Duration of treatment

Children 10 years and over and adolescents usually start with 850 mg Metformin AIWA® once a day. The maximum daily dose is 1700 mg taken as 2 divided doses. Treatment of children between 10 and 12 years of age is only recommended on specific advice from your doctor, as experience in this age group is limited. Adults usually start with 850 mg Metformin AIWA® two or three times a day. The maximum daily dose is 2550 mg taken as 3 divided doses.

Applications of Metformin AIWA®

- It is used to treat patients with type 2 diabetes (also called 'non-insulin dependent diabetes') when diet and exercise alone have not been enough to control your blood glucose levels.
- It is used particularly in overweight patients.

Ingredients

One film-coated tablet of Metformin AIWA® 850 mg contains 850 mg metformin hydrochloride corresponding to 662.8 mg metformin base. **The other ingredients are** hypromellose (15,000 mPas), povidone (K 25), magnesium stearate (Ph. Eur.)[vegetable], hypromellose (5 mPas), macrogol 6000, titanium dioxide (E171).

Contents of the pack

Metformin AIWA® 850 mg film-coated tablets are white, round and biconvex. The tablets are supplied in blister packs of 30 film-coated tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

DIABETES • PRESCRIPTION ONLY

DIABETES • PRESCRIPTION ONLY

Metformin AIWA®

Possible side effects

- Digestive problems, such as feeling sick (nausea), being sick (vomiting), diarrhoea, bellyache (abdominal pain) and loss of appetite. These side effects most often happen at the beginning of the treatment with Metformin AIWA®. It helps if you spread the doses over the day and if you take the Metformin AIWA® with or straight after a meal. If symptoms continue, stop taking Metformin AIWA® and talk to your doctor.
- Changes in taste.
- Abnormalities in liver function tests or hepatitis (inflammation of the liver; this may cause tiredness, loss of appetite, weight loss, with or without yellowing of the skin or whites of the eyes). If this happens to you, stop taking Metformin AIWA® and talk to your doctor.
- Skin reactions such as redness of the skin (erythema), itching or an itchy rash (hives).
- Low vitamin B12 levels in the blood.

Pregnancy and breast-feeding

During pregnancy, you need insulin to treat your diabetes. This medicine is not recommended if you are breast-feeding or if you are planning to breast-feed your baby.

Warnings and precautions

Please note the following particular risk of lactic acidosis.

Metformin AIWA® may cause a very rare, but serious complication called lactic acidosis, particularly if your kidneys are not working properly. The risk of lactic acidosis is also increased with uncontrolled diabetes, prolonged fasting or alcohol intake. Symptoms of lactic acidosis are vomiting, bellyache (abdominal pain) with muscle cramps, a general feeling of not being well with severe tiredness, and difficulty in breathing. If this happens to you, you may need immediate hospital treatment, as lactic acidosis may lead to coma. Stop taking Metformin AIWA® immediately and contact a doctor or the nearest hospital straight away.

Metformin AIWA® on its own does not cause hypoglycaemia (a blood glucose level which is too low). However, if you take Metformin AIWA® together with other medicines to treat diabetes that can cause hypoglycaemia (such as sulphonylureas, insulin, meglitinides), there is a risk of hypoglycaemia. If you experience symptoms of hypoglycaemia such as weakness, dizziness, increased sweating, fast heart beating, vision disorders or difficulty in concentration, it usually helps to eat or drink something containing sugar.

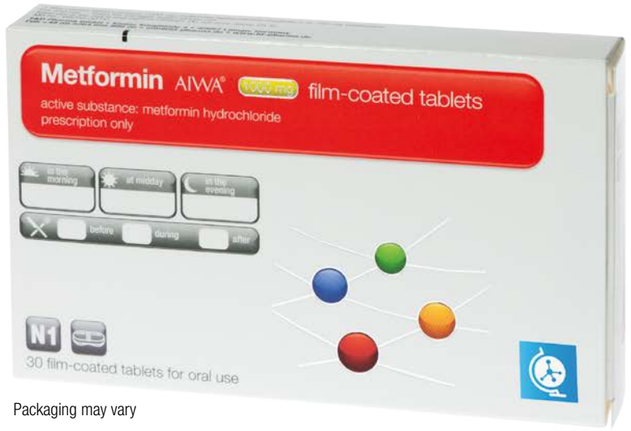
For more information please read the package leaflet!

DIABETES • PRESCRIPTION ONLY

DIABETES • PRESCRIPTION ONLY

Metformin AIWA® 1000 mg

active substance: metformin hydrochloride



Packaging may vary

Application

Metformin AIWA® contains metformin, a medicine to treat diabetes. It belongs to a group of medicines called biguanides.

Duration of treatment

Children 10 years and over and adolescents usually start with a half film-coated tablet of 1000 mg Metformin AIWA® (corresponding to 500 mg metformin hydrochloride) once a day. The maximum daily dose is 2000 mg taken as 2 divided doses. Treatment of children between 10 and 12 years of age is only recommended on specific advice from your doctor, as experience in this age group is limited. Adults usually start with 1000 mg Metformin AIWA® two times a day. The maximum daily dose is 3000 mg taken as 3 divided doses.

Applications of Metformin AIWA®

- It is used to treat patients with type 2 diabetes (also called 'non-insulin dependent diabetes') when diet and exercise alone have not been enough to control your blood glucose levels.
- It is used particularly in overweight patients.

Method of administration

Take Metformin AIWA® with or after a meal. This will avoid you having side effects affecting your digestion. Do not crush or chew the tablets. Swallow each tablet with a glass of water.

Ingredients

One film-coated tablet of Metformin AIWA® 1000 mg contains 1000 mg metformin hydrochloride corresponding to 780 mg metformin base. **The other ingredients are:** Hypromellose (15,000 mPas), povidone (K 25), magnesium stearate (Ph. Eur.)[vegetable], hypromellose (5 mPas), macrogol 6000, titanium dioxide (E171).

Contents of the pack

Metformin AIWA® 1000 mg film-coated tablets are white and oblong with a deep score line on the one side and a score line on the other side. The tablet can be divided into equal doses. The tablets are supplied in blister packs of 30 film-coated tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

DIABETES • PRESCRIPTION ONLY

DIABETES • PRESCRIPTION ONLY

Metformin AIWA®

Possible side effects

- Digestive problems, such as feeling sick (nausea), being sick (vomiting), diarrhoea, bellyache (abdominal pain) and loss of appetite. These side effects most often happen at the beginning of the treatment with Metformin AIWA®. It helps if you spread the doses over the day and if you take the Metformin AIWA® with or straight after a meal. If symptoms continue, stop taking Metformin AIWA® and talk to your doctor.
- Changes in taste.
- Abnormalities in liver function tests or hepatitis (inflammation of the liver; this may cause tiredness, loss of appetite, weight loss, with or without yellowing of the skin or whites of the eyes). If this happens to you, stop taking Metformin AIWA® and talk to your doctor.
- Skin reactions such as redness of the skin (erythema), itching or an itchy rash (hives).
- Low vitamin B_{12} levels in the blood.

Pregnancy and breast-feeding

During pregnancy, you need insulin to treat your diabetes. This medicine is not recommended if you are breast-feeding or if you are planning to breast-feed your baby.

Warnings and precautions

Please note the following particular risk of lactic acidosis.

Metformin AIWA® may cause a very rare, but serious complication called lactic acidosis, particularly if your kidneys are not working properly. The risk of lactic acidosis is also increased with uncontrolled diabetes, prolonged fasting or alcohol intake. Symptoms of lactic acidosis are vomiting, bellyache (abdominal pain) with muscle cramps, a general feeling of not being well with severe tiredness, and difficulty in breathing. If this happens to you, you may need immediate hospital treatment, as lactic acidosis may lead to coma. Stop taking Metformin AIWA® immediately and contact a doctor or the nearest hospital straight away.

Metformin AIWA® on its own does not cause hypoglycaemia (a blood glucose level which is too low). However, if you take Metformin AIWA® together with other medicines to treat diabetes that can cause hypoglycaemia (such as sulphonylureas, insulin, meglitinides), there is a risk of hypoglycaemia. If you experience symptoms of hypoglycaemia such as weakness, dizziness, increased sweating, fast heart beating, vision disorders or difficulty in concentration, it usually helps to eat or drink something containing sugar.

For more information please read the package leaflet!

DIABETES • PRESCRIPTION ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE/GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/ TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

VITAMINS • PHARMACY ONLY

Femifol® 5mg tablets

active substance: folic acid

MADE IN GERMANY

Packaging may vary

Application

Femifol® 5 mg is a vitamin preparation.

Duration of treatment

The recommended dose is 1–3 Femifol® tablets per day as required (corresponding to 5–15 mg folic acid).

Method of administration

The tablets are taken whole at mealtimes with plenty of liquid (e.g. a glass of water).

Applications of Femifol® 5 mg

- It is used to treat folic acid deficiency states that cannot be corrected by dietary means.

Ingredients

Each tablet contains 5 mg folic acid. **The other ingredients are** lactose monohydrate, talcum, cellulose powder, highly dispersed silica, magnesium stearate.

Contents of the pack

Yellow to orange, round, uncoated tablets. Femifol® is available in packs of 30 and 100 tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

VITAMINS • PHARMACY ONLY

VITAMINS • PHARMACY ONLY

Femifol® 5mg tablets

Possible side effects

- Insomnia
- excitation or depression
- gastrointestinal disorders
- Intolerability reactions, e.g. in the form of skin reddening (erythema)
- itching (pruritus)
- shortness of breath (bronchospasm)
- nausea or circulatory collapse (anaphylactic shock)

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

There are no known risks.

Driving and using machines

No impairment on the ability to drive or operate machines has been observed so far.

Warnings and precautions

Even in the case of life-threatening anaemia resulting from an abnormal development of the red blood cells (megaloblastic anaemia), any vitamin B12 deficiency must be excluded before starting treatment due to the risk of permanent damage to the nervous system (obtain serum and erythrocyte samples and measure the vitamin B12 content).

Administration of folic acid can reduce the blood levels of antiepileptic drugs (anticonvulsants, e.g. phenytoin, phenobarbital, primidone) so the seizure risk may be increased.If high doses are given, it is possible that Femifol® 5 mg and simultaneously administered folic acid antagonists such as certain drugs used to treat bacterial infections or malaria (trimethoprim, proguanil, pyrimethamine) and methotrexate (a drug used to treat cancer and other conditions) will inhibit one another's action.

Simultaneous administration of folic acid and fluorouracil or oral fluoropyrimidines (e.g. capecitabine) (drugs used to treat cancer) can lead to an increase in the action and therefore an increase in the damaging effect on cells of fluorouracil or oral fluoropyrimidines (e.g. capecitabine). This may appear, for example, as severe diarrhoea.

Chloramphenicol (a drug used to treat infections) can prevent the response to treatment with Femifol® 5 mg and should therefore not be given to patients with signs of severe folic acid deficiency.

For more information please read the package leaflet!

VITAMINS • PHARMACY ONLY

IRON • PHARMACY ONLY

Ferro AIWA®
100 mg film-coated tablets

active substance: dried iron(II) sulphate

MADE IN GERMANY

Packaging may vary

Application

Ferro AIWA® 100 mg is used to treat iron deficiency.

Duration of treatment

The duration of treatment depends on the nature and severity of your condition. In general, iron therapy over a period of at least 8 weeks is required to achieve successful treatment. After blood levels (haemoglobin) have returned to normal, treatment should be continued for a further 6-8 weeks to replenish (top up) your iron reserves. Adults take 1 Ferro AIWA® 100 mg film-coated tablet twice daily.

Method of administration

The film-coated tablets should be taken in the morning on an empty stomach or 1 hour before meals. They should be swallowed whole with plenty of liquid to prevent possible damage to the mucous membranes caused by the tablets getting stuck. Swallow the tablet whole with water. Do not suck or chew the tablet and do not leave the tablet too long in your mouth.

Benefits of Ferro AIWA® 100 mg

- dried iron(II) sulphate to treat iron deficiency
- suitable for adults
- film-coated tablets for oral use

Contents of the pack

Ferro AIWA® 100 mg film-coated tablets are round, convex and brown in color. Original packs with 20, 50 or 100 film-coated tablets.

Ingredients

One film-coated tablet contains: 302.237 - 309.106 mg dried iron(II) sulphate (equivalent to 100 mg iron(II) ions).
The other ingredients are: Maltodextrin, calcium stearate, lactose monohydrate, copovidone, macrogol 4000, talc, calcium carbonate E170, cocoa butter, magnesium stearate [vegetable], shellac, titanium dioxide E171, cellulose powder, maize starch, carboxymethyl starch sodium (type A), sodium dodecyl sulphate, sucrose, povidone K25, iron oxides and hydroxides (E172).

Marketing Authorisation Holder and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

IRON • PHARMACY ONLY

IRON • PHARMACY ONLY

Ferro AIWA®
100 mg film-coated tablets

Warnings and precautions

Iron salts such as Ferro AIWA® 100 mg
- reduce the uptake of
- certain antibiotics (tetracyclines),
- penicillamine (used to treat rheumatic disease),
- levodopa (used in Parkinson's disease),
- methyldopa (used to treat high blood pressure),
- thyroxine (thyroid hormone) in patients treated with thyroxine.
- affect the uptake of quinolone antibiotics (e.g. ciprofloxacin, levofloxacin, norfloxacin, ofloxacin).
- may increase the irritant effect on the gastrointestinal lining when taken together with non-steroidal anti-inflammatory drugs (including, for example, a number of medicines commonly used for pain, fever and inflammation).

Iron uptake is reduced by the following medicines, if taken at the same time:
- cholestyramine (used to lower high blood fat levels),
- antacids (calcium, magnesium and aluminium salts used to bind stomach acid),
- or calcium and magnesium supplements.

You should not take Ferro AIWA® 100 mg within 2 – 3 hours after taking any of the above substances.

You should take Ferro AIWA® 100 mg 1 hour before or possibly between meals, as food may affect iron uptake.

Iron-binding substances such as phytates (e.g. from cereals), phosphoric acid salts (e.g. from milk), oxalic acid salts (e.g. from spinach or rhubarb), tannic acids (tea) or coffee inhibit the uptake of iron by the body.

Ferro AIWA® 100 mg contains lactose and sucrose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

Pregnancy and breast-feeding

Treatment with Ferro AIWA® 100 mg should be administered only after a careful benefit/risk assessment and consultation with your doctor. The high dosage of two Ferro AIWA® 100 mg film-coated tablets per day should not be prescribed over prolonged periods of time.
Similarly during breast-feeding, Ferro AIWA® 100 mg should be prescribed only after a careful benefit/risk assessment and after consultation with your doctor.

Children and adolescents

This medicine is not intended for use in children and adolescents under 18 years of age.

Possible side effects

Common: Dark discoloration of the stools is often observed after taking oral iron supplements, but is completely harmless.

Uncommon: Gastrointestnal upset occasionally occurs, e.g. loss of appetite, gastric pressure, bloating and constipation.

Rare: In rare cases, hypersensitivity reactions (e.g. skin changes) may occur.

For more information please read the package leaflet!

IRON • PHARMACY ONLY

VITAMINS • PHARMACY ONLY

Vitamin E AIWA® 268 mg

active substance: RRR-alpha-tocopherol (vitamin E)

Application

Vitamin E AIWA® 268 mg is a vitamin preparation.
Vitamin E AIWA® 268 mg is used to treat vitamin E deficiency.

Method of administration

Swallow the soft capsules whole with a little liquid.

Duration of treatment

The recommended dose is:
Adolescents and adults take 1 to 2 soft capsules daily (equivalent to 268 to 536 mg alpha-tocopherol daily).
The duration of treatment depends on the course of the underlying disease.

Ingredients

One soft capsule contains: 380.0-420.0 mg of plant oil distillate. **Active substance:** 268.4 mg RRR-alpha-tocopherol (vitamin E, equivalent to 400 I.U.)
The other ingredients are:
Soybean oil and other plant oils, gelatin, glycerol, sorbitol solution 70% (non-crystalline) (Ph.Eur.), purified water.

Applications of Vitamin E AIWA® 268 mg

- It is used to treat vitamin E deficiency.

Packaging may vary

Contents of the pack

Soft capsules in blister packs. Pack of 30 and 90 soft capsules.

Marketing Authorisation Holder and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

VITAMINS • PHARMACY ONLY

VITAMINS • PHARMACY ONLY

Vitamin E AIWA®

Possible side effects

In very rare cases, digestive disorders occur at high doses in the range of 800 mg RRR-alpha-tocopherol (equivalent to 3 capsules of Vitamin E AIWA® 268 mg).
If doses of more than 400 mg alpha-tocopherol daily (equivalent to 2 capsules of Vitamin E AIWA® 268 mg daily) have been taken for a prolonged period, thyroid hormone levels in the blood can be reduced.
Soya bean oil can cause allergic reactions in very rare cases.
Talk to your doctor if any side effects occur.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

RRR-alpha-tocopherol crosses the placenta and passes into the breast milk. To date, no harm to the unborn child has been observed, even if relatively large amounts have been taken. Possible effects on fertility after administration of vitamin E at doses above the daily recommended dose have not been studied sufficiently.

Children

Products with a lower content of active substance are available for children.

Warnings and precautions

Do not take Vitamin E AIWA® 268 mg
- if you are allergic to RRR-alpha-tocopherol, soya, peanut or any of the other ingredients of this medicine

If you suffer from concomitant vitamin E and vitamin K deficiency due to insufficient absorption in the gut, or if you are taking medicines designed to have an effect on vitamin K (e.g. medicines that inhibit the clotting of the blood), your blood clotting must be carefully monitored since in individual cases there has been a marked fall in vitamin K. Please note that this may also apply to medicines that you have used recently.

The effect of Vitamin E AIWA® 268 mg may be reduced if taken at the same time as medicines containing iron.

Vitamin E AIWA® 268 mg contains sorbitol. Please take Vitamin E AIWA® 268 mg only after consultation with your doctor if you know you are suffering from an intolerance to certain sugars

For more information please read the package leaflet!

VITAMINS • PHARMACY ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE/GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Dexa AIWA® 4 mg/ml

active substance: dexamethasone phosphate

Application

Dexa AIWA® 4 mg/ml is a synthetic glucocorticoid (adrenal cortex hormone), which affects the metabolism, the electrolyte metabolism and tissue functions.

Duration of treatment

The length of treatment depends on the underlying disease and the course taken by the disease. To this purpose your doctor will draw up a treatment plan, to which you should strictly adhere to. As soon as a satisfactory treatment result has been achieved, the dose is reduced to a maintenance dose or discontinued completely. The dose should be reduced step-by-step in all cases.

Packaging may vary

Method of administration

Injection solution for administration into the veins or by intraarticular injection or infiltration into the joint.

Ingredients

1 ml solution for injection contains 4.37 mg dexamethasone sodium phosphate (corresponding to 4 mg dexamethasone phosphate). **The other ingredients are:** sodium edetate (Ph. Eur.), propylene glycol, sodium chloride, sodium hydroxide, water for injections.

Applications of Dexa AIWA® 4 mg/ml

- Neurological Disorders
- Emergency Treatment
- Disorders of the Lungs and Respiratory Tract
- Skin disorders
- Infection diseases
- Intraarticular injection
- Infiltration treatment (by strong indication only)

Contents of the pack

Dexa AIWA® 4 mg/ml is a clear colourless solution in brown-glass ampoules. Dexa AIWA® 4 mg/ml is available in a pack size of 5 ampoules with 1 ml (corresponding to 4 mg dexamethasone phosphate) or 2 ml (corresponding to 8 mg dexamethasone phosphate).

Marketing Authorisation Holder and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

GLUCOCORTICOIDE • PRESCRIPTION ONLY

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Dexa AIWA®

Possible side effects

- Infections and infestations
- Hormonal disturbances
- Reproductive system and breast disorders:
- Metabolic and nutritional disturbances
- Disorders of the skin and subcutaneous tissue
- Diseases of the skeletal muscles and connective tissue
- Psychiatric disorders
- Disorders of the nervous system
- Disorders of the gastrointestinal tract
- Vascular diseases
- Disorders of the blood and lymphatic system
- Disorders of the immune system
- Eye disorders

Children

Due to the risk of inhibited growth, Dexa AIWA® 4 mg/ml should only be administered to children if there are compelling medical reasons for doing so. The children's height gain should also be monitored regularly in the case of long-term treatment with glucocorticoids.

Elderly patients

Specific consideration of the benefits and risks should also be carried out with respect to elderly patients due to the increased risk of osteoporosis.

Pregnancy and breast-feeding

During pregnancy – particularly the first three months – treatment should only be carried out after careful consideration of the risks and benefits. Women should therefore inform the doctor of any existing or new pregnancy.

Glucocorticoids, of which dexamethasone is one, pass into the mother's milk. So far there have been no reports of harm to the infant.

Nevertheless, the necessity of using this medicine while breastfeeding should be carefully considered.

Warnings and precautions

Treatment with glucocorticoids can lead to hypofunction of the adrenal cortex (insufficient production by the body of glucocorticoids), which may – depending on the dose and length of treatment – continue for a period of several months or even more than one year in isolated cases after treatment with the glucocorticoids is stopped. If necessary, specific medications against the pathogens may also have to be taken at the same time:

- Acute virus infections (chickenpox, shingles, Herpes simplex infections, inflammations of the cornea caused by herpes viruses)
- HBsAG-positive chronic active hepatitis (infectious liver inflammation)
- Approximately 8 weeks before to 2 weeks after protective vaccinations with an attenuated pathogen (living vaccine)
- Fungal disease that attacks the internal organs
- Acute and chronic bacterial infections
- Certain diseases caused by parasites (amoebic/worm infections)
- Polio
- Lymph node disease after tuberculosis vaccination
- In the case of tuberculosis in the patient's history the medicine should only be used in conjunction with the simultaneous administration of drugs against tuberculosis

Dexa AIWA® 4 mg/ml should only be administered in the case of the following disorders if your doctor considers this to be absolutely essential and if these disorders are each treated as necessary at the same time:

- Gastrointestinal ulcers
- Severe bone loss (osteoporosis)
- High blood pressure that is difficult to bring under control
- Diabetes that is difficult to bring under control (diabetes mellitus)
- Psychiatric disorders (including those in the patient's history)
- Increased intraocular pressure (narrow and wide-angle glaucoma)
- Injuries and ulcers of the cornea of the eye

For more information please read the package leaflet!

GLUCOCORTICOIDE • PRESCRIPTION ONLY

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Prednisolone AIWA® 5 mg

active substance: prednisolone

MADE IN GERMANY

Packaging may vary

Application

Prednisolone AIWA® 5 mg belongs to a group of medicines called steroids. Their full name is corticosteroids.

Applications of Prednisolone AIWA® 5 mg

- It is used to treat inflammatory and auto-immune conditions including:
- allergies, including severe allergic reactions
- inflammation affecting the:
  - lungs, including asthma
  - blood vessels and heart
  - bowel or kidneys
  - muscles and joints, including rheumatoid arthritis
  - eye or nervous system
- skin conditions
- some infections
- some cancers, including leukaemia, lymphoma and myeloma
- to prevent organ rejection after a transplant.

Also:

- to boost steroid levels when the body is not making enough natural steroid on its own
- to treat high calcium levels.

Method of administration

Swallow the tablets **whole or swallow a divided tablet with a glass of water** in the morning after breakfast unless otherwise directed by the doctor. The score line is only there to help you to break the tablet if you have difficulty swallowing it whole.

Ingredients

1 tablet contains 5 mg of prednisolone.
The other ingredients are: lactose monohydrate, colloidal anhydrous silica, magnesium stearate, cellulose (micronized), sodium starch glycolate (type A).

Contents of the pack

White round tablet with a score line on one side.
Prednisolone AIWA® 5 mg is available in packages with 24 tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

GLUCOCORTICOIDE • PRESCRIPTION ONLY

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Prednisolone AIWA® 5 mg

Duration of treatment

Adults: Different illnesses require different doses of Prednisolone AIWA® tablets. Depending on your illness your daily dose may be between 5 and 60 mg. In some cases, you may be instructed to take it every other day. Your doctor will decide when and how to treat you with Prednisolone AIWA® tablets.
Once your condition starts to get better, your doctor may change your dosage to a lower one. Your doctor may also reduce your dosage before stopping treatment completely. This may depend on your illness, your dosage and how long you have been taking this medicine. In all cases you should be careful to follow any changes.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.
If you are breast-feeding you must tell your doctor before you start the treatment. Your doctor will want to examine your baby during your time of treatment. Small amounts of steroids are present in breast milk.

Driving and using machines

Dizziness, visual disturbances and fatigue can occur when using prednisolone. If you experience such symptoms, do not drive or use machines.
You are responsible for assessing whether you are in a position to drive a motor vehicle or perform work that requires increased attention. One of the factors that may affect your ability in these respects is the use of drugs because of their effects and/or side effects. A description of these effects and side effects can be found in other sections. Read all the information in this leaflet for guidance. Discuss with your doctor or pharmacist if you are unsure.

Children and adolescents

The use of steroids can slow down normal growth of children and adolescents. In order to lessen this effect the tablets are often taken in a single dose every other day.

For more information please read the package leaflet!

GLUCOCORTICOIDE • PRESCRIPTION ONLY

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Prednisolone AIWA® 5 mg

Possible side effects

Not known (frequency cannot be estimated from the available data):
- Severe allergic reaction including angioedema. Symptoms may include: swelling of the face tongue or throat, difficulty swallowing, hives and difficulty breathing, fever, drop in blood pressure
- Pheochromocytoma crisis, symptoms may include: anxiety, headache, palpitations, sweating, pale skin
- Acute renal crisis (in patients already suffering from scleroderma, an autoimmune disease, see section 2, Warnings and precautions). Symptoms may include: high blood pressure and decreased urine output
- Suicidal ideation (Warnings and precautions)

Other Side effects: Common (may affect up to 1 in 10 people):
- Infections, the immunosuppressive effect of prednisolone may also cause infections to flare up again (e.g. tuberculosis)
- Lower concentration of certain hormones, cushings-like appearance, growth retardation in children
- Low levels of potassium, build-up of sodium in the body, increased sugar in the blood and urine, osteoporosis
- Swelling due to fluid accumulation, high blood pressure
- Thinner skin, impaired wound healing
- Muscle wasting

Uncommon (may affect up to 1 in 100 people):
- Mental disorders (at high doses)
- Cataracts, glaucoma

Rare (may affect up to 1 in 1.000 people):
- Depression
- Mania in patients without a history of psychiatric illness
- Benign pressure increase in the skull
- Breakdown of bone tissue, tendon rupture

Not known (frequency cannot be estimated from the available data):
- Increased number of white blood cells (leukocytosis)
- Withdrawal syndrome when reducing the dose(see section 3)
- Lowered blood pH, decreased blood potassium, elevated blood fats, impaired sugar tolerance, accumulation of fatty tissue at secluded places in the body, increased appetite (which can lead to weight gain)
- Emotional symptoms (such as elation, emotional instability, drug dependence), mental disorder (such as delusions, hallucinations and schizophrenia), personality change, confusion, anxiety, mood swings, abnormal behaviour, sleep problems, irritability
- Seizures, problems with memory, intellectual disturbance, dizziness, headache, increased amount of fat around the spinal cord
- Acid reduction (central serous chorioretinopathy), protruding eyes, blurred vision
- Heart failure (in susceptible patients)
- Slow heart rate
- Blood clots
- Hiccups
- Gastric ulcer, hole (perforation) in the gut, inflammation of the pancreas, inflammation and ulcers of the oesophagus, swollen abdomen, abdominal pain, diarrhoea, digestive problems, nausea
- Increased hairiness in women, bleeding of the skin, bruising, redness of the skin, sweating, stretch marks (blue-red patches on the chest and abdomen), itching, hives, acne
- Muscle weakness, muscle aches, bone fractures without prior trauma, joint breakdown, joint pain
- Irregular menstrual periods
- Tiredness, feeling ill
- Increased amount of calcium in the urine, elevated liver enzymes (alanine aminotransferase, aspartate aminotransferase), elevated alkaline phosphatase in the blood, elevated levels of blood urea (seen in blood tests), weaker reaction to skin tests

For more information please read the package leaflet!

GLUCOCORTICOIDE • PRESCRIPTION ONLY

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Prednisolone AIWA® 5 mg

Warnings and precautions

Do not take Prednisolone AIWA® tablets if you:
- are allergic to prednisolone or any of the other ingredients of this medicine
- have a fungal infection
- have recently had any 'live'vaccinations.

Talk to your doctor or pharmacist before taking Prednisolone AIWA® 5 mg if you have:
- an infection or get an infection while being treated with prednisolone
- underactive thyroid gland (hypothyroidism)
- liver disease or kidney failure
- or have had seizures
- myasthenia gravis (a disease that causes muscle weakness)
- tuberculosis or have ever been treated for tuberculosis
- gastric ulcer, duodenal ulcer or inflammatory bowel disease (e.g. ulcerative colitis or diverticulitis)
- diabetes
- heart disease, e.g. heart failure or high blood pressure
- had blood clots in the past (e.g. vein thrombosis) or have blood clots
- mood swings or psychotic tendencies
- any drug allergy
- osteoporosis
- adrenal tumour (phaeochromocytoma)
- new surgically created blood vessels or intestinal connections
- scleroderma (also called systemic sclerosis, an autoimmune disease) as daily doses of 15 mg or more can increase the risk of a serious complication called acute kidney crisis. Signs of acute kidney crisis include high blood pressure and decreased urine output. Your doctor may advise you to check your blood pressure and urine levels regularly.

Contact your doctor if during treatment you:
- get serious psychological side effects, e.g. depression and suicidal thoughts. These can also occur when you stop taking prednisolone.
- experience blurred vision or other visual disturbances.
- are subjected to unusually severe physical or mental strain of any kind (e.g. infection, surgery,trauma) while you are being treated with prednisolone. The dose may need to be increased.

Increased susceptibility to infections
Prednisolone treatment can reduce your resistance to infections, making it easier for you to contract infections during treatment. Chickenpox and measles can become more serious when taking cortisone preparations. Therefore, if you have not previously had these diseases, you should avoid exposing yourself to chickenpox or measles during treatment and talk to a doctor straight away if this should still happen.
- You are more likely to develop infections whilst taking Prednisolone AIWA® tablets, and existing infections may become worse, especially during periods of stress. Certain infections can be serious if not controlled.
- You may become very ill if you get chickenpox whilst taking Prednisolone AIWA® tablets. You should avoid contact with people who have chickenpox or shingles whilst taking, and for up to 3 months after you have stopped taking, Prednisolone AIWA® tablets. Do not stop taking Prednisolone AIWA® tablets.
- You should avoid contact with people who have measles.

If you need to be vaccinated during prednisolone treatment, tell your doctor about your treatment before you receive the vaccination.
Corticosteroids can cause growth retardation in infants, children and diseases and therefore long-term use should be avoided. If long-term use is necessary, the growth of infants and children will be closely monitored by the physician.

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

Prednisolone AIWA® tablets contain lactose and sodium
If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product. This medicine contains less 1 mmol sodium (23 mg) per tablet, that is to say essentially "sodium-free".

For more information please read the package leaflet!

GLUCOCORTICOIDE • PRESCRIPTION ONLY

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Prednisolone AIWA® 20 mg

active substance: prednisolone

MADE IN GERMANY

Packaging may vary

Duration of treatment

Different illnesses require different doses of Prednisolone AIWA® tablets. Depending on your illness your daily dose may be between 5 and 60 mg. In some cases, you may be instructed to take it every other day. Your doctor will decide when and how to treat you with Prednisolone AIWA® tablets. Once your condition starts to get better, your doctor may change your dosage to a lower one. Your doctor may also reduce your dosage before stopping treatment completely. This may depend on your illness, your dosage and how long you have been taking this medicine. In all cases you should be careful to follow any changes.

Applications of Prednisolone AIWA® 20 mg

It is used to treat auto-immune conditions including:
- allergies, including severe allergic reactions
- inflammation affecting the:
  - lungs, including asthma
  - blood vessels and heart
  - bowel or kidneys
  - muscles and joints, including rheumatoid arthritis
  - eye or nervous system
- skin conditions
- some infections
- some cancers, including leukaemia, lymphoma and myeloma
- to prevent organ rejection after a transplant.

Also:
- to boost steroid levels when the body is not making enough natural steroid on its own
- to treat high calcium levels.

Application

Prednisolone AIWA® 20 mg belongs to a group of medicines called steroids. Their full name is corticosteroids.

Method of administration

Swallow the tablets whole or swallow a divided tablet with a glass of water in the morning after breakfast unless otherwise directed by the doctor.
The score line is only there to help you to break the tablet if you have difficulty swallowing it whole.

Ingredients

1 tablet contains 20 mg of prednisolone.
The other ingredients are: lactose monohydrate, cellulose (micronized), sodium starch glycolate (type A), colloidal anhydrous silica, magnesium stearate.

Contents of the pack

White, round, biconvex tablet with a cross-scoreline on one side. Prednisolone AIWA® 20 mg is available in packages with 20 tablets.

Pharmaceutical Company and Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

GLUCOCORTICOIDE • PRESCRIPTION ONLY

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Prednisolone AIWA® 20 mg

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

If you are breast-feeding you must tell your doctor before you start the treatment. Your doctor will want to examine your baby during your time of treatment. Small amounts of steroids are present in breast milk.

Children and adolescents

The use of steroids can slow down normal growth of children and adolescents. In order to lessen this effect the tablets are often taken in a single dose every other day.

Driving and using machines

Dizziness, visual disturbances and fatigue can occur when using prednisolone. If you experience such symptoms, do not drive or use machines. You are responsible for assessing whether you are in a position to drive a motor vehicle or perform work that requires increased attention. One of the factors that may affect your ability in these respects is the use of drugs because of their effects and / or side effects. A description of these effects and side effects can be found in other sections. Read all the information in this leaflet for guidance. Discuss with your doctor or pharmacist if you are unsure.

For more information please read the package leaflet!

GLUCOCORTICOIDE • PRESCRIPTION ONLY

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Prednisolone AIWA® 20 mg

Possible side effects

Not known (frequency cannot be estimated from the available data):
- Severe allergic reaction including angioedema. Symptoms may include: swelling of the face tongue or throat, difficulty swallowing, hives and difficulty breathing, fever, drop in blood pressure
- Pheochromocytoma crisis, symptoms may include: anxiety, headache, palpitations, sweating, pale skin
- Acute renal crisis (in patients already suffering from scleroderma, an autoimmune disease, see section 2, Warnings and precautions). Symptoms may include: high blood pressure and decreased urine output
- Suicidal ideation (Warnings and precautions)

Other Side effects: Common (may affect up to 1 in 10 people):
- Infections, the immunosuppressive effect of prednisolone may also cause infections to flare up again (e.g. tuberculosis)
- Lower concentration of certain hormones, cushings-like appearance, growth retardation in children
- Low levels of potassium, build-up of sodium in the body, increased sugar in the blood and urine, osteoporosis
- Swelling due to fluid accumulation, high blood pressure
- Thinner skin, impaired wound healing
- Muscle wasting

Uncommon (may affect up to 1 in 100 people):
- Mental disorders (at high doses)
- Cataracts, glaucoma

Rare (may affect up to 1 in 1,000 people):
- Depression
- Mania in patients without a history of psychiatric illness
- Benign pressure increase in the skull
- Breakdown of bone tissue, tendon rupture

Not known (frequency cannot be estimated from the available data):
- Increased number of white blood cells (leukocytosis)
- Withdrawal syndrome when reducing the dose(see section 3)
- Lowered blood pH, decreased blood potassium, elevated blood fats, impaired sugar tolerance, accumulation of fatty tissue at secluded places in the body, increased appetite (which can lead to weight gain)
- Emotional symptoms (such as elation, emotional instability, drug dependence), mental disorder (such as delusions, hallucinations and schizophrenia), personality change, confusion, anxiety, mood swings, abnormal behaviour, sleep problems, irritability
- Seizures, problems with memory, intellectual disturbance, dizziness, headache, increased amount of fat around the spinal cord
- Acid reduction (central serous chorioretinopathy), protruding eyes, blurred vision
- Heart failure (in susceptible patients)
- Slow heart rate
- Blood clots
- Hiccups
- Gastric ulcer, hole (perforation) in the gut, inflammation of the pancreas, inflammation and ulcers of the oesophagus, swollen abdomen, abdominal pain, diarrhoea, digestive problems, nausea
- Increased hairiness in women, bleeding of the skin, bruising, redness of the skin, sweating, stretch marks (blue-red patches on the chest and abdomen), itching, hives, acne
- Muscle weakness, muscle aches, bone fractures without prior trauma, joint breakdown, joint pain
- Irregular menstrual periods
- Tiredness, feeling ill
- Increased amount of calcium in the urine, elevated liver enzymes (alanine aminotransferase, aspartate aminotransferase), elevated alkaline phosphatase in the blood, elevated levels of blood urea (seen in blood tests), weaker reaction to skin tests

For more information please read the package leaflet!

GLUCOCORTICOIDE • PRESCRIPTION ONLY

GLUCOCORTICOIDE • PRESCRIPTION ONLY

Prednisolone AIWA® 20 mg

Warnings and precautions

Do not take Prednisolone AIWA tablets if you have:
- are allergic to prednisolone or any of the other ingredients of this medicine
- a fungal infection
- recently had any 'live'vaccinations.

Talk to your doctor or pharmacist before taking Prednisolone AIWA® 20 mg if you have
- an infection or get an infection while being treated with prednisolone
- underactive thyroid gland (hypothyroidism)
- liver disease or kidney failure
- or have had seizures
- myasthenia gravis (a disease that causes muscle weakness)
- tuberculosis or have ever been treated for tuberculosis
- gastric ulcer, duodenal ulcer or inflammatory bowel disease (e.g. ulcerative colitis or diverticulitis)
- diabetes
- heart disease, e.g. heart failure or high blood pressure
- had blood clots in the past (e.g. vein thrombosis) or have blood clots
- mood swings or psychotic tendencies
- any drug allergy
- osteoporosis
- adrenal tumour (phaeochromocytoma)
- new surgically created blood vessels or intestinal connections
- scleroderma (also called systemic sclerosis, an autoimmune disease) as daily doses of 15mg or more can increase the risk of a serious complication called acute kidney crisis. Signs of acute kidney crisis include high blood pressure and decreased urine output. Your doctor may advise you to check your blood pressure and urine levels regularly.

Contact your doctor if during treatment you:
- get serious psychological side effects, e.g. depression and suicidal thoughts. These can also occur when you stop taking prednisolone.
- experience blurred vision or other visual disturbances.
- are subjected to unusually severe physical or mental strain of any kind (e.g. infection, surgery, trauma) while you are being treated with prednisolone. The dose may need to be increased.

Increased susceptibility to infections
Prednisolone treatment can reduce your resistance to infections, making it easier for you to contract infections during treatment. Chickenpox and measles can become more serious when taking cortisone preparations. Therefore, if you have not previously had these diseases, you should avoid exposing yourself to chickenpox or measles during treatment and talk to a doctor straight away if this should still happen.
- You are more likely to develop infections whilst taking Prednisolone AIWA tablets, and existing infections may become worse, especially during periods of stress. Certain infections can be serious if not controlled.
- You may become very ill if you get chickenpox whilst taking Prednisolone AIWA tablets. You should avoid contact with people who have chickenpox or shingles whilst taking, and for up to 3 months after you have stopped taking, Prednisolone AIWA tablets. Do not stop taking Prednisolone AIWA tablets.
- You should avoid contact with people who have measles.

If you need to be vaccinated during prednisolone treatment, tell your doctor about your treatment before you receive the vaccination.
Corticosteroids can cause growth retardation in infants, children and diseases and therefore long-term use should be avoided. If long-term use is necessary, the growth of infants and children will be closely monitored by the physician.

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

Prednisolone AIWA tablets contain lactose and sodium
If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product. This medicine contains less 1 mmol sodium (23 mg) per tablet, that is to say essentially "sodium-free".

For more information please read the package leaflet!

GLUCOCORTICOIDE • PRESCRIPTION ONLY

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE/GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

RESPIRATION • MEDICAL DEVICE

Seawater Nose Spray AIWA®

MADE IN GERMANY

Application

Seawater Nose Spray AIWA® is a solution for cleaning and moisturisation of the nasal mucosa.

Duration of treatment

If necessary, adults and children (from 2 years onwards) spray 1 - 2 sprays into each nostril several times daily. If a treatment with another nasal spray is necessary at the same time, please use Seawater Nose Spray AIWA® first. Seawater Nose Spray AIWA® may be used for a longer period of time if necessary.

Method of administration

Despite the new spray system with built-in filter we recommend for hygienic reasons and to avoid infections that each dosage unit may only be used by one person. After the application, therefore it is also advisable to wipe the nose adapter and keep dry. Please place the cap back on the container after applying. To ensure the flawless quality of the product and the function of this application system during the application period, no manipulation should be performed on the nasal spray bottle.

Applications of Seawater Nose Spray AIWA®

- To clean and moisten the nasal mucosa, e.g. in the event of dry air it will prevent the so-called “dry nose”.
- For cleaning the nasal mucosa when increased exposure to pollen and house dust exist. The nose can breathe again and cleaning the nose by blowing is improved.

Packaging may vary

Ingredients

1ml solution contains: 1ml isotonic seawater corresponding to sodium chloride solution of 0.9 %.

Contents of the pack

Dosable spray with 20ml isotonic seawater solution for spraying into the nose and for flushing the nose.

Pharmaceutical company

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

RESPIRATION • MEDICAL DEVICE

RESPIRATION • MEDICAL DEVICE

Seawater Nose Spray AIWA®

Warnings and precautions

Seawater Nose Spray AIWA® should not be used if any hypersensitivity against a substance of content is known. When used correctly, there are no particular precautions to be taken. After nose operations or accidents however, a doctor should be consulted before using this spray.

Pregnancy and breast-feeding

There is no evidence available to suggest that the use of Seawater Nose Spray AIWA® during pregnancy or lactation would be harmful.

Possible side effects

If used correctly, side effects are not to be expected.

For more information please read the package leaflet!

RESPIRATION • MEDICAL DEVICE

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE/GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

FOOD SUPPLEMENT

B-FIT® Cold Drink orange

drinking powder

Calcium + Vitamin D3 + Vitamin K2

with sweeteners/ **sugar free**

orange flavour

MADE IN GERMANY

Packaging may vary

About B-FIT® Cold Drink orange

B-FIT® Cold Drink orange drinking powder for the direct supply of the body with 1000 mg calcium as well as 20 µg vitamin D3 and 75 µg vitamin K2 for the maintenance of bone health.

Benefits

Calcium is needed for the maintenance of normal bones and normal teeth.

Calcium contributes to
- normal muscle function
- normal blood clotting
- normal energy-yielding metabolism

Vitamin D3 contributes to
- the maintenance of normal bones and normal teeth
- the normal function of the immune system
- the maintenance of normal muscle function
- normal absorption / utilization of calcium and phosphorus
- normal blood calcium levels

Vitamin K2 contributes to
- the maintenance of normal bones

Recommended intake

Drink the content of 1 sachet daily dissolved in 200 ml cold water.

Contents of the pack

20 sachets à 6.2 g food supplement = 124g

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

B-FIT® Cold Drink orange

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifying agent citric acid, calcium carbonate, bulking agent isomalt, natural flavouring, starch, natural orange flavouring, beet root juice powder (maltodextrin, beet root juice concentrate), natural lemon flavouring with other natural flavourings, sweetener aspartam, sweetener acesulfame K, palm oil, colour riboflavin-5`-phosphate, vitamin K2, vitamin D3.

	per daily portion (= 1 sachet)	NRV* per daily portion
Calcium	1000 mg	125 %
Vitamin D3	20 µg	400 %
Vitamin K2	75 µg	100 %

* Nutrient reference values; daily reference intakes for vitamins and minerals (adults) according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

FOOD SUPPLEMENT

B-FIT® Cold Drink lemon

drinking powder

Calcium + Vitamin D3 + Vitamin K2

with sweeteners/ **sugar free**

lemon flavour

MADE IN GERMANY

Packaging may vary

About B-FIT® Cold Drink orange

B-FIT® Cold Drink lemon drinking powder for the direct supply of the body with 1000 mg calcium as well as 20 µg vitamin D3 and 75 µg vitamin K2 for the maintenance of bone health.

Benefits

Calcium is needed for the maintenance of normal bones and normal teeth.

Calcium contributes to
- normal muscle function
- normal blood clotting
- normal energy-yielding metabolism

Vitamin D3 contributes to
- the maintenance of normal bones and normal teeth
- the normal function of the immune system
- the maintenance of normal muscle function
- normal absorption / utilization of calcium and phosphorus
- normal blood calcium levels

Vitamin K2 contributes to
- the maintenance of normal bones

Recommended intake

Drink the content of 1 sachet daily dissolved in 200 ml cold water.

Contents of the pack

20 sachets à 6.2 g food supplement = 124g

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

B-FIT® Cold Drink lemon

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifying agent citric acid, calcium carbonate, bulking agent isomalt, natural citrus flavouring, starch, natural orange flavouring, sweetener aspartam, sweetener acesulfame K, natural flavouring, palm oil, colour riboflavin-5`-phosphate, vitamin K2, vitamin D3.

	per daily portion (= 1 sachet)	NRV* per daily portion
Calcium	1000 mg	125 %
Vitamin D3	20 µg	400 %
Vitamin K2	75 µg	100 %

* Nutrient reference values; daily reference intakes for vitamins and minerals (adults) according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

B-FIT® Energy

effervescent tablets

with sweeteners/ **sugar free**

blood orange flavour

MADE IN GERMANY

B-FIT® Energy

Magnesium, vitamin C and vitamin B12 contribute to a normal energy-yielding metabolism.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.3 g = 86 g food supplement with vitamins, minerals, taurine and caffeine.

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store in a cool (< 25 °C), dry and light-protected place, out of the sight and reach of young children.

The recommended daily intake indicated should not be exceeded. Other food supplements containing zinc should be avoided. Contains caffeine. Not recommended for children and pregnant women.

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

B-FIT® Energy

Benefits

Zinc contributes to
- the maintenance of normal testosterone levels in the blood.
- normal macronutrient metabolism.
- normal cognitive function.

Selenium contributes to
- the protection of cells from oxidative stress.
- the normal function of the immune system.

Vitamin B12 contributes to
- normal psychological function.
- normal red blood cell formation.
- the reduction of tiredness and fatigue.

Vitamin C contributes to
- maintain the normal function of the immune system during and after intense physical exercise.
- the regeneration of the reduced form of vitamin E.

Magnesium contributes to
- normal muscle function.
- normal energy-yielding metabolism.

Ingredients

Acid citric acid, acidity regulator sodium hydrogen carbonate, magnesium carbonate, humectant sorbitol, taurine, inulin, guarana extract, L-ascorbic acid, acidity regulator sodium carbonate, anti-caking agent tricalcium phosphate, flavours, green tea extract, starch, zinc citrate, red beet juice powder, sweetener aspartame, inositol, sweetener acesulfame K, sweetener sucralose, colour riboflavin 5 -phosphate-sodium, sodium selenate, cyanocobalamin.
Contains a source of phenylalanine.

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Gurarana extract - thereof caffeine	100 mg 10 mg	**
Taurine	200 mg	**
Green tea extract - thereof caffeine	50 mg 2.25 mg	**
Vitamin C	80 mg	100 %
Vitamin B12	2,5 µg	100 %
Selenium	55 µg	100 %
Zinc	10 mg	100 %
Magnesium	98 mg	26 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

** no NRV defined

FOOD SUPPLEMENT

FOOD SUPPLEMENT

B-FIT® Sport

effervescent tablets

with sweeteners/ **sugar free**

pineapple flavour

MADE IN GERMANY

About B-FIT® Sport

When doing sports, every single training session is of great importance for continuous success. The minerals and vitamins of B-FIT Sport support you in every training session, so that you can get the maximum out of it. The precisely harmonised ingredients help to ensure that the transmission of stimuli from the nerves to the muscle, your muscles and the energy metabolism function normally. So nothing stands in the way of your success in the long term.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement.

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25°C), dry and light-protected place.
The recommended daily intake indicated should not be exceeded.
Contains a source of phenylalanine.

Vegan

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

B-FIT® Sport

Benefits

Calcium contributes to
- normal muscle function
- normal blood clotting
- normal energy-yielding metabolism

and is needed for the maintenance of norma bones.

Magnesium contributes to

- the maintenance of normal bones
- the reduction of tiredness and fatigue
- normal functioning of the nervous system
- normal protein synthesis
- normal muscle function

Vitamin C contributes to

- maintain the normal function of the immune system during and after intense physical exercise
- the protection of cells from oxidative stress
- normal energy-yielding metabolism

Phosphorus contributes to normal function of cell membranes.

Vitamin E contributes to the protection of cells from oxidative stress.

Potassium contributes to the maintenance of normal blood pressure.

Ingredients

Acidifier citric acid, potassium hydrogen carbonate, potassium phosphate, magnesium carbonate, anti-caking agent tricalcium phosphate, humectant sorbitol, inulin, calcium carbonate, acidity regulator sodium hydrogen carbonate, L-ascorbic acid (vitamin C), acidity regulator sodium carbonate, starch, flavour, sweetener aspartame, DL-alpha-tocopheryl acetate (vitamin E), sweetener acesulfame K, sweetener sucralose, colour riboflavin 5´-phosphate-sodium.

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Calcium	120 mg	15 %
Magnesium	56.25 mg	15 %
Potassium	400 mg	20 %
Phosphorus	105 mg	15 %
Vitamin C	80 mg	100 %
Vitamin E (α-TE)	12 mg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

B-FIT® with B12

strawberry-vanilla flavour

MADE IN GERMANY

Packaging may vary

VEGAN

About B-FIT® with B12

Vitamin B12 (= cyanocobalamin) is a water-soluble and heat-sensitive vitamin, which cannot be produced by the human body itself. B-FIT® with B12 can improve the general well-being and thus increase the energy level and the general efficiency, especially in groups of persons, who are often affected by a vitamin B12 deficiency (e.g. elderly people, vegetarians and vegans, diabetic, people suffering from concentration weakness, people suffering from stress, fatigue and tiredness).

Contents of the pack

7 drinking ampoules à 7 ml = 49 ml food supplement

Benefits

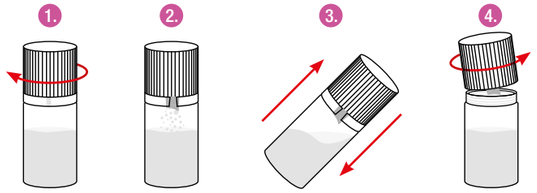
Vitamin B12 contributes to

- normal energy-yielding metabolism
- normal functioning of the nervous system
- normal homocysteine metabolism
- normal mental function
- normal red blood cell formation
- normal functioning of the immune system
- the reduction of tiredness and fatigue

Recommended intake

The ingredients are mixed immediately before consumption in the ampoule. The cap contains vitamin B12-powder and the liquid is contained in the ampoule.

1. Close the cap clockwise (see arrows on the cap) until the white safety ring loosens
2. The vitamin B12-powder falls into the liquid
3. Shake the ampoule well
4. Twist off the cap counterclockwise (to the left) and drink the liquid



Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

B-FIT® with B12

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Ingredients

Water, fructose, dextrose, flavour, acidifier citric acid, preservative potassium sorbate, releasing agent silicon dioxide, maltodextrin, colouring anthocyanins, cyanocobalamin (vitamin B12).

	per daily portion (= 1 drinking ampoule)	NRV* per daily portion
Vitamin B12	20.0 µg	800 %

* Nutrient reference values; daily reference intakes for vitamins and minerals (adults) according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Centrovit AIWA®

MADE IN GERMANY

Description

The specific composition of Centrovit AIWA® contains a selection of vitamins and minerals. These fulfil a variety of tasks in the human body.

Method of administration

Swallow one tablet daily with liquid.

Ingredients

Calcium phosphate, magnesium oxide, bulking agent microcrystalline cellulose, vitamin C, iron fumarate, glazing agent hydroxypropyl methyl cellulose, vitamin E, niacin, zinc oxide, anti-caking agent polyvinylpyrrolidone, pantothenic acid, anti-caking agent magnesium salts of fatty acids, vitamin B6, manganese sulphate, copper sulphate, colouring agent titanium dioxide, riboflavin, thiamin, glazing agent hydroxypropyl cellulose, vitamin A, lutein, anti-caking agent stearic acid, anti-caking agent talcum, folic acid, colouring agent iron oxide, chromium (III) chloride, potassium iodide, sodium selenate, sodium molybdate, vitamin K1, biotin, vitamin B12, vitamin D3.

Packaging may vary

VEGETARIAN

Benefits of Centrovit AIWA®

- It combines a wide spectrum of vitamins and minerals in one tablet.
- It is suitable for those who want to support their own body, when an adequate nutritional supply by a basic diet cannot be guaranteed.

Contents of the pack

32 coated tablets à 1.45 g = 46.4 g food supplement with vitamins, minerals and lutein.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Centrovit AIWA®

Warnings and precautions

Food supplements are no substitute for a varied, balanced diet and a healthy lifestyle. Store in a cool (< 25 °C), dry and light-protected place, out of sight and reach of young children.

The recommended daily intake indicated should not be exceeded.

Children and adolescents

Centrovit AIWA® is not suitable for children and adolescents under the age of 17 years.

Pregnancy and breast-feeding

During pregnancy and breastfeeding you should consult with your doctor or pharmacist before taking a dietary supplement.

For more information please read the package leaflet!

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Centrovit AIWA®

MADE IN GERMANY

Packaging may vary

VEGETARIAN

Description

The specific composition of Centrovit AIWA® contains a selection of vitamins, minerals and trace elements. These fulfill a variety of tasks in the human body with the following characteristics and properties.

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g dietary supplement with vitamins, minerals, trace elements, lutein and sweeteners.

Benefits of Centrovit AIWA® effervescent tablets

- It is suitable for those who want to support their own body, when an adequate nutritional supply by a basic diet cannot be guaranteed.

Ingredients

Acidifier citric acid, acidity regulator sodium hydrogen carbonate, dicalcium phosphate, magnesium carbonate, humectant sorbitol, inulin, vitamin C, acidity regulator sodium carbonate, flavour, iron sulphate, zinc sulphate, sweetener aspartame, vitamin E, starch, maltodextrin, niacin, red beet juice powder, cupric gluconate, sweetener acesulfame K, pantothenic acid, vitamin B6, manganese sulphate, sweetener sucralose, sweetener saccharin sodium, vitamin B2, vitamin B1, vitamin A, lutein, folic acid, potassium iodate, chromium (III) chloride, sodium selenate, sodium molybdate, vitamin K1, D-biotin, vitamin B12, vitamin D3. Contains a source of phenylalanine.

Method of administration

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

Centrovit AIWA®

Warnings and precautions

Food supplements are no substitute for a varied, balanced diet and a healthy living. Store in a cool (< 25 °C), dry and light-protected place, out of sight and reach of young children.

The recommended daily intake indicated should not be exceeded.

Centrovit AIWA® is not suitable for children and adolescents under the age of 17 years. Before taking Centrovit AIWA® consult with your doctor.

Pregnancy and breast-feeding

During pregnancy and breastfeeding you should consult with your doctor or pharmacist before taking a dietary supplement.

About Centrovit AIWA®

Centrovit AIWA® combines a wide spectrum of vitamins, minerals and trace elements in one effervescent tablet. It is suitable for those who want to support their own body, when an adequate nutritional supply by a basic diet cannot be guaranteed. The fruity orange flavour and the administration form as an effervescent tablet allows a simple and uncomplicated intake.

For more information please read the package leaflet!

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Cranberry AIWA®

Power from Nature

gluten free

MADE IN GERMANY

About Cranberry AIWA®

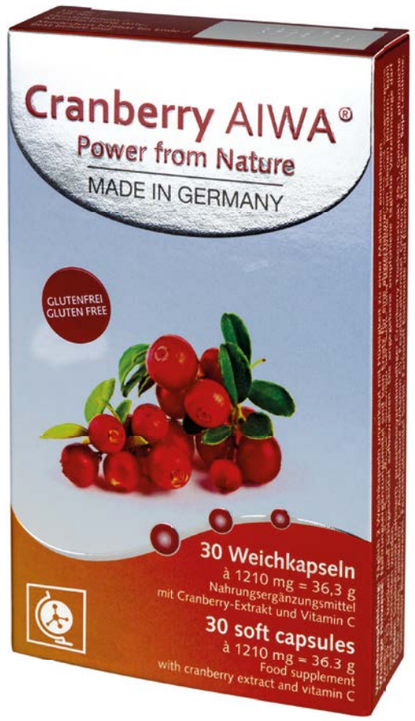
Cranberry AIWA® is characterized by a combination of vitamin C and a high-quality extract of cranberry.

Recommended intake

Daily take two soft capsules unchewed with liquid to a meal.

Contents of the pack

30 soft capsules à 1210 mg = 36.3 g
food supplement with cranberry extract and vitamin C



Packaging may vary

Benefits

- as prophylaxis for urinary tract infections and to possibly avoid antibiotics
- Vitamin C supports the immune system and is a free radical scavenger
- no damage to the intestinal flora
- reduced development of resistance
- suitable for children and pregnant women

Vitamin C contributes to the maintenance of a normal function of the immune system and protects cells from oxidative stress.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

Cranberry AIWA®

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store in a cool (< 25 °C), dry and light-protected place, out of the sight and reach of young children.
The recommended daily intake indicated should not be exceeded.

Ingredients

Soybean oil (refined), proanthocyanidin-containing cranberry dry extract 25:1, gelatin, vegetable fats (coconut, palm kernel), L-ascorbic acid (vitamin C), humectant glycerin, emulsifier soy-lecithins, stabiliser beeswax, humectant sorbitol, colour iron oxides and iron hydroxide.

	per daily portion (2 capsules)	% NRV* per 2 capsules
Cranberry dry extract 25:1 native thereof proanthocyanidins (PAC)	600 mg 36 mg	**
Vitamin C	160 mg	200 %

*Nutrient reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No.1169/2011
** No NRV defined

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

FOOD SUPPLEMENT

D-Day® long

soft capsules

Only once a week!

MADE IN GERMANY

About D-Day® long

D-Day® long soft capsules contain vitamin D, an essential nutrient for the metabolism with multiple functions.

Recommended intake

Take one capsule once a week with water and a main meal. It is best to take the capsules always at the same time, for example, on Sundays for breakfast.

Contents of the pack

30 soft capsules à 412 mg = 12.4 g
food supplement with vitamin D3

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Packaging may vary

Benefits

Vitamin D contributes to

- the maintenance of normal bones and normal muscle function
- the normal function of the immune system
- normal blood calcium levels

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

D-Day® long

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

In addition to D-Day® long no further vitamin D supplements should be taken.

D-Day® long is not suitable for children under 11 years.

Ingredients

Sunflower oil, gelatin (bovine), humectant glycerine, cholecalciferol (vitamin D3), colour riboflavin, colour titanium dioxide, water.

	per weekly intake (= 1 capsule)	this corresponds to a daily intake of	% NRV* of the daily intake
Vitamin D3	140 µg (5600 I.U.)	20 µg (800 I.U.)	400 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

FOOD SUPPLEMENT

GEM OMEGA 3®

soft gelatin capsules

gluten- and lactose free

MADE IN GERMANY

About GEM OMEGA 3®

GEM OMEGA 3® soft gelatin capsules is a food supplement containing a special combination of valuable omega-3 fatty acids, especially eicosapentaenoic acid (EPA) and docosahexaenic acid (DHA), as well as vitamin E.

Recommended intake

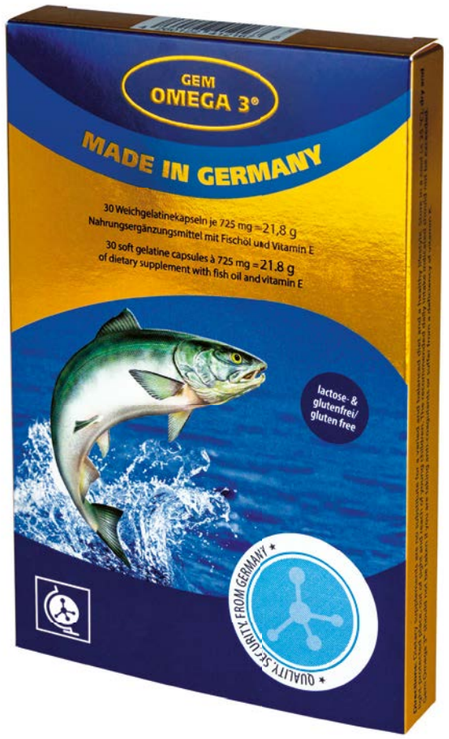
Take 2 capsules, 3 times daily with plenty of water, distributed throughout the day at mealtimes.

Contents of the pack

30 soft gelatin capsules à 725 mg = 21.8 g
food supplement with fish oil and vitamin E

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.



Packaging may vary

Benefits

A daily intake of 250 mg DHA contributes to

- maintenance of normal brain function
- the maintenance of normal vision

In addition, a daily intake of 250 mg DHA and EPA contribute to normal function of the heart.

Vitamin E

- contributes to the protection of cells from oxidative stress

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

GEM OMEGA 3®

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

GEM OMEGA 3® should not be taken if you are taking anti-coagulants or suffer from a deficiency of vitamin K.

Ingredients

Fish oil, gelatin (bovine), humectant glycerin, vitamin E, water.

	per daily portion (= 6 soft gelatin capsules)	NRV* per daily portion
Omega-3 fatty acids	924 mg	**
thereof		
EPA	480 mg	**
DHA	306 mg	**
Vitamin E (α-TE)	36 mg	300 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

** No NRV available.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Active for work

effervescent tablets

with sweeteners/ **sugar free**

orange flavour

MADE IN GERMANY

About German Active for work

German Active for work effervescent tablets contain magnesium and vitamins for your daily vitality.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement with magnesium and vitamins

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Vitamin B12 contributes to
- the reduction of tiredness and fatigue
- normal functioning of the nervous system and normal psychological function
- the normal function of the immune system

Magnesium, biotin, vitamin C and vitamin B6 contribute to
- normal functioning of the nervous system
- normal psychological function

Magnesium, pantothenic acid, vitamin C, vitamin B2 and vitamin B6 contribute to
- the reduction of tiredness and fatigue

Pantothenic acid contributes to
- normal mental function

Vitamin E and vitamin B2 contribute to
- the protection of cells from oxidative stress

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

German Active for work

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, acidity regulator sodium hydrogen carbonate, magnesium carbonate, inulin, L-ascorbic acid (vitamin C), humectant sorbitol, starch, anti-caking agent tricalcium phosphate, flavour, sweetener aspartame, nicotinamide (niacin), DL-α-tocopheryl acetate (vitamin E), maltodextrin, red beet juice powder, sweetener acesulfame K, calcium-D-pantothenate (pantothenic acid), riboflavin 5´-phosphate-sodium (vitamin B2), pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), pteroylmonoglutamic acid (folic acid), D-biotin, cyanocobalamin (vitamin B12).

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Magnesium	150 mg	40 %
Vitamin C	80 mg	100 %
Niacin (NE)	20 mg	100 %
Pantothenic acid	16.0 mg	100 %
Vitamin E (α-TE)	12 mg	100 %
Pyridoxine (vitamin B6)	1.4 mg	100 %
Riboflavin (Vitamin B2)	1.4 mg	100 %
Thiamine (vitamin B1)	1.1 mg	100 %
Folic acid	200 µg	100 %
Vitamin B12	2.5 µg	100 %
Biotin	50 µg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Apple cure

effervescent tablets

with sweeteners/ **sugar free**

apple flavour

MADE IN GERMANY

About German Apple cure

German Apple cure effervescent tablets are a combination of apple cider vinegar powder and vitamin B6, which is suitable for anyone who wants to support their body with vitamin B6 and appreciates apple cider vinegar.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement with apple cider vinegar powder and vitamin B6

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Pyridoxine (vitamin B6) contributes to

- normal energy-yielding metabolism
- normal protein and glycogen metabolism
- the normal function of the immune system
- the normal red blood cell formation
- normal psychological function
- the reduction of tiredness and fatigue

VEGAN

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Apple Cure

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, acidity regulator sodium hydrogen carbonate, acidity regulator sodium carbonate, apple cider vinegar powder, humectant sorbitol, starch, flavour, anti-caking agent tricalcium phosphate, inulin, sweetener aspartame, sweetener acesulfame K, vitamin B6, colouring riboflavin 5'-phosphate sodium, maltodextrin.

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Apple cider vinegar extract	256.5 mg	**
Vitamin B6	2.0 mg	143 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.
** no NRV defined

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Calcium

effervescent tablets

with sweeteners/ **sugar free**

lemon flavour

MADE IN GERMANY

About German Calcium

German Calcium effervescent tablets contain calcium for your daily vitality.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement with calcium

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Packaging may vary

Benefits

Calcium contributes to

- normal muscle function
- normal blood clotting
- normal energy-yielding metabolism

Calcium is needed for the maintenance of normal bones and normal teeth.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Calcium

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, calcium carbonate, acidity regulator sodium hydrogen carbonate, inulin, acidity regulator sodium carbonate, anti-caking agent tricalcium phosphate, starch, flavour, sweetener aspartame, sweetener acesulfame K, acidifier malic acid, colour riboflavin-5'-phosphate-sodium.

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Calcium	500 mg	62.5 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Calcium + D3

effervescent tablets

with sweeteners/ sugar free

orange-grapefruit flavour

MADE IN GERMANY

About German Calcium + D3

German Calcium + D3 effervescent tablets contain calcium and vitamin D3 for your daily vitality.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement with calcium and vitamin D3

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Calcium contributes to

- normal muscle function
- normal blood clotting
- normal energy-yielding metabolism

Calcium is needed for the maintenance of normal bones and normal teeth.

Vitamin D3 contributes to

- the maintenance of normal bones and normal teeth
- the normal function of the immune system
- the maintenance of normal muscle function
- normal absorption/utilization of calcium and phosphorus
- normal blood calcium levels

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

German Calcium + D3

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, calcium carbonate, acidity regulator sodium hydrogen carbonate, acidity regulator sodium carbonate, humectant sorbitol, inulin, starch, flavours, anti-caking agent tricalcium phosphate, sweetener aspartame, sweetener acesulfame K, red beet juice powder (maltodextrin, red beet juice powder), colour riboflavin 5'-phosphate-sodium, sweetener sucralose, cholecalciferol (vitamin D3).

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Calcium	500 mg	62.5 %
Vitamin D3	2.5 µg	50 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Calcium + Vitamin C

effervescent tablets

with sweeteners/ **sugar free**

lemon flavour

MADE IN GERMANY

About German Calcium + D3

German Calcium + Vitamin C effervescent tablets contain calcium and vitamin C for your daily vitality.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement with calcium and vitamin C

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Calcium contributes to

- normal muscle function
- normal blood clotting
- normal energy-yielding metabolism

Calcium is needed for the maintenance of normal bones and normal teeth.

Vitamin C contributes to

- the normal function of the immune system
- maintain the normal function of the immune system during and after intense physical exercise
- the reduction of tiredness and fatigue
- normal collagen formation for the normal function of skin, gums and teeth
- normal energy-yielding metabolism
- normal functioning of the nervous system

Vitamin C increases iron absorption.

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

German Calcium + Vitamin C

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, calcium carbonate, acidity regulator sodium hydrogen carbonate, acidity regulator sodium carbonate, inulin, humectant sorbitol, L-ascorbic acid (vitamin C), anti-caking agent tricalcium phosphate, starch, flavours, sweetener aspartame, sweetener acesulfame K, sweetener sucralose, colour riboflavin 5'-phosphate-sodium.

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Calcium	300 mg	37.5 %
Vitamin C	75 mg	94 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Iron

effervescent tablets

with sweeteners/ **sugar free**

cherry flavour

MADE IN GERMANY

Packaging may vary

About German Iron

German Iron effervescent tablets contain iron for your daily vitality.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement with iron

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Iron contributes to

- normal formation of red blood cells and haemoglobin
- normal oxygen transport in the body
- the normal function of the immune system
- the reduction of tiredness and fatigue

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

German Iron

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Iron-based food supplements should only be used if the iron supply is insufficient.

Ingredients

Acidifier citric acid, acidity regulator sodium hydrogen carbonate, acidity regulator sodium carbonate, humectant sorbitol, starch, iron gluconate, flavour, anti-caking agent tricalcium phosphate, inulin, sweetener aspartame, malto-dextrin, red beet juice powder, sweetener acesulfame K, sweetener sucralose, colour ponceau 4R

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Iron	14 mg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Magnesium

effervescent tablets

with sweeteners/ **sugar free**

orange flavour

MADE IN GERMANY

About German Magnesium

German Magnesium effervescent tablets contain calcium for your daily vitality.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement with magnesium

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Magnesium contributes to

- normal muscle function
- normal energy-yielding metabolism and electrolyte balance
- the reduction of tiredness and fatigue
- the normal functioning of the nerves and normal psychological function
- the maintenance of normal bones and teeth

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

German Magnesium

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, magnesium carbonate, acidity regulator sodium hydrogen carbonate, inulin, starch, flavour, sweetener aspartame, sweetener acesulfame K, sweetener sucralose, red beet juice powder, (maltodextrin; red beet juice powder), colouring agent riboflavin 5'-phosphate sodium

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Magnesium	200 mg	53 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Multivitamin

effervescent tablets

with sweeteners/ **sugar free**

orange flavour

MADE IN GERMANY

About German Multivitamin

German Multivitamin effervescent tablets contain vitamins for your daily vitality.

Benefits

Vitamin C contributes to
- the normal function of the immune system
- maintain the normal function of the immune system during and after intense physical exercise
- the reduction of tiredness and fatigue
- normal energy-yielding metabolism

Niacin contributes to
- normal functioning of the nervous system
- the reduction of tiredness and fatigue
- the maintenance of normal skin and normal mucous membranes

Vitamin E contributes to
- the protection of cells from oxidative stress

Pantothenic acid contributes to
- the reduction of tiredness and fatigue
- normal mental performance

Vitamin B1 (thiamine) contributes to
- normal functioning of the nervous system
- normal energy-yielding metabolism
- the normal function of the heart

Biotin contributes to
- the maintenance of normal hair and normal skin

Folic acid contributes to
- normal blood formation
- the normal function of the immune system

Vitamin B12 contributes to
- normal energy-yielding metabolism
- normal functioning of the nervous system
- normal mental function
- normal red blood cell formation
- normal functioning of the immune system
- the reduction of tiredness and fatigue

Packaging may vary

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g
food supplement with vitamins

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Multivitamin

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, acidity regulator sodium hydrogen carbonate, humectant sorbitol, acidity regulator sodium carbonate, starch, inulin, L-ascorbic acid (vitamin C), anti-caking agent tricalcium phosphate, sweetener aspartame, flavour, DL-α-tocopheryl acetate (vitamin E), nicotinamide (niacin), sweetener acesulfame K, calcium-D-pantothenate (pantothenic acid), red beet juice powder (maltodextrin, red beet juice powder), sweetener sucralose, riboflavin 5´-phosphate-sodium (vitamin B2), pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), pteroylmonoglutamic acid (folic acid), D-biotin, cyanocobalamin (vitamin B12).

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Vitamin C	80 mg	100 %
Niacin (NE)	16 mg	100 %
Vitamin E (α-TE)	12 mg	100 %
Pantothenic acid	6,0 mg	100 %
Pyridoxine (vitamin B6)	1.4 mg	100 %
Riboflavin (Vitamin B2)	1.4 mg	100 %
Thiamine (vitamin B1)	1.1 mg	100 %
Biotin	50 µg	100 %
Folid acid	200 µg	100 %
Vitamin B12	2.5 µg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Multivitamin + Minerals

effervescent tablets

with sweeteners/ **sugar free**

pomegranate flavour

MADE IN GERMANY

Ingredients

Acidifier citric acid, acidifier malic acid, calcium carbonate, magnesium carbonate, humectant sorbitol, acidity regulator sodium hydrogen carbonate, potassium hydrogen carbonate, starch, inulin, L-ascorbic acid (vitamin C), anti-caking agent tricalcium phosphate, sweetener aspartame, flavours, DL-α-tocopheryl acetate (vitamin E), nicotinamide (niacin), sweetener acesulfame K, calcium-D-pantothenate (pantothenic acid), red beet juice powder (maltodextrin, red beet juice powder), sweetener sucralose, riboflavin 5´-phosphate-sodium (vitamin B2), pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), pteroylmonoglutamic acid (folic acid), D-biotin, cyanocobalamin (vitamin B12)

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Magnesium	150 mg	40 %
Calcium	300 mg	38 %
Vitamin C	80 mg	100 %
Niacin (NE)	16 mg	100 %
Vitamin E (α-TE)	12 mg	100 %
Pantothenic acid	6.0 mg	100 %
Pyridoxine (vitamin B6)	1.4 mg	100 %
Riboflavin (Vitamin B2)	1.4 mg	100 %
Thiamine (vitamin B1)	1.1 mg	100 %
Biotin	50 µg	100 %
Folic acid	200 µg	100 %
Vitamin B12	2.5 µg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

Packaging may vary

About German Multivitamin + Minerals

German Multivitamin + Minerals effervescent tablets contain vitamins and minerals for your daily vitality.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Multivitamin + Minerals

Benefits

Magnesium contributes to
- normal muscle function
- normal energy-yielding metabolism and electrolyte balance
- the reduction of tiredness and fatigue
- the normal functioning of the nerves and normal psychological function
- contributes to the maintenance of normal bones and teeth

Calcium contributes to
- normal muscle function
- normal blood clotting
- normal energy-yielding metabolism

Vitamin C contributes to
- the normal function of the immune system
- maintain the normal function of the immune system during and after intense physical exercise
- the reduction of tiredness and fatigue

Niacin contributes to
- normal functioning of the nervous system
- the reduction of tiredness and fatigue
- the maintenance of normal skin and normal mucous membranes

Vitamin E contributes to
- the protection of cells from oxidative stress

Pantothenic acid contributes to
- the reduction of tiredness and fatigue
- normal mental performance

Vitamin B6 contributes to
- normal functioning of the nervous system
- normal psychological function

Vitamin B2 (riboflavin) and vitamin B6 contribute to
- the reduction of tiredness and fatigue

Vitamin B1 (thiamine) contributes to
- normal functioning of the nervous system
- normal energy-yielding metabolism
- the normal function of the heart

Folic acid contributes to
- normal blood formation
- the normal function of the immune system

Biotin contributes to
- the maintenance of normal hair and normal skin

Vitamin B12 contributes to
- normal functioning of the nervous system
- normal mental function
- normal red blood cell formation
- normal functioning of the immune system
- the reduction of tiredness and fatigue

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement with vitamins and minerals

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German **Multivitamins** for children

effervescent tablets

with sweeteners/ **sugar free**

raspberry flavour

MADE IN GERMANY

About German Multivitamins for children

German Multivitamins for children effervescent tablets contain vitamins for your child's daily vitality.

Benefits

Vitamin C contributes to
- the normal function of the immune system
- maintain the normal function of the immune system during and after intense physical exercise
- the reduction of tiredness and fatigue
- normal energy-yielding metabolism

Niacin contributes to
- normal functioning of the nervous system
- the reduction of tiredness and fatigue
- the maintenance of normal skin and normal mucous membranes

Vitamin E contributes to
- the protection of cells from oxidative stress

Vitamin B2 and vitamin B6 contribute to
- the reduction of tiredness and fatigue

Vitamin B6 contributes to
- normal functioning of the nervous system
- normal psychological function

Vitamin B1 (thiamine) contributes to
- normal functioning of the nervous system
- normal energy-yielding metabolism
- the normal function of the heart

Folic acid contributes to
- normal blood formation
- the normal function of the immune system

Vitamin B12 contributes to
- normal energy-yielding metabolism
- normal functioning of the nervous system
- normal mental function
- normal red blood cell formation
- normal functioning of the immune system
- the reduction of tiredness and fatigue

Packaging may vary

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g
food supplement with vitamins

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German **Multivitamins** for children

Recommended intake

Daily and drink one effervescent tablet daily in a glass of water (250 ml).

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, acidity regulator sodium hydrogen carbonate, humectant sorbitol, acidity regulator sodium carbonate, L-ascorbic acid (vitamin C), inulin, starch, anti-caking agent tricalcium phosphate, flavouring, maltodextrin, sweetener aspartame, red beet juice powder, DL-α-tocopheryl acetate (vitamin E), nicotinamide (niacin), sweetener acesulfame K, sweetener sucralose, riboflavin 5´-phosphate-sodium (vitamin B2), pyridoxine hydrochlorid (vitamin B6), thiamine hydrochloride (vitamin B1), pteroyl monoglutamic acid (folic acid), cyanocobalamin (vitamin B12).

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Vitamin C	80 mg	100 %
Niacin (NE)	16 mg	100 %
Vitamin E (α-TE)	12 mg	100 %
Vitamin B6	1.4 mg	100 %
Riboflavin (Vitamin B2)	1.4 mg	100 %
Thiamine (vitamin B1)	1.1 mg	100 %
Folid acid	200 µg	100 %
Vitamin B12	2.5 µg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Vitamin ACE

effervescent tablets

with sweeteners/ **sugar free**

peach flavour

MADE IN GERMANY

About German Vitamin ACE

German Vitamin ACE effervescent tablets contain vitamin A, vitamin C and vitamin E for your daily vitality.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.2 g = 84 g food supplement with vitamin A, vitamin C and vitamin E

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Vitamin A contributes to
- normal iron metabolism
- the maintenance of normal mucous membranes, normal skin and normal vision

Vitamin C contributes to
- the normal function of the immune system
- maintain the normal function of the immune system during and after intense physical exercise
- the reduction of tiredness and fatigue
- normal energy-yielding metabolism

Vitamin E contributes to
- the protection of cells from oxidative stress

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

German Vitamin ACE

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, acidity regulator sodium hydrogen carbonate, humectant sorbitol, acidity regulator sodium carbonate, starch, L-ascorbic acid (vitamin C), anti-caking agent tricalcium phosphate, sweetener sodium cyclamate, flavor, red beet juice powder (maltodextrin; red beet juice powder), DL-a-tocopheryl acetate (vitamin E), sweetener sodium saccharin, colour riboflavin-5'-phosphate-sodium, retinyl acetate (vitamin A).

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Vitamin A (RE)	800 µg	100 %
Vitamin C	60 mg	75 %
Vitamin E (α-TE)	10 mg	83%

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Vitamin C

effervescent tablets

with sweeteners/ **sugar free**

lemon flavour

MADE IN GERMANY

About German Vitamin C

German Vitamin C effervescent tablets contain vitamin C for your daily vitality.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.0 g = 80 g food supplement with vitamin C

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Vitamin C contributes to

- the normal function of the immune system
- maintain the normal function of the immune system during and after intense physical exercise
- the reduction of tiredness and fatigue
- normal collagen formation for the normal function of skin, gums and teeth
- normal energy-yielding metabolism
- normal functioning of the nervous system

Vitamin C increases iron absorption.

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

German Vitamin C

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, acidity regulator sodium hydrogen carbonate, L-ascorbic acid (vitamin C), acidity regulator sodium carbonate, starch, humectant sorbitol, anti-caking agent tricalcium phosphate, inulin, sweetener aspartame, flavour, sweetener acesulfame K, sweetener sucralose, red beet juice powder (maltodextrin, red beet juice powder), colour riboflavin-5'-phosphate-sodium.

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Vitamin C	180 mg	225 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

German Zinc

effervescent tablets

with sweeteners/ **sugar free**

peach-passion fruit flavour

MADE IN GERMANY

About German Zinc

German Zinc effervescent tablets contain zinc for your daily vitality.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.0 g = 90 g food supplement with zinc.

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Zinc contributes to

- the maintenance of normal vision
- the normal function of the immune system
- the maintenance of normal bones, normal hair and normal nails
- normal cognitive function
- normal fertility and reproduction
- the maintenance of normal skin
- the maintenance of normal testosterone levels in the blood

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

German Zinc

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

The intake of other zinc-containing products should be avoided.

Ingredients

Acidifier citric acid, acidity regulator sodium hydrogen carbonate, humectant sorbitol, starch, acidity regulator sodium carbonate, inulin, anti-caking agent tricalcium phosphate, flavour, sweetener aspartame, zinc sulphate, red beet juice powder (maltodextrin, red beet juice powder), sweetener acesulfame K, sweetener sucralose, colour riboflavin-5'-phosphatesodium.

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Zinc	5 mg	50 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Gluco AIWA® plus

effervescent tablets

with sweeteners/ **sugar free**

lemon flavour

MADE IN GERMANY

About Gluco AIWA® plus

Gluco AIWA® plus effervescent tablets contain a special combination of glucosamine, chondroitin, vitamin C and copper. Easily soluble in water and with a pleasant taste, it is an alternative to the often used capsules containing these substances.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Glucosamine is a so-called amino sugar, which occurs mainly in the shells of shellfish and crustaceans, such as shrimp, crab and lobster.

Chondroitin is the perfect addition to glucoamine. Chondroitin is one of the polysaccharides and is especially present in the cartilage tissue of cattle or fish. Therefore, the normal diet usually contains very little glucosamine and chondroitin.

Vitamin C contributes to

- normal collagen formation for the normal function of bones, blood vessels and cartilage
- the protection of cells from oxidative stress

Copper contributes to

- maintenance of normal connective tissue
- the protection of cells from oxidative stress
- the normal function of the immune system

Packaging may vary

Contents of the pack

19 effervescent tablets à 4.5 g = 85.5 g
food supplement with glucosamine hydrochloride, chondroitin sulfate, vitamin C and copper

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Gluco AIWA® plus

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

For consumers with impaired glucose tolerance, monitoring of the blood sugar levels and insulin requirements is recommended.

Consumers, who are treated with coumarin anticoagulants, should use the product only after consultation with the doctor. Blood coagulation should be carefully monitored.

Not suitable for children and adolescents.

Ingredients:

Acidifier citric acid, glucosamine hydrochloride **(from crustaceans)** (17.35 %), chondroitin sulfate (16.63 %), acidity regulator sodium hydrogen carbonate, acidity regulator sodium carbonate, inulin, L-ascorbic acid (vitamin C), flavours, humectant sorbitol, releasing agent polyvinyl pyrrolidone, sweetener aspartame, sweetener acesulfame K, copper gluconate, sweetener sucralose, colouring agent riboflavin-5´-phosphate-sodium.

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Vitamin C	80 mg	100 %
Copper	1 mg	100 %
Glucosamine hydrochloride	750 mg	**
Chondroitin sulfate	600 mg	**

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

** No reference value available.

FOOD SUPPLEMENT

FOOD SUPPLEMENT

iC Direct®

with sweeteners

elderberry flavour

MADE IN GERMANY

Packaging may vary

VEGAN

About iC Direct®

iC Direct® was developed as a food supplement especially for those who have an increased need for iron and vitamin C or through the diet are receiving an insufficient amount thereof. The modern administration form as micro-pellets in convenient sachets allow easy taking on the go and without water. The pellets are placed directly into the mouth and dissolve there quickly

Contents of the pack

20 sachets with micro-pellets
à 2.5 g = 50 g food supplement with iron and vitamin C

Recommended intake

Once daily pour the contents of a sachet directly on the tongue, let it melt slowly and swallow.

Benefits

Iron contributes to
- a normal formation of red blood cells and hemoglobin
- reducing tiredness and fatigue
- a normal transport of oxygen in the body
- a normal function of the immune system
- a normal energy metabolism

Vitamin C contributes to
- increase iron absorption in the body
- the protection of cells from oxidative stress

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

iC Direct®

Important instructions

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before taking a food supplement.

Contains a source of phenylalanine.

Ingredients

Bulking agent sorbitol; acerola juice powder (maltodextrin, acerola juice powder, L-ascorbic acid (vitamin C); red beet juice powder (maltodextrin, red beet juice powder); L-ascorbic acid (vitamin C); ferrous furamate; vegetable fat (fully hydrogenated, source palm); thickener sodium carboxy methyl cellulose; flavouring; anti-caking agent magnesium salts of fatty acids; anti-caking agent silicon dioxide; sweetener aspartame; sweetener acesulfame K

	per daily portion (1 sachet)	NRV* per daily portion
Iron	14 mg	100 %
Vitamin C	80 mg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

iFol®

orange flavour

MADE IN GERMANY

Packaging may vary

VEGAN

About iFol®

iFol® was developed as a food supplement especially for those who have an increased need for folic acid and iron or through the diet are receiving an insufficient amount thereof. Both nutrients are essential for humans and fulfill important tasks in the metabolism.

Contents of the pack

7 drinking ampoules à 7 ml = 49 ml food supplement with folic acid and iron

Benefits

Folid acid contributes to

- a normal hematopoiesis
- a normal mental function
- a normal function of the immune system
- reducing fatigue and tiredness

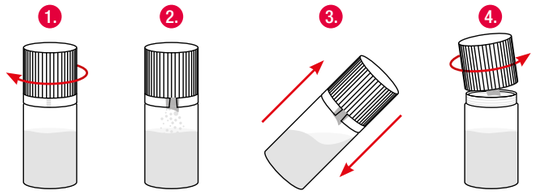
Iron contributes to

- a normal formation of red blood cells and hemoglobin
- a normal transport of oxygen in the body
- a normal cognitive function
- a normal energy metabolism
- a normal function of the immune system
- reducing tiredness and fatigue

Recommended intake

The ingredients are mixed immediately before consumption in the ampoule. The cap contains the folic acid- and iron-powder and the liquid is contained in the ampoule.

1. Close the cap clockwise (see arrows on the cap) until the white safety ring loosens.
2. The folic acid- and iron-powder falls into the liquid.
3. Shake the ampoule well
4. Twist off the cap counterclockwise (to the left) and drink the liquid



Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

iFol®

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Ingredients

Water, fructose, filler mannitol, iron diphosphate, flavouring, acidifier citric acid, food colouring safflower concentrate, preservative potassium sorbate, releasing agent silicon dioxide, magnesium salts of fatty acids, pteroylmonoglutamic acid (folic acid).

	per daily portion (= 1 drinking ampoule)	NRV* per daily portion
Folid acid	400 µg	200 %
Iron	14.0 mg	100 %

* Nutrient reference values; daily reference intakes for vitamins and minerals (adults) according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Ferro AIWA® plus

Power from Nature

gluten free

MADE IN GERMANY

About Ferro AIWA® plus

Ferro AIWA® plus soft capsules makes a valuable contribution to the supply of vitamins and minerals, especially if an appropriate and adequate intake is not guaranteed through the normal diet. Ferro AIWA® plus is particularly recommended for women of childbearing age as well as for pregnant women, elderly people and athletes.

Recommended intake

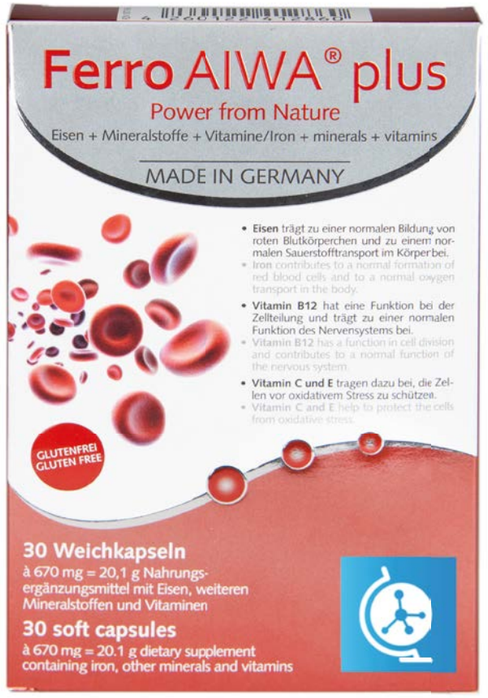
Take 1 soft capsule daily unchewed with liquid to a meal.

Contents of the pack

30 soft capsules à 670 mg = 20.1 g
food supplement with iron, other minerals and vitamins

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.



Packaging may vary

Benefits

Iron contributes to

- normal cognitive function
- normal energy-yielding metabolism
- the normal formation of red blood cells and haemoglobin
- normal oxygen transport in the body
- the normal function of the immune system
- the reduction of tiredness and fatigue

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

Ferro AIWA® plus

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

For adolescents and adults. Iron-based food supplements should only be used if the iron supply is insufficient.

Ingredients

Soybean oil; ascorbic acid (vitamin C); gelatin (beef); soybean oil (partially hardened); moisturizing agent glycerin; iron (II) fumarate; soybean oil (completely hardened); D-α-tocopherol (vitamin E); zinc oxide; water, purified; emulsifier lecithin (soy); pyridoxine hydrochloride (vitamin B6); copper (II) sulfate, anhydrous; cyanocobalamin (vitamin B12); folic acid; colouring agent iron oxide, red

	per daily portion (= 1 soft capsule)	% NRV* per daily portion
Iron	14 mg	100 %
Zinc	15 mg	150 %
Copper	2 mg	200 %
Folid acid	600 µg	300 %
Vitamin B12	9 µg	360 %
Vitamin B6	5.4 mg	386 %
Vitamin C	100 mg	125 %
Vitamin E (α-TE)	12 mg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Magnesium AIWA®
375 mg

gluten- and lactose free

with sweeteners

orange flavour

MADE IN GERMANY

Packaging may vary

About Magnesium AIWA®

Magnesium AIWA® is the ideal food supplement when it comes to quickly and easily improving your magnesium intake. The modern dosage form as micro pellets in a practical stick pack makes this possible without any water. The pellets are placed directly in the mouth and quickly dissolve there.

Contents of the pack

20 sachets with micro-pellets
à 2.0 g = 40 g food supplement

Recommended intake

1x daily pour the content of 1 sachet directly on the tongue, let it melt slowly and swallow.

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Magnesium contributes to

- normal muscle function
- normal energy-yielding metabolism and electrolyte balance
- the reduction of tiredness and fatigue
- the normal functioning of the nerves and normal psychological function
- the maintenance of normal bones and teeth

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Magnesium AIWA®
375 mg

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Please consult your doctor if you suffer from renal impairment or when pregnant. Can have a laxative effect on sensitive persons.

Contains a source of phenylalanine.

Ingredients

Sorbitol, magnesium oxide, acidifying agent citric acid, thickener carboxylmethyl cellulose, flavour, anti-caking agent magnesium salts of fatty acids, sweetener aspartame

	per daily portion (1 sachet)	NRV* per daily portion
Magnesium	375 mg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Neo AIWA®

capsules

MADE IN GERMANY

Benefits

Thiamine contributes to
- normal energy-yielding metabolism
- normal functioning of the nervous system

Riboflavin contributes to the
- maintenance of normal red blood cells
- maintenance of normal skin and normal vision

Pyridoxine (vitamin B6) contributes to
- normal homocysteine metabolism
- normal psychological function
- the reduction of tiredness and fatigue

Vitamin B12 contributes to
- normal red blood cell formation
- normal functioning of the nervous system
- the reduction of tiredness and fatigue

Niacin contributes to
- normal energy-yielding metabolism
- normal functioning of the nervous system

Folic acid contributes to
- maternal tissue growth during pregnancy

Biotin contributes to
- normal macronutrient metabolism
- the maintenance of normal skin

Pantothenic acid contributes to
- normal mental performance
- normal energy-yielding metabolism

Vitamin C contributes to the
- normal function of the immune system
- protection of cells from oxidative stress

Vitamin C increases iron absorption.

Vitamin E contributes to the
- protection of cells from oxidative stress

Iodine contributes to
- the normal production of thyroid hormones and normal thyroid function
- normal functioning of the nervous system

Packaging may vary

VEGAN

About Neo AIWA®

Neo AIWA® capsules with vegetarian capsule shell provides active support with the supplement of many vitamins and iodine. Especially designed for pregnancy and whilst breastfeeding.

Contents of the pack

32 capsules with vegetarian capsule shell
à 502 mg = 16.1 g
food supplement with vitamins and iodine

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Neo AIWA®

Recommended intake

Swallow one capsule daily with plenty of liquid.

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Ingredients

Bulking agent calcium phosphate, L-ascorbic acid (vitamin C), bulking agent hydroxypropyl methyl cellulose, DL-α-tocopheryl acetate (vitamin E), nicotinamide (niacin), calcium-d-pantothenate (pantothenic acid), anticaking agent silicon dioxide, anti-caking agent magnesium salts of fatty acids, pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2), thickener carrageenan, colour titanium dioxide, acidity regulator potassium acetate, pteroylmonoglutamic acid (folic acid), potassium iodide, D-biotin, colour erythrosine, colour brilliant blue FCF and iron oxide, cyanocobalamin (vitamin B12).

	per daily portion (1 capsule)	NRV* per daily portion
Folic acid	400 µg	200 %
Thiamine (vitamin B1)	1.5 mg	136 %
Riboflavin (vitamin B2)	1.8 mg	129 %
Vitamin B6	2.6 mg	186 %
Vitamin B12	3.5 µg	140 %
Biotin	150 µg	300 %
Niacin NE	16.0 mg	113 %
Pantothenic acid	6.0 mg	100 %
Vitamin E α-TE	14.0 mg	117 %
Vitamin C	110 mg	138 %
Iodine	200 µg	133 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Neo AIWA® **plus Fe^{++}**

capsules

MADE IN GERMANY

Packaging may vary

VEGAN

About Neo AIWA® plus Fe^{++}

Neo AIWA® plus Fe^{++} capsules with hypromellose capsule shell provides active support with the supplement of many vitamins and iron. Especially designed for pregnancy and whilst breastfeeding.

Recommended intake

Swallow one capsule daily with plenty of liquid.

Contents of the pack

32 capsules à 522 mg = 16.7 g
food supplement with vitamins and iron

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Ferruginous food supplements should only be used if there is an inadequate iron supply.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Neo AIWA® **plus Fe^{++}**

Benefits

Iron contributes to
- normal formation of red blood cells and haemoglobin
- the reduction of tiredness and fatigue

Thiamine contributes to
- normal energy-yielding metabolism
- normal functioning of the nervous system

Riboflavin contributes to the
- maintenance of normal red blood cells
- maintenance of normal skin and normal vision

Pyridoxine (vitamin B6) contributes to
- normal homocysteine metabolism
- normal psychological function
- the reduction of tiredness and fatigue

Vitamin B12 contributes to
- normal red blood cell formation
- normal functioning of the nervous system
- the reduction of tiredness and fatigue

Niacin contributes to
- normal energy-yielding metabolism
- normal functioning of the nervous system

Folic acid contributes to
- maternal tissue growth during pregnancy

Biotin contributes to
- normal macronutrient metabolism
- the maintenance of normal skin

Pantothenic acid contributes to
- normal mental performance
- normal energy-yielding metabolism

Vitamin C contributes to the
- normal function of the immune system
- protection of cells from oxidative stress

Vitamin C increases iron absorption.

Vitamin E contributes to
- the protection of cells from oxidative stress

Iodine contributes to
- the normal production of thyroid hormones and normal thyroid function
- normal functioning of the nervous system

Ingredients

Bulking agent calcium phosphate, L-ascorbic acid (vitamin C), bulking agent hydroxypropyl methyl cellulose, ferrous fumarate, DL-α-tocopheryl acetate (Vitamin E), nicotinamide (niacin), calcium-D-pantothenate (pantothenic acid), anti-caking agent silicon dioxide, anti-caking agent magnesium salts of fatty acids, pyridoxine hydrochloride (vitamin B6), colour titanium dioxide, thiamin hydrochloride (vitamin B1), thickener carrageenan, riboflavin (vitamin B2), acidity regulator potassium acetate, pteroylmonoglutamic acid (folic acid), potassium iodide, Dbiotin, colour brilliant blue FCF, cyanocobalamin (vitamin B12).

	per capsule (0.522 g)	NRV* per capsule
Biotin	150 µg	300 %
Folid acid	400 µg	200 %
Vitamin B6	2.6 mg	186 %
Vitamin B12	3.5 µg	140 %
Vitamin C	110 mg	138 %
Vitamin B1	1.5 mg	136 %
Iodine	200 µg	133 %
Vitamin B2	1.8 mg	129 %
Vitamin E (α-TE)	14 mg	117 %
Niacin (NE)	16 mg	100 %
Iron	14 mg	100 %
Pantothenic acid	6 mg	100 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Osteo AIWA® forte + Vitamin D3

effervescent tablets

with sweeteners/ **sugar free**

orange flavour

MADE IN GERMANY

VEGETARIAN

About Osteo AIWA® forte + Vitamin D3

Osteo AIWA® forte + Vitamin D3 effervescent tablets with vitamin D3 and calcium, which both contribute to the maintenance of normal bones and to normal muscle function.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml). Due to the fact that calcium is able to inhibit the absorption of several substances, Osteo AIWA® forte + Vitamin D3 should be taken at sufficient time intervals (approximately 3 hours after or 6 hours before taking any medication).

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Packaging may vary

Benefits

Calcium contributes to
- normal blood clotting
- normal energy-yielding metabolism
- normal muscle function
- normal neurotransmission between the nerve cells
- the maintenance of normal bones and teeth

Vitamin D contributes to
- normal absorption and utilization of calcium and phosphorus
- normal calcium level in the blood
- the maintenance of the normal muscle function
- the maintenance of normal bones

Vitamin K contributes to
- normal blood clotting
- the maintenance of normal bones

Contents of the pack

20 effervescent tablets,
per tablet 12 g = 240 g food supplement
with calcium, vitamin D3 and vitamin K1

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

Osteo AIWA® forte + Vitamin D3

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

The intake of calcium may cause flatulence, diarrhoea, nausea, congestion or stomach aches.

In case of plasmocytomas, granulomatous diseases, electrolyte inbalance, kidney stones or impaired kidney function Osteo AIWA® forte + Vitamin D3 must not be taken. If taking medicinal products at the same time, a physician should be consulted. People taking anticoagulant (coumarin-type) medicinal products should consult their physician before consuming vitamin K-containing supplements.

Ingredients

Acidifier citric acid, calcium carbonate, acidity regulator sodium hydrogen carbonate, inulin, humectant sorbitol, acidity regulator sodium carbonate, starch, anti-caking agent tricalcium phosphate, flavouring, sweetener aspartame, sweetener acesulfame K, maltodextrin, red beet juice powder, colouring agent riboflavin 5-phosphate-sodium, vitamin K1, vitamin D3.

	per tablet (12 g)	in 100 g	NRV* per tablet
Calcium	1000 mg	8333 mg	125 %
Vitamin D3	5.0 µg	41.7 µg	100 %
Vitamin K1	80 µg	667 µg	107 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

OXI-C ® 1000 mg Immun plus
effervescent tablets

high dose

with sweeteners/ sugar free

orange flavour

MADE IN GERMANY

About OXI-C® 1000 mg Immun plus

OXI-C® 1000 mg Immun plus effervescent tablets contain 1000 mg vitamin C per effervescent tablet and sweeteners.

Recommended intake

Dissolve and drink one effervescent tablet daily in a glass of water (250 ml).

Contents of the pack

20 effervescent tablets à 4.5 g = 90 g food supplement with vitamin C.

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Vitamin C contributes to

- normal functioning of the immune system
- maintain the normal function of the immune system during and after intense physical exercise
- the reduction of tiredness and fatigue
- normal energy-yielding metabolism
- the protection of cells from oxidative stress
- normal collagen formation for the normal function of skin, gums and teeth

Vitamin C increases iron absorption.

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

OXI-C® 1000 mg Immun plus

Important instructions

Food supplements are no substitute for a varied, balanced diet and a healthy lifestyle. Store in a cool (< 25 °C), dry and light-protected place, out of the sight and reach of young children.
The recommended daily intake indicated should not be exceeded.

Contains a source of phenylalanine.

Ingredients

Acidifier citric acid, L-ascorbic acid (vitamin C), acidity regulator sodium hydrogen carbonate, humectant sorbitol, acidity regulator sodium carbonate, inulin, starch, flavour, anti-caking agent tricalcium phosphate, sweetener aspartame, maltodextrin, sweetener acesulfame K, red beet juice powder, sweetener sucralose, colour riboflavin-5'-phosphate-sodium.

	per daily portion (1 effervescent tablet)	NRV* per daily portion
Vitamin C	1000 mg	1250 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

FOOD SUPPLEMENT

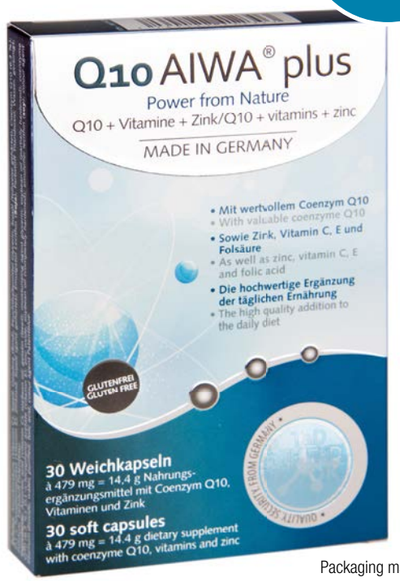
FOOD SUPPLEMENT

Q10 AIWA® plus

Power from Nature

soft capsules

MADE IN GERMANY



Packaging may vary

Benefits

Coenzyme Q10, also called ubiquinone, belongs to the group of vitaminoids. These are vitamin-like compounds, which humans can also form themselves. In the diet, coenzyme Q10 is found predominantly in food of animal origin, e.g. in salmon, tuna and liver. Vegetable foods, on the other hand, contain the substance, with the exception of soy and rapeseed oil, only in very small quantities.

Zinc contributes to
- normal cognitive function
- the normal function of the immune system
- the maintenance of normal skin, normal hair and normal nails
- the maintenance of normal testosterone levels in the blood

Vitamin C contributes to
- maintain the normal function of the immune system during and after intense physical exercise
- normal collagen formation for the normal function of gums and teeth
- normal psychological function

Folic acid contributes to
- normal homocysteine metabolism
- the reduction of tiredness and fatigue

Vitamin E contributes to
- the protection of cells from oxidative stress

About Q10 AIWA® plus

Vitamins and minerals are indispensable for maintaining healthy life functions. Therefore, they must be taken regularly in sufficient quantities. In the hustle and bustle of everyday life, this is not always possible. Here Q10 AIWA® plus can make a valuable contribution as food supplement, especially if sufficient intake with the normal diet is not guaranteed. By the way: Also, sufficient exercise and a healthy lifestyle are important for your long-term well-being.

Recommended intake

Take 1 soft capsule daily unchewed with plenty of liquid.

Contents of the pack

30 soft capsules
à 479 mg = 14.4 g food supplement
with coenzyme Q10, vitamins and zinc

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

Q10 AIWA® plus

Ingredients

L-ascorbic acid (vitamin C), soybean oil, gelatin (beef), moisturizing agent glycerin, soybean oil (partially hardened), coenzyme Q10 (6.3 %), DL-alpha-tocopheryl acetate (vitamin E), zinc oxide; soybean oil (completely hardened), emulsifier lecithin (**soy**), colour titanium dioxide, water purified, pteroylmonoglutamic acid (folic acid), colour Patentblue.

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Vitamin B-Complex AIWA®

capsules with prolonged release

with vegetarian capsule shell

MADE IN GERMANY

About Vitamin B-Complex AIWA®

Vitamin B-Complex AIWA® capsules with prolonged release and vegetarian capsule shell combines vitamins of the B-Complex as food supplement.

Benefits

Vitamin B1 (thiamine) contributes to
- normal functioning of the nervous system and to normal psychological function
- the normal function of the heart

Vitamin B2 (riboflavin) contributes to the maintenance
- of normal red blood cells
- of normal skin and normal vision

Vitamin B6 (pyridoxine) contributes to
- normal functioning of the nervous system
- the reduction of tiredness and fatigue
- the regulation of hormonal activity

Vitamin B12 contributes to
- normal psychological function
- the reduction of tiredness and fatigue
- normal red blood cell formation

Niacin contributes to
- normal energy-yielding metabolism
- the maintenance of normal skin and normal mucous membranes
- normal functioning of the nervous system

Folic acid contributes to
- normal blood formation
- normal psychological function
- the reduction of tiredness and fatigue

Biotin contributes to
- normal macronutrient metabolism
- the maintenance of normal skin, normal hair and normal mucous membranes

Pantothenic acid contributes to
- normal mental function
- normal energy-yielding metabolism

Packaging may vary

Recommended intake

Swallow one capsule daily with water.

Contents of the pack

32 capsules
with prolonged release and vegetarian capsule shell
à 552 mg = 17.7 g food supplement

60 capsules
with prolonged release and vegetarian capsule shell
à 552 mg = 33.12 g food supplement

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Vitamin B-Complex AIWA®

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

Ingredients

Sugar; glazing agent hydroxypropyl methyl cellulose; nicotinamide (niacin); maltodextrin; starch; calcium-D-pantothenate (pantothenic acid); coating agent shellac; pyridoxine hydrochloride (vitamin B6); riboflavin (vitamin B2); thiamine mononitrate (vitamin B1); form release agents silicon dioxide and talc; thickening agent carrageenan; glucose syrup; acidity regulator potassium acetate; vegetable fat (origin: coconut oil); colouring agents titanium dioxide and iron oxide; pteroylmonoglutamic acid (folic acid); sodium chloride; D-biotin; cyanocobalamin (vitamin B12).

	per daily portion (= 1 capsule)	NRV* per daily portion
Vitamin B1	3.3 mg	300 %
Vitamin B2	4.2 mg	300 %
Vitamin B6	4.2 mg	300 %
Vitamin B12	7.5 µg	300 %
Niacin (NE)	48 mg	300 %
Pantothenic acid	18.0 mg	300 %
Biotin	150 µg	300 %
Folid acid	600 µg	300 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Vitamin C + Zink AIWA®

capsules with prolonged release

with vegetarian capsule shell

MADE IN GERMANY

About Vitamin C + Zink AIWA®

Vitamin C + Zink AIWA® capsules with prolonged release and vegetarian capsule shell combines vitamin C and the trace element zinc – a valuable combination for a strong health.

Recommended intake

Take one capsule daily with liquid.

Contents of the pack

32 capsules
with prolonged release and vegetarian capsule shell
à 0.632 g = 20.22 g
food supplement with vitamin C and zinc

Pregnancy and breastfeeding

During pregnancy and while breastfeeding it is generally recommended to consult with your doctor before using a food supplement.

Benefits

Vitamin C contributes to

- the normal function of the immune system
- the protection of cells from oxidative stress
- the reduction of tiredness and fatigue
- normal energy-yielding metabolism
- normal collagen formation for the normal function of gums

Zinc contributes to

- the normal function of the immune system
- the protection of cells from oxidative stress
- the maintenance of normal skin, normal hair, normal nails and normal vision

Zinc has a role in the process of cell division.

Packaging may vary

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

FOOD SUPPLEMENT

FOOD SUPPLEMENT

Vitamin C + Zink AIWA®

Important instructions

Food supplements are no substitute for a varied and balanced diet as well as a healthy lifestyle. Store out of sight and reach of young children in a cool (< 25 °C), dry and light-protected place.

The recommended daily intake indicated should not be exceeded.

The intake of other zinc-containing supplements should be avoided.

Ingredients

Vitamin C, sugar, glazing agent hydroxypropyl methyl cellulose, gloating agent shellac, starch, zinc sulphate monohydrate, glucose syrup, coconut oil, thickener carrageenan, acidity regulator potassium acetate, anti-caking agent talc, colour titanium dioxide, colour iron oxide

	per daily portion (1 scapsule)	NRV* per daily portion
Vitamin C	300 mg	375 %
Zinc	5 mg	50 %

* (Nutrient reference values); reference values for the daily intake (adults) for vitamins and minerals according to Regulation (EU) No. 1169/2011.

For more information please read the customer information leaflet

FOOD SUPPLEMENT

CARDIO

ANALGETIC / PAIN

ALLERGY/ASTHMA

ANTIBIOTIC

RESPIRATION

LAXATIVE/GASTRO

UROLOGY

DIABETES / METABOLISM

MINERALS/VITAMINS/
TRACE ELEMENTS

GLUCOCORTICOIDE

MEDICAL DEVICE

FOOD SUPPLEMENT

COSMETIC/ORAL CARE

ORAL CARE

Tetra Dent®
Black Bamboo toothpaste

Packaging may vary

Description

Tetra Dent® Black Bamboo toothpaste contains activated charcoal which has the ability to absorb toxins from the mouth and to remove stains withouth damaging the ename while providing fresh breath.

Contents of the pack

100 ml

Ingredients

AQUA, SORBITOL, HYDRATED SILICA, ZINC CITRATE, PEG-32, SODIUM LAURYL SULFATE, AROMA, SODIUM POLYPHOSPHATE, CHARCOAL POWDER, COCAMIDOPROPYL BETAINE, PVP, CELLULOSE GUM, GLYCERIN, SODIUM FLUORIDE, SODIUM SACCHARIN, SODIUM CHLORIDE, SODIUM BENZOATE, LIMONENE, LINALOOL.

Method of administration

For healthy gums and teeth, use Tetra Dent® Black Bamboo toothpaste regularly, at least twice a day and brush your teeth for 2 - 3 minutes.
Children of 6 years and younger: Use a pea sized amount for supervised brushing to minimize swallowing. In case of intake of fluoride from other sources consult a dentist or doctor.

Innovative Formula

- with bamboo charcoal
- natural whiteness thanks to the active charcoal content
- gently cleans the enamel
- provides long-lasting protection & fresh breath
- vegan

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

ORAL CARE

ORAL CARE

Tetra Dent®
Total + Whitening toothpaste

Packaging may vary

Description

Tetra Dent® Total + Whitening is a toothpaste for white teeth and protection against tooth decay, tartar and periodontosis. Especially recommended for smokers, tea, coffee and red wine drinkers

Contents of the pack

100 ml

Ingredients

AQUA, HYDROGENATED STARCH HYDROLYSATE, HYDRATED SILICA, SODIUM LAURYL SULFATE, AROMA, CELLULOSE GUM, GLYCERIN, PROPYLENE GLYCOL, SODIUM FLUORIDE, TITANIUM DIOXIDE, SODIUM SACCHARIN, METHYLPARABEN, LIMONENE

Quadruple effect with protection against

- caries
- tartar
- periodontosis

+ whitening effect

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

ORAL CARE

COSMETIC

Novo AIWA® **Cream**

MADE IN GERMANY

Packaging may vary

Description

Novo AIWA® Cream is an intense care cream for hands and feet which can be used for all skin types.

Method of administration

As needed apply Novo AIWA® Cream several times a day.

Benefits of Novo AIWA® Cream

- The cream with its high proportion of glycerin leaves a smooth, silky-soft sensation.
- It contains nourishing allantoin and is economical to use.
- Intense Care for hands and feet.

Contents of the pack

100 ml.

Manufacturer

T&D Pharma GmbH
Lemgoer Straße 16 • 32689 Kalletal, Germany
Fon +49 (0) 5264 655 999 20 • Fax +49 (0) 5264 655 999 30
info@td-pharma.de • www.td-pharma.de

COSMETIC